



TOWN OF  
**PINCOURT**

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*Special edition*

**RECREATION**  
activities

# info- PINCOURT

Municipal newsletter  
VOLUME 26 - N° 2



# WHAT'S NEW IN YOUR TOWN

## Municipal election, November 5, 2017

**On November 5, Pincourtois will be called upon to vote for Town Council.**

A general municipal election is held every four years. Did you know that the Town Council's mandate is to manage the Town in order to meet the needs of citizens, but also to represent the municipality and defend its economic, environmental and cultural interests? Our elected officials are therefore an important link in our democracy.

**The advance vote will be October 29.**

**For more information: [www.electionsmunicipales.gouv.qc.ca](http://www.electionsmunicipales.gouv.qc.ca)**

# NEW IN THE TAILLON PARK

## Training Circuit for Adults and Seniors

Starting this summer, the Town of Pincourt will offer a new training circuit for adults and seniors.

Several exercise stations will be set up, along with explanatory signs in French and English. The fitness circuit will allow you to tone various muscle groups on equipment like benches, parallel bars, monkey bars, stairs (with assistance), ab stations and a balance board (with assistance).

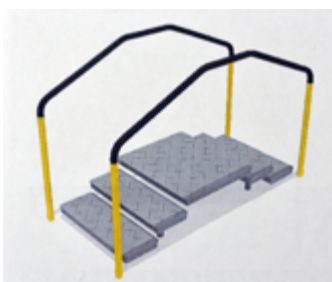
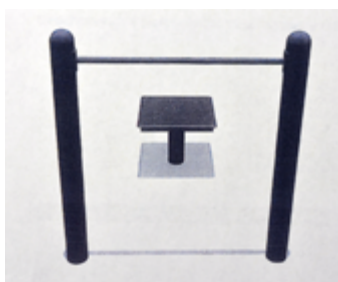
In addition, a new gravel path roughly 400 metres in length has been created where you can start or finish your workout.

Taillon Park will be the perfect spot to take an outdoor fitness break and enhance your physical and mental well-being.

TOWN OF PINCOURT

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Summer 2017





# BBQ WEDNESDAYS

Starting at 7 pm, Desjardins Kiosk of Olympique Park, free

## Wednesday, July 5, CAPON

Maple duo

With Francois Guillon of Domaine de la Templerie

Pairing: Microbrasserie Le Castor

Tasting: Sous les oliviers

## Wednesday, July 12, BEEF

Grilled "Filet mignon" Tataki

With Maison du Chef James Mitchell

Pairing: Vignoble Côte de Vaudreuil

Tasting: Sous les oliviers

## Wednesday, July 19, SAUSAGE

A taste of: Germany, Debreziner Sausages

With Éric Blais of Patate et Persil

Collaboration Mon Boucher

Pairing: Microbrasserie Le Castor

Tasting: Sous les oliviers

## Wednesday, July 26, TUNA

With Thomas Spriet of L'Artisan de la mer

Pairing: Vignoble Côte de Vaudreuil

Tasting: Sous les oliviers

## Wednesday, August 2, GOAT

With Angelor Chancy of La Courbe

Pairing: Microbrasserie Le Castor

Tasting: Sous les oliviers

## Wednesday, August 9, PORK

Pork tenderloin

With Andrea Jarosh of Jarosh Cuisine Traiteur

Collaboration Mon Boucher

Pairing: Vignoble Côte de Vaudreuil

Tasting: Sous les oliviers



DOOR  
PRIZES



ATTEND CULINARY WORKSHOPS  
WITH OUR INVITED CHEFS



TASTING  
(LIMITED QUANTITY)

# PINCOURT CELEBRATION

Stay tuned for all the details and the schedule of this great summer celebration!

## Thursday, August 10

Day Camp show

Show of *Kalimba Ça déménage !*

Open air cinema for the family

## Friday, August 11

Orchestre Métropolitain concert

## Saturday, August 12

Emergency vehicle parade and animation at Bellevue Park

Gregory Charles show

Fireworks BEM



# CULTURE

## RECREATION AND



### WALK WITH MY DOC!

**FREE**

**Sunday, June 4, at 9 am  
Starts at Olympique Park**

Come and walk 1, 3 or 5 km in company of our health professionals.

#### Registration form:

- At participating clinics and pharmacies
- [www.santemonteregie.qc.ca/vaudreuil-soulanges](http://www.santemonteregie.qc.ca/vaudreuil-soulanges)



### POOL AND SPLASH PAD

**Splash pad, opening on June 3**

Olympique Park

Schedule: 9 am until sunset

**Outdoor pool, opening on June 10**

364, Olympique Blvd.

Phone: 514 453-8981, poste 253

Phone from June 10: 514 453-3976

## PINCOURT LIBRARY

225, Pincourt Blvd.  
(inside Chêne-Bleu High School)  
Tel.: 514 425-1104, ext. 6244

### Summer schedule

Monday to Thursday: 10 am to 8:30 pm

Friday: 10 am to 5 pm

Saturday\*: 10 am to 4 pm (\*Closed from July 8 to Sept. 2)

### Story Time and Crafts *(in English)*

Tuesday, June 8, 10 am

### Adult Book Club *(in English)*

Tuesday, June 6, 7 pm

### “Conte mobile” (for 0-5 years)

Stories under the sun shelter

July 15 to August 26, 2017

Bellevue Park, starting at 9:30 am

(if raining: inside the Bellevue Park chalet)

### Neighbours' Day in Pincourt

Saturday, June 10, is Neighbours' Day in Pincourt and all across Quebec. Organize your own neighbourhood event and the Healthy Town Committee may even offer you financial assistance this year! **Submit your request by June 2.**

Information and request form, contact:

- 514 453-8981, ext. 273
- [c.corriveau@villepincourt.qc.ca](mailto:c.corriveau@villepincourt.qc.ca)

### TD Bank Summer Reading Club

During registration, a reading package will be awarded to each participant along with other surprises.

**Theme:** Canada

**Participants:** 16 years old and under

(Children of 0 to 5 years: parents commit to reading several stories.)

**Registration:** June 5 to August 19, at the library

**Prize draw (Ipod Touch) among registered participants.**

**Closing Party, August 26  
1 pm to 3:30 pm  
Location to be determine**

### In the Art of Summer, 10<sup>th</sup> Edition

**July 8 to 28, 2017, at the library**

Registration to the exhibit: April 17 to May 15

### “Défi-Enc'art”

On July 8, area artists will be invited to participate to an unique creative event.

Registration: May 15 to June 15, 2017

**Registration online ([www.villepincourt.qc.ca](http://www.villepincourt.qc.ca)) and at any of the three libraries of Île Perrot.**

## MONDAYS IN THE PARK

Every Monday, from June 26 to August 7, 2017, 6 pm to 8 pm

**Do you know your neighbourhood and the people you share a fence with?** This is a great opportunity to meet those who live on your block and build new friendships! Our activity team will provide music, amusements, face painting, inflatables and refreshments for a friendly get-together in the following parks:

**June 26  
Taillon Park**

**July 3  
Souvenir Park**

**July 10  
Mont-Bleu Park**

**July 17  
Shamrock Park**

**July 24  
Bellevue Park**

**July 31  
Rousseau Park**

**August 7  
Des Frênes Park**

# REGULAR RECREATION ACTIVITIES

ACTIVITY	SCHEDULE	COST	LOCATION	REGISTRATION
<b>BADMINTON</b> <b>Category:</b> All	May 1 to August 9 Monday and Wednesday 8:30 pm to 10:30 pm	\$6/court/hour <i>(payable on site)</i> <i>(Reservations mandatory.)</i>	Omni-Centre	Reservation (Monday to Friday): 514 453-8981, ext. 229 <i>Clean running shoes mandatory.</i> <i>Bring your own equipment.</i>
<b>CARDIO-INTERVAL</b> <b>Category:</b> Mix 16 years +	Starts June 12 / 8 weeks Monday and Wednesday 7:15 pm to 8:15 pm	\$85	Omni-Centre	Online from May 24 to June 9 (\$5 rebate) For information: 514 453-8981, ext. 242
<b>FIT &amp; TONE OUTDOOR</b> <b>Category:</b> Mix 50 year +	Starts June 12 / 8 weeks Monday and Friday 9 am to 10 am	\$65	Bellevue Park	Online from May 24 to June 9 (\$5 rebate) For information: 514 453-8981, option 6
<b>KARATE</b> <b>Category:</b> Mix	Starts June 27 / 7 weeks			During the last spring session classes.
7-12 year	Tuesday and Thursday 7:30 pm to 8:20 pm	\$80	Chêne-Bleu High School	Jean-Pierre Trahan: 514 814-5452 or jeanpierretarahan@sanskukan.ca
13 year +	Tuesday and Thursday 8:30 pm to 9 pm	\$110		
<b>LINE DANCING</b> <b>Category:</b> Mix 18 years +	July 7 to August 11 Friday 7:30 pm to 10 pm	5\$/evening <i>(payable on site)</i>	Omni-Centre	Murielle Giroux at 450 424-4170
<b>OBSTACLE COURSE TRAINING</b> <i>(Outdoor)</i> <b>Category:</b> Mix 14 years +	April to November Schedule varies Upon reservations (75 min.)	<u>Residents:</u> \$12/class \$100/10 classes <i>(payable on site)</i> <u>Non-residents:</u> \$15/class \$120/10 classes <i>(payable on site)</i>	Chêne-Bleu High School <i>(back field)</i>	Guy Pilon: guy@obstacles.ca
<b>PHYSICAL CONDITIONNING OUTDOOR</b> <b>Category:</b> Mix 16 years + Adapted to adults and seniors	Mid-June <i>Watch for the park opening date</i> Monday and Wednesday 6:30 pm to 7:30 pm	Free	Taillon Park	No registration required. For information: 514 453-8981, option 6
<b>SKATEBOARDING WORKSHOPS</b> <b>Category:</b> Mix 4 years +	Starts July 8 / 5 weeks Saturday 1 pm to 3 pm	Free	Skate Park (next to the Omni-Centre)	No registration required. For information: 514 453-8981, option 6 <i>Safety equipment mandatory</i>
<b>YOGA (Hatha Yoga)</b> <b>Category:</b> Mix	Starts June 12 / 8 weeks Multilevel, OUTDOOR Monday and Friday 10 am to 11:30 am	\$95	Bellevue Park	Online from May 24 to June 9 (\$5 rebate) For information: 514 453-8981, option 6
	Multilevel, INDOOR Tuesday 7 pm to 8:30 pm	\$65	Omni-Centre	<i>Bring your own yoga mat.</i>

# 2017 SUMMER CALENDAR

## LEGEND



If raining:  
inside the Omni-Centre



Bring your own chair

All activities are free.

### JUNE 27

#### SIXTIES INVASION

7 pm - Desjardins Kiosk



Replay will take you back in time with... The Beatles, Stones, Monkeys, Beach Boys and many more.

### JUNE 29

#### ERICK ELECTRIK

7 pm - Desjardins Kiosk



A very, very funny magician!

### JULY 4

#### KATAG

6:30 pm - Desjardins Kiosk



Come and recreate safe and friendly medieval foam sword battles.

### JULY 6

#### L'ORCHESTRE

À VENT DU SUROIT

7 pm - Desjardins Kiosk



Over 40 local musicians will perform your favorite VIDEO GAMES theme songs.

### JULY 8

#### AQUAFUN DAY

1 pm - Pincourt Pool

Free admission to the pool for this special fun and games day.

### JULY 11

#### Mr. DROLE'S 1001 TRICKS

6:30 pm - Desjardins Kiosk



Bring the entire family and see who gets tricked!

### JULY 13

#### RIBOULDINGUE GAME NIGHT

6:30 pm - Desjardins Kiosk



Enjoy a variety of games in the company of our animators.

### JULY 18

#### KIM BEYEA JAZZ TRIO

7 pm - Desjardins Kiosk



Experience a soulful night of jazz with Kim Beyea and her fellow musicians.

### JULY 20

#### PARKOUR with GYMINI

6:30 pm - Desjardins Kiosk



Enjoy a challenging obstacle course prepared by the Gymini Gymnastics Club.

### JULY 25

#### FOAM PARTY (10 years +)

6:30 pm - 8:30pm

#### Olympic Park Splashpad

Exclusive night for children aged 10 and over. Have a blast jumping around and playing in an outdoor bubble bath. Come in your bathing suit and be prepared to get foamed!

# 2017 SUMMER CALENDAR

## LEGEND



If raining, inside: the Omni-Centre



Bring your own chair

All activities are free.

### JULY 27

**FOAM PARTY (9 years -)**  
**6:30 pm-8:30pm**  
**Olympic Park Splashpad**

Exclusive night for children aged 9 and below. Have a blast jumping around and playing in an outdoor bubble bath. Come in your bathing suit and be prepared to get foamed!

### AUGUST 3

**HEAVEN DUO**  
**7 pm - Desjardins Kiosk**

Sing and dance along with a variety of musical favorites.



### AUGUST 10

**CHILDREN'S SHOW**  
**Bellevue Park**

**MOVIE IN THE PARK**  
**Bellevue Park**

(Time to be determined)

*Pincourt celebration*



### AUGUST 11

**ORCHESTRE MÉTROPOLITAIN**  
**7:30 pm - Bellevue Park**

Again this summer, be there to enjoy the distinctive sound and energy of the Orchestre Métropolitain.



*Pincourt celebration*



### AUGUST 12

**FIREMANS DAY**  
**From 12:30 pm - Bellevue Park**

A day for the whole family to enjoy. Parade, games, evening shows with Gregory Charles and fireworks. Don't miss it!



### AUGUST 15

**TEEN FUN**  
**6:30 PM - Desjardins Kiosk**

Three games just for our teens: Bullride, Joust and Giant Boxing.



### AUGUST 17

**CHŒUR CLASSIQUE DE VAUDREUIL-SOULANGES**  
**7 pm - Desjardins Kiosk**

A first summertime appearance for this group. Enjoy this musical mix of classics and popular hits.





# VOTRE 2013-2017 YOUR TOWN COUNCIL



## Maire / Mayor Yvan Cardinal

Pour le joindre / To contact him:  
514 453-4238, y.cardinal@villepincourt.qc.ca



## District 1 / Alexandre Wolford

Représentant à la Commission des infrastructures, travaux publics et aménagement du territoire et délégué substitut au CIT La Presqu'île et à Transport Soleil

*Town Council representative on the Infrastructure, Public Works and Land Development Commission and Alternate Delegate at the CIT La Presqu'île and at Transport Soleil*

Pour le joindre / To contact him: a.wolford@villepincourt.qc.ca



## District 4 / Diane Boyer

Présidente de la Commission d'administration et de finances et déléguée municipale à la Régie de l'eau de l'Île Perrot

*President of the Administration and Finance Commission and Delegate on the Board of Directors of the Régie de l'eau de l'Île Perrot*

Pour la joindre / To contact her:  
438 397-7226, d.boyer@villepincourt.qc.ca



## District 2 / Denise Bergeron

Présidente de la Commission de développement social, des services communautaires et loisirs

*President of the Social Development, Community Services and Recreation Commission*

Pour la joindre / To contact her:  
514 808-6257, d.bergeron@villepincourt.qc.ca



## District 5 / Jim Miron

Président de la Commission des infrastructures, travaux publics et aménagement du territoire et délégué municipal au CIT La Presqu'île et à Transport Soleil

*President of the Infrastructure, Public Works and Land Development Commission and delegate on the Board of Directors of the CIT La Presqu'île and Transport Soleil*

Pour le joindre / To contact him: 514 453-8337, j.miron@villepincourt.qc.ca



## District 3 / Sam Ierfino

Représentant du conseil à la Commission de sécurité publique et représentant du conseil au Comité consultatif d'urbanisme

*Town Council representative on the Public Safety Commission and on the Planning Advisory Committee*

Pour le joindre / To contact him :  
438 257-1134, s.ierfino@villepincourt.qc.ca



## District 6 / René Lecavalier

Président de la Commission de sécurité publique et représentant du conseil à la Commission d'administration et de finances

*President of the Public Safety Commission and Town Council representative on the Administration and Finance Commission*

Pour le joindre / To contact him:  
514 646-0720, r.lecavalier@villepincourt.qc.ca

