RECREATION AND



WALK WITH MY DOC!

FREE Sunday, June 4, at 9 am Starts at Olympique Park

Come and walk 1, 3 or 5 km in company of our health professionnals.

Registration form:

- At participating clinics and pharmacies
- www.santemonteregie.qc.ca/vaudreuil-soulanges



Splash pad, opening on June 3 Olympique Park Schedule: 9 am until sunset

Outdoor pool, opening on June 10

364, Olympique Blvd. Phone: 514 453-8981, poste 253 Phone from June 10: 514 453-3976



225, Pincourt Blvd. (inside Chêne-Bleu High School) Tel.: 514 425-1104, ext. 6244

Summer schedule

Monday to Thursday: 10 am to 8:30 pm Friday: 10 am to 5 pm Saturday*: 10 am to 4 pm (*Closed from July 8 to Sept. 2)

Story Time and Crafts (in English)

Tuesday, June 8, 10 am

Adult Book Club (in English) Tuesday, June 6, 7 pm

"Conte mobile" (for 0-5 years)

Stories under the sun shelter July 15 to August 26, 2017 Bellevue Park, starting at 9:30 am (if raining: inside the Bellevue Park chalet)

Neighbours' Day in Pincourt

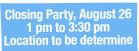
Saturday, June 10, is Neighbours' Day in Pincourt and all across Quebec. Organize your own neighbourhood event and the Healthy Town Committee may even offer you financial assistance this year! **Submit your request by June 2.**

Information and request form, contact:

- 514 453-8981, ext. 273
- c.corriveau@villepincourt.qc.ca

TD Bank Summer Reading Club

During registration, a reading package will be awarded to each participant along with other surprises.



Theme: Canada

Participants: 16 years old and under (Children of 0 to 5 years: parents commit to reading several stories.) Registration: June 5 to August 19, at the library

Prize draw (Ipod Touch) among registered participants.

In the Art of Summer, 10th Edition

July 8 to 28, 2017, at the library Registration to the exhibit: April 17 to May 15

"Défi-Enc'art"

On July 8, area artists will be invited to parcipate to an unique creative event. Registration: May 15 to June 15, 2017

Registration online (www.villepincourt.qc.ca) and at any of the three libraries of Île Perrot.



Every Monday, from June 26 to August 7, 2017, 6 pm to 8 pm

Do you know your neighbourhood and the people you share a fence with? This is a great opportunity to meet those who live on your block and build new friendships! Our activity team will provide music, amusements, face painting, inflatables and refreshments for a friendly get-together in the following parks:

June 26 Taillon Park July 3 Souvenir Park July 10 Mont-Bleu Park July 17 Shamrock Park July 24 Bellevue Park

July 31 Rousseau Park August 7 Des Frênes Park

REGULAR BECREATION

ACTIVITY	SCHEDULE	COST	LOCATION	REGISTRATION
BADMINTON Category: All	May 1 to August 9 Monday and Wednesday 8:30 pm to 10:30 pm	\$6/court/hour (payable on site) (Reservations mandatory.)	Omni-Centre	Reservation (Monday to Friday): 514 453-8981, ext. 229 <i>Clean running shoes mandatory.</i> <i>Bring your own equipment.</i>
CARDIO-INTERVAL Category: Mix 16 years +	Starts June 12 / 8 weeks Monday and Wednesday 7:15 pm to 8:15 pm	\$85	Omni-Centre	Online from May 24 to June 9 (\$5 rebate) For information: 514 453-8981, ext. 242
FIT & TONE OUTDOOR Category: Mix 50 year +	Starts June 12 / 8 weeks Monday and Friday 9 am to 10 am	\$65	Bellevue Park	Online from May 24 to June 9 (\$5 rebate) For information: 514 453-8981, option 6
KARATE Category: Mix	Starts June 27 / 7 weeks			During the last spring session classes.
7-12 year	Tuesday and Thursday 7:30 pm to 8:20 pm	\$80	Chêne-Bleu High School	Jean-Pierre Trahan: 514 814-5452 or jeanpierretrahan@sanskukan.ca
13 year +	Tuesday and Thursday 8:30 pm to 9 pm	\$110		
LINE DANCING Category: Mix 18 years +	July 7 to August 11 Friday 7:30 pm to 10 pm	5\$/evening (payable on site)	Omni-Centre	Murielle Giroux at 450 424-4170
OBSTACLE COURSE TRAINING (Outdoor) Category: Mix 14 years +	April to November Schedule varies Upon reservations (75 min.)	Residents: \$12/class \$100/10 classes (payable on site) Non-residents: \$15/class \$120/10 classes (payable on site)	Chêne-Bleu High School <i>(back field)</i>	Guy Pilon: guy@obstacles.ca
PHYSICAL CONDITIONNING OUTDOOR Category: Mix 16 years + Adapted to adults and seniors	Mid-June <i>Watch for the park opening date</i> Monday and Wednesday 6:30 pm to 7:30 pm	Free	Taillon Park	No registration required. For information: 514 453-8981, option 6
SKATEBOARDING WORKSHOPS Category: Mix 4 years +	Starts July 8 / 5 weeks Saturday 1 pm to 3 pm	Free	Skate Park (next to the Omni-Centre)	No registration required. For information: 514 453-8981, option 6 <i>Safety equipment mandatory</i>
YOGA (Hatha Yoga) Category: Mix	Starts June 12 / 8 weeks Multilevel, OUTDOOR Monday and Friday 10 am to 11:30 am	\$95	Bellevue Park	Online from May 24 to June 9 (\$5 rebate) For information:
	Multilevel, INDOOR Tuesday 7 pm to 8:30 pm	\$65	Omni-Centre	514 453-8981, option 6 Bring your own yoga mat.

LEGEND



If raining: inside the Omni-Centre

Bring your own chair

2017 SUMMER CALENDAR

All activities are free.

JUNE 27

SIXTIES INVASION 7 pm - Desjardins Kiosk



Replay will take you back in time with... The Beatles, Stones, Monkeys, Beach Boys and many more.

JULY 4



KATAG 6:30 pm - Desjardins Kiosk

Come and recreate safe and friendly medieval foam sword battles.

JULY 8

AQUAFUN DAY 1 pm - Pincourt Pool

Free admission to the pool for this special fun and games day.

JULY 13

RIBOULDINGUE GAME NIGHT 6:30 pm - Desjardins Kiosk



Enjoy a variety of games in the company of our animators.

JULY 20



PARKOUR with GYMINI 6:30 pm - Desjardins Kiosk

Enjoy a challenging obstacle course prepared by the Gymini Gymnastics Club.

JUNE 29

ERICK ELECTRIK 7 pm - Desjardins Kiosk A very, very funny magician!



JULY 6

L'ORCHESTRE À VENT DU SUROIT 7 pm - Desjardins Kiosk



Over 40 local musicians will perform your favorite VIDEO GAMES theme songs.

JULY 11

Mr. DROLE'S 1001 TRICKS 6:30 pm - Desjardins Kiosk



JULY 18

Bring the entire family and see who gets tricked!

KIM BEYEA JAZZ TRIO 7 pm - Desjardins Kiosk



Experience a soulfull night of jazz with Kim Beyea and her fellow musicians.

JULY 25

FOAM PARTY (10 years +) 6:30 pm - 8:30pm Olympic Park Splashpad

Exclusive night for children aged 10 and over. Have a blast jumping around and playing in an outdoor bubble bath. Come in your bathing suit and be prepared to get foamed!

Follow us on Facebook

Check our online calendar for the dates of summer activities: www.villepincourt.qc.ca



<u>LEGEND</u>

If raining, inside: the Omni-Centre

 $_{\varsigma}$ Bring your own chair

All activities are free.

JULY 27

FOAM PARTY (9 years -) 6:30 pm-8:30pm Olympic Park Splashpad

Exclusive night for children aged 9 and below. Have a blast jumping around and playing in an outdoor bubble bath. Come in your bathing suit and be prepared to get foamed!

AUGUST 3

HEAVEN DUO 7 pm - D<u>esjardins Kiosk</u>



Sing and dance along with a variety of musical favorites.

AUGUST 11



ORCHESTRE MÉTROPOLITAIN YANNICK NEZET-SEGUIN

ORCHESTRE MÉTROPOLITAIN 7:30 pm - Bellevue Park

Again this summer, be there to enjoy the distinctive sound and energy of the Orchestre Métropolitain.

AUGUST 15

TEEN FUN 6:30 PM - Desjardins Kiosk

Three games just for our teens: Bullride, Joust and Giant Boxing.



EDUCAZOO 7 pm - Desjardins Kiosk

Our popular zoo keepers are back with different animals.

AUGUST 10 Pin



CHILDREN'S SHOW Bellevue Park

MOVIE IN THE PARK Bellevue Park

(Time to be determined)

AUGUST 12



FIREMANS DAY From 12:30 pm - Bellevue Park

A day for the whole family to enjoy. Parade, games, evening shows with Gregory Charles and fireworks. Don't miss it!

AUGUST 17

CHŒUR CLASSIQUE DE VAUDREUIL-SOULANGES 7 pm - Desjardins Kiosk

A first summertime appearance for this group. Enjoy this musical mix of classics and popular hits.

Follow us on Facebook