



VILLE DE
PINCOURT

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VILLEdePINCOURT

Special edition

RECREATION
activities

inf - PINCOURT

Municipal newsletter
WINTER 2018, VOLUME 28



YOUR TOWN COUNCIL POLITICS

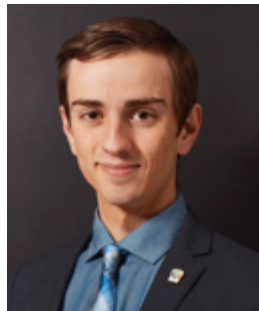


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To see the complete profile of
your councillors, visit:
www.villepincoort.qc.ca/en/16/town-council.

COUNCIL MEETINGS, 7 p.m., Omni-Centre
Next council meetings for 2018:

- December 11
- December 18 (budget)

Conception and writing
Town of Pincoort

Printing
Imprimerie
Multiplus

Copies
5 600 copies

Legal deposit
Bibliothèque nationale du Québec 2018



Intercultural Festival
September 8, 2018



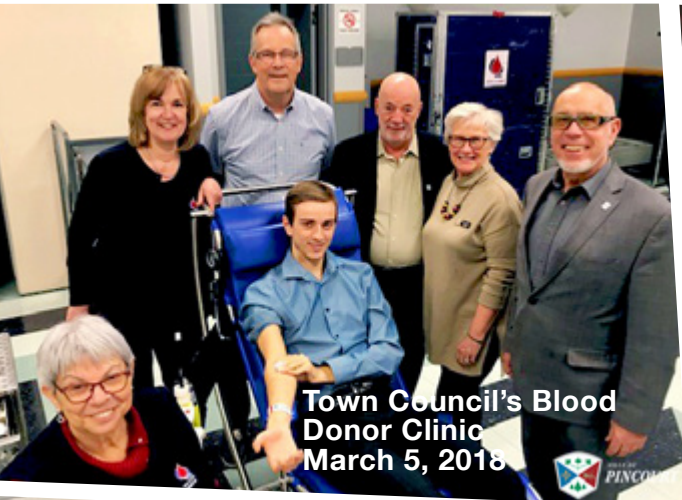
Relay for Life Vaudreuil-Soulanges
May 25, 2018

YOUR TOWN COUNCIL IN THE MOVE

Throughout the year, your town council goes around the events organized in Pincourt. They are always around to listen to your concerns, and eager to be involved in our community.



38th Firemen's Day
August 11, 2018



Town Council's Blood
Donor Clinic
March 5, 2018



Maghreb Evening
April 20, 2018

TOWN OF PINCOURT
3
Winter 2018



«Grande marche de Pincourt»
October 20, 2018



Intercultural Festival
September 8, 2018

REVIEW 2018



JANUARY

January 27, 2018 - **Winterfest** has known another great success. Many citizens went to the Olympique Park to have some winter fun.



MAY

May 4, 2018 - The Town of Pincourt received a \$32 910 grant from the Québec Government for its "**Ragweed Mission Project**".



MAY

May 25, 2018 - For the very first time, the **Relay for Life Vaudreuil-Soulanges**, for the benefit of the Canadian Cancer Society, was held in the Olympique Park.



MARCH

March 13, 2018 - In a press conference, the Town of Pincourt presented its first **action plan regarding people with disabilities 2017-2018**.



MAY

May 22, 2018 - In a press conference, Peter Schiefke, Member of Parliament for Vaudreuil-Soulanges, and Marie-Claude Nichols, Member of the National Assembly for Vaudreuil, announced that the governments of Canada and Quebec will each invest more than \$430,000 in the **reconstruction of the Town of Pincourt's Parc Olympique swimming pool and pavilion**.



APRIL

April 22, 2018 - For Earth Day, the Town of Pincourt organized a **guided tour of the "Régie de l'eau de l'Île Perrot (REIP)"** to show citizens the hidden face of their water supply.

REVIEW 2018



MAY
 May 28, 2018 - The **groundbreaking for the "Coopérative de solidarité du Bel Âge" de Pincourt**, in the Pointe-aux-Renards area, officially happened in May.



JULY
 Groupe Arbo-Ressources spread an eco-friendly product on sidewalks, shoulders, and roads to stop the growth of ragweed.



AUGUST
 August 11, 2018 - Firemen's Day was another great success again this year.



Credit: Jean-Charles Richard



June 28, 2018 - The Town of Pincourt inaugurated an **indoor municipal park** in the Faubourg de l'Île.

JUNE

JUNE
 June 5, 2018 - The Town of Pincourt held a **public consultation, aimed for people with disabilities**, to know their needs in order to carry out its three-year plan.



SEPTEMBER
 September 24, 2018 - The Town of Pincourt inaugurated its first ever inclusive outdoor park named "**Du Suroît Park**".



OCTOBER
 October 29, 2018 - Pincourt held its first **food waste collection**.

SUSTAINABLE DEVELOPMENT POLICY

SUSTAINABLE DEVELOPMENT POLICY PROJECT

Hard on the heels of the Social Development Policy, the Town of Pincourt is now setting its sights on adopting a Sustainable Development Policy.

What exactly is sustainable development? It's a responsible way to manage our actions so as to reduce their environmental impact and boost positive contributions of an economic, social or cultural nature.

The Town has mandated "Comité 21 Québec" to develop the new policy.

When the new initiative was officially launched last November 12, citizens were given a chance to express their vision of Pincourt based on the six dimensions of sustainable development: governance, social, economic, environmental, ethical and cultural. Municipal employees had previously been invited to do the same.

With the results obtained, "Comité 21 Québec" will be able to set guidelines that provide a framework for the Town's future activities on the sustainable development front.

NEXT STEPS:

December 2018

Compilation of data collected via the interactive terminal

January 2019

Public consultation and survey

February-March 2019

Drafting and validation of the policy

April 2019

Public launch of the Sustainable Development Policy

SOCIAL AND CULTURAL DEVELOPMENT

THIRD CALL FOR SOCIAL DEVELOPMENT PROJECTS

For a third consecutive year, the Town of Pincourt is proud to make a social development fund available to citizens.

This call for projects, launched under the Town's Social Development Policy, is geared to non-profit organizations (NPOs), artists and citizens (sponsored by a NPO).

All projects must aim to promote the Town's social development and target Pincourt citizens.

The aim of social development initiatives is to enhance residents' quality of life and encourage the development of community solidarity.

Amount: \$10,000

Project submission deadline: January 31, 2019

Information and online form: www.villepincourt.qc.ca
(Recreation and Culture/Social development/Call for projects)



WINNER OF "PINCOURT, ON SÈME ENSEMBLE" CONTEST

Last October, the Town of Pincourt launched the very first contest aimed at encouraging social inclusion in our community.

Initiated by the "Ville en santé" Committee, the contest was designed to create an upsurge of solidarity towards fellow citizens, foster good neighborhood relations and reduce isolation.

Organizations and citizens alike were invited to nominate an initiative that they had carried out to fight social exclusion.



Following a review of the projects submitted, Pincourt Community Garden project was selected as the winner of this first edition. Through transformation of certain lots into a collective garden, thus allowing the OMH residents to have easy access to fresh vegetables.



The winner received \$500 to put toward another project designed to promote social inclusion.

Congratulations!



RECREATION AND CULTURE

ACCÈS-LOISIRS

VAUDREUIL-SOULANGES

Several towns, including Pincourt, are offering a **limited number of free registrations** for low income citizens. Proof of income required. Inform yourself!

Registration: Saturday, January 12, 2019, from 9 a.m. to 1 p.m.
Centre Communautaire Paul-Émile Lépine (150 Perrot Blvd., L'Île-Perrot)

Information: 514 453-8981, ext. 242

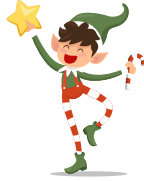
WINTERFEST!

Saturday, January 26, 2019

12:30 p.m. to 4:30 p.m., Olympique Park

Fun for the whole family and several surprises!

Hot beverages and food truck (\$)



2019 SPRING BREAKS ACTIVITIES

Look for the flyer that will be distributed in the schools during the week of January 14, 2019.

Online registration: January 21 to February 3, 2019

5/30 HEALTH & WELLNESS CHALLENGE

Change your habits in 30 days!

When: from April 1 to April 30, 2019

Consult our medias for the complete activity guide!

CROSS-COUNTRY SKI TRAILS

As per By-Law 714 regarding the parks, we ask all citizens to respect the trails maintained by the **Skieurs de l'Île**. These are maintained by volunteers members of the club. Thank you for your collaboration.

OPEN BADMINTON

- At the **Omni-Centre**
- 3 courts available
- For children and adults
- \$6/court/hour (.payable on site)
- Bring your equipment
- **Reservations are not required during the Holidays**

Holiday schedule

- Saturdays, December 22 and 29, 2018: 1 p.m. to 5 p.m.
- Sundays, December 23 and 30, 2018: 1 p.m. to 5 p.m.

Regular schedule

- Sundays, 1 p.m. to 5 p.m.
- Reservation required: 514 453-8981, ext. 229

PUBLIC SKATING - FREE

- At **Cité des Jeunes Arena, Vaudreuil-Dorion**
- Every Saturday, until March 30, 2019
- **7 p.m. to 8:50 p.m.**
- All ages welcome
- **Residents: free**
(Proof of residence is required)
- Helmets recommended



SHINNY HOCKEY - FREE

- At **Cité des Jeunes Arena, Vaudreuil-Dorion**
- Every Saturday, until March 30, 2019
- **9 p.m. to 9:50 p.m.**
- 16 years +
- Youth aged 14 and 15 years must be accompanied by an adult (18 years +)
- **Residents: free** (Proof of residence is required)
- **Full equipment is required**

SKATING RINKS SCHEDULE (according to weather)

Parks: Taillon, Olympique and Shamrock
Week days: 6 p.m. to 10 p.m.
Weekends, school breaks and holidays: noon to 10 p.m.



**VAUDREUIL-DORION
INDOOR POOL**
**Online registration: Dec. 6, at 12:30 p.m.,
to Dec. 21, 2018, and Jan. 4 to 9, 2019**
www.ville.vaudreuil-dorion.qc.ca
(page Services to Residents)

JOHN ABBOTT INDOOR POOL
**Online registration:
November 29, 7 p.m., to January 1, 2019**
johnabbott-sport.omnivox.ca
Info (pool): 514 457-6610, ext. 5325
Casgrain Sport Centre: 514 457-2737

PINCOURT LIBRARY (free membership)

225, Pincourt Blvd. (inside Chêne-Bleu High School) | Tel.: 514 425-1104, ext. 6244

Winter Schedule: Monday to Thursday: 10 a.m. - 8:30 p.m. | Friday: 10 a.m. - 5 p.m. | Saturday: 10 a.m. - 4 p.m.
(Closed from December 24 to January 2, inclusively)

Exhibition "Capture ton patrimoine", until January 12, 2019

Exhibition of the best shots of each municipality of Vaudreuil-Soulanges, taken by Chêne-Bleu students in the arts-studies program.

REGULAR RECREATION ACTIVITIES

REGISTRATION

(Places are limited. Minimum and maximum number of participants required per activity.)

ONLINE		"FAUBOURG DE L'ÎLE"		
Residents: December 13, 2018, to January 2, 2019 Non-residents*: December 21, 2018, to January 2, 2019 <i>*Extra fees of \$10 for non-residents.</i> Website: www.villepincourt.qc.ca		Thursday and Friday January 3 and 4, 2019 6:30 pm to 8:30 pm		
ACTIVITY	SCHEDULE	COST	LOCATION	REGISTRATION AND INFORMATION
ABS, CORE & LEGS Category: Mix, 16 years +	Starts January 7 (10 weeks) Monday and Wednesday: 8:20 pm	Online: \$115 In person: \$120	Omni-Centre	Registration online or at "Faubourg de l'Île" For information: 514 453-8981, option 6
CLASSICAL BALLET AND JAZZ Category: Mix, 4-5 years, 6 years +	Starting in January	\$35/month	Omni-Centre	Registration by phone Ramela Nahorniak: 514 624-8666
BIATHLON Category: Mix, 10-15 yrs, 15 yrs +	Starts January 5 (8 weeks) Saturday: 1 pm to 3 pm (10-15 yrs) Sunday: 1 pm to 3 pm (15 yrs +)	10-15 years: \$115 15 years +: \$125 + \$55 (Annual fees: Biathlon Canada + FQB)	"Parc Nature les Forestiers-de-Saint-Lazare"	Registration: "Faubourg de l'Île" Christian Valet: info@cbvs.org or 514 830-3718 Website: www.cbvs.org
CARDIO-INTERVAL Category: Mix, 16 years +	Starts January 7 (10 weeks) Monday and Wednesday: 7:15 pm Starts January 11 (10 weeks) Friday: 7:15 pm	Mon. and Wed.: Online: \$115 In person: \$120 Fri.: Online: \$55 In person: \$60	Omni-Centre	Registration online or at "Faubourg de l'Île" For information: 514 453-8981, option 6
CROSS-COUNTRY SKIING Category: All	According to weather, free practice	\$15/family (residents)	"Skiieurs de l'Île" trails	Registration at "Faubourg de l'Île" Pierre Levac: 514 453-8592
FIT & TONE Category: Mix, 50 yrs +	Starts January 7 (10 weeks) Mon., Wed. and Fri: 1 pm or 2 pm	Online: \$70 In person: \$75	Omni-Centre	Registration online or at "Faubourg de l'Île" For information: 514 453-8981, option 6
GYMNASTICS Category: Mix	Starts January 4 (11 weeks)	See website	"Club de Gymnastique Gymini" ("Centre Multisports")	Registration by phone or online For information: www.clubgymini.org or 450 455-3141
GYMNASTICS ACROSPORT Category: Mix, 4 yrs +	Starting in January (12 weeks)	According to level	Chêne-Bleu High School	Registration: "Faubourg de l'Île" Eva Rucka: 514 425-0803
HOCKEY COSOM Category: Mix, 7-14 yrs	Starts January 13 (15 weeks) Sunday morning (according to level)	Online: \$55 In person: \$60	Chêne-Bleu High School	Registration online or at "Faubourg de l'Île" For information: 514 453-8981, option 6
KARATE AND SELF-DEFENSE (women) Category: 5 yrs +	Starts January 14 (9 or 11 weeks)	\$95 and +	Omni-Centre	Registration: "Faubourg de l'Île" Jean-Pierre Trahan: 514 814-5452

REGULAR RECREATION continued

ACTIVITY	SCHEDULE	COST	LOCATION	REGISTRATION AND INFORMATION
LINE DANCING Category: Mix, Adults	January 18, February 15, March 15, and April 19 Fridays: 7:30 pm	\$5/evening	Omni-Centre	Registration by phone Murielle Groulx: 450 424-4170
OIL PAINTING (workshop) Category: Mix, 14 yrs +	Starts January 7 (10 weeks) Monday: 1:30 pm or 6:30 pm Wednesday: 1:30 pm	Online: \$135 In person: \$140 (Extra for material)	Omni-Centre	Registration online or at "Faubourg de l'Île" Manon Labelle: 450 451-1001
IPAD (intermediate) Category: Mix, 55 yrs +	Starts January 15 (10 weeks) Tue.: 9 am to 11:30 am	Free (registration at the Omni-Centre from Dec. 13 to Jan. 4)	Omni-Centre	Information: 514 453-8981, option 6 Registration: health insurance card and birth certificate
SCIENCE (by "Décibel Science") Category: Mix, 7-12 yrs	Starts January 12 (6 weeks) Saturdays: 9:30 a.m. to 10:30 a.m.	Online: \$85 In person: \$90	Omni-Centre	Registration online or at "Faubourg de l'Île" Information: 514 453-8981, option 6
SOCCER FC TROIS-LACS Category: Mix, born 2005-2014	Starts January 5 (8 weeks) Available at www.fctroislacs.com	\$85	Gyms in Île Perrot, Chêne-Bleu High School, and Vaudreuil-Dorion	Registration by phone or online Website: www.fctroislacs.com Information: 450 218-9008 or info@fctroislacs.com
SPANISH I Category: Mix, Adults	Starts January 8 (11 weeks) Tuesday: 7 pm	\$175 + material (\$76)	Omni-Centre	Registration: "Faubourg de l'Île" Ricardo Dedios: 450 424-6123
SPORTBALL Category: Mix, 2 yrs +	Starts January 19 (10 weeks) Saturday mornings According to level	\$179 + taxes	Notre-Dame-de-Lorette School	Registration by phone, or online Website: www.sportball.ca Matthew Pearce: 514 331-3221
TENNIS PROSET (adapted) Category: Kids with special needs	Starts January 13 (10 weeks) Sunday: 12:30 pm to 1:30 pm or 1:30 pm to 2:30 pm	\$210	Edgewater School	Registration by phone Philip Manning: 438 321-1564
WRITTING ("J'écris ma vie") Category: Mix, Adults	Starts January 9 Wed.: 9:30 am to 11:30 am	Free	Pincourt Library	Anna Belleau : 514 783-1416
YOGA/DAY (begin.-int.) Category: Mix, Adults	Starts January 7 (10 weeks) Mon. and Wed.: 10:30 am	Online: \$120 In person: \$125	Omni-Centre	Registration online or at "Faubourg de l'Île" Information: 514 453-8981, option 6
YOGA/EVENING (beginner) Category: Mix, Adults	Starts January 10 (10 weeks) Thursday: 6 pm	Online: \$65 In person: \$70	Chêne-Bleu High School	Registration online or at "Faubourg de l'Île" Information: 514 453-8981, option 6
YOGA/EVENING (int.-advanced) Category: Mix, Adults	Starts January 10 (10 weeks) Thursday: 7:30 pm	Online: \$75 In person: \$80	Chêne-Bleu High School	Registration online or at "Faubourg de l'Île" Information: 514 453-8981, option 6

TO CONTACT

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TOWN HALL

Regular schedule:

Mon. to Fri.: 8:30 a.m. to 4:30 p.m.

Administration and Financial Service option 1
 Urban Planning Service option 2
 Town Management and Mayor's Office option 3
 Town Clerk and Communication Service option 4
 Emergency and Fire Protection Service option 7

OMNI-CENTRE option 6

Regular schedule:

Mon. to Fri.: 8:30 a.m. to 4:30 p.m.

MUNICIPAL GARAGE ext. 381

Regular schedule:

Mon. to Fri.: 8 a.m. to 4 p.m.

LIBRARY 514 425-1104, ext. 6244

ÉCOCENTRE DE L'ÎLE option 5

750, Olympique Blvd., Pincourt (QC) J7W 7C8

www.mrcvs.ca/en/ecocentre-ile

Schedule - December 1 to March 31

Monday to Thursday: Closed

Friday: 8 am to 5 pm

Saturday: 9 am to 4 pm

Sunday: Closed

OFFICE CLOSING - HOLIDAYS

December 21, 2018, at 11:30 a.m., to January 2, 2019, inclusively

All our offices (Town Hall, library, municipal garage, Omni-Centre) will be closed during that period.

We will monitor our messages as of January 3, 2019.

LINE 3-1-1 - OUTSIDE BUSINESS HOURS

Monday to Friday from 4:30 p.m. to 8:30 a.m., Saturdays, Sundays and holidays

For municipal services: water main breaks, sewer back-ups, etc.

FOOD WASTE COLLECTION Every Monday

GARBAGE Every Monday

RECYCLING Every Thursday

BULK WASTE Every third Monday of the month

Accepted: sinks, showers, carpets, mattresses, toilets, bathtubs and furniture only.

CHRISTMAS TREES Public Works will pick up natural trees throughout the month of January, **as of January 3, 2019.** Please make sure to remove all the decorations from your tree. Tree's trunk must face the street.

SPECIAL CARDBOARD COLLECTION

January 2 to 7, 2019

Disassemble and stack your boxes together, and place them next to your bin **on the same day as the recycling collection.**

FIREFIGHTER'S BLOOD DRIVE

Thursday, January 10, 2019 | 1:30 p.m. to 7:30 p.m.
"Faubourg de l'Île" (former Librairies Boyer store)

Start off the year right by taking part in the Pincourt Fire-fighter's Association blood drive.

OVERNIGHT PARKING

From now through April 1 inclusively, parking your car in town streets is prohibited between midnight and 7 a.m. No temporary overnight parking permits will be issued for the Holidays.

However, to make things easier during the winter, the Town of Pincourt will allow residents to use one of its seven incentive parking lots at night.

From November 15 to April 1, you can park your car there from 5 p.m. to 8 a.m. the next morning, once you have purchased a parking permit (valid the entire winter season).

Permit cost: \$50 (per car for the current winter season)

Information and parking lot locations:

www.villepincourt.qc.ca/en/1/home

(Citizen's Services/Municipal Services/Winter overnight parking)

*Merry Christmas and
Happy New Year!*

We wish you peace, health and happiness.

Town Council and municipal employees

