

Fall 2024, vol. 43

in witi+





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CREDITS

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A Word From the Mayor

Dear citizens,

Autumn is gently settling in Pincourt, and several major projects have significantly marked our summer, such as:

- The construction of basketball courts;
- Resurfacing work on chemin Duhamel, between 6th and 9th Avenues;
- The creation of two new murals that beautify our environment;
- The launch of the first segment of the Passerelle des Arts;
- And much more.

For more details, I invite you to continue reading on page 7 and beyond of this brochure.

As far as the use of drinking water is concerned, I would I'd like to return briefly to the events of August 9, when torrential rains hit our community. The municipal council and I are in solidarity with the people of Pincourt. We are continually adapting our measures to meet your needs in these exceptional circumstances.

I would also like to congratulate our municipal employees for their hard work during this difficult period.

As far as the use of drinking water is concerned, I would like to congratulate us all, as we have reduced our use by 29%. This shows a change in our habits. Let's continue to save drinking water and make a difference together.

Finally, as we head back to school, I urge you to be cautious in the vicinity of schools, for everyone's safety.

May the end of summer be filled with beautiful moments!

Claude Comeau, mayor c.comeau@villepincourt.qc.ca 514 453-8981, Ext. 325



Hugo Gendreau District: 1h.gendreau@villepincourt.qc.ca
438 601-3838

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Denise Bergeron District: 2d.bergeron@villepincourt.qc.ca
514 808-6257



Sam Ierfino
District: 3
s.ierfino@villepincourt.qc.ca
438 257-1134



Diane Boyer District: 4 d.boyer@villepincourt.qc.ca 438 397-7226



Claudine Girouard-Morel
District: 5
c.girouard-morel@villepincourt.qc.ca
514 501-0245

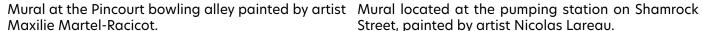


René Lecavalier
District: 6
r.lecavalier@villepincourt.qc.ca
514 646-0720



Here are some pictures of the works and projects that were completed during the summer season.







Street, painted by artist Nicolas Lareau.

Arts and Culture

This year, as part of the Arts Integration Program (AIP), two new murals have been created. One is at the Pincourt bowling alley, and the other is at the drinking water pumping station on Shamrock Street. Calls for projects will be issued as early as this fall, for new projects in 2025.

Art Pathway: This project involves over 40 volunteers, as well as collaboration between the City, the design committee, and a partnership with the Ministry of Culture and Communications. It highlights local artists and beautifies the area.











Environnement

Trotter Park is being enhanced with the Polliflora Garden. The garden's mission is to protect pollinators. Taillon Park will undergo reforestation at the end of autumn to restore and revitalize sections of the forest that have been devastated by the emerald ash borer and to combat an invasive exotic species, namely buckthorn. Additionally, new trees will be planted this autumn using the Miyawaki method.













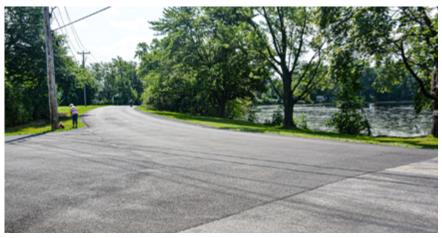
Sports and Youth Facilities

The new basketball courts are now open, located near the Omni-Centre and P-Town Plaza. Pincourt's sports facilities also include the skatepark and pump track, as well as pickleball courts that will be expanded next year.



Infrastructures

The summer season allowed for the resurfacing of several streets, including a section of Chemin Duhamel (from 6th to 9th Avenue) and rue Elmwood. Other work is scheduled for the fall.



Parks and Green Spaces

Rousseau Park: During the summer of 2024, new play structures for children were installed.

René-Lévesque Park: A beautiful rest area has been created.

5th Avenue Rest Stop: The municipal council, urban planning and public works departments worked together to create a community green space in this multi-housing area, to give everyone a green space in which to chat and spend time.









CIVIL SECURITY Together, let's be ready!

In recent months, the elected officials of the three municipalities have signed an agreement with Ambulance Saint-Jean, as well as a memorandum of understanding with Fleury Michon Amerique, with the aim of providing for the needs of the population in the event of a disaster.

Furthermore, on On July 4, 2024, seven specialists gathered in Pincourt to offer a communication panel explaining the risks associated with severe thunderstorms and prolonged power outages. This event aimed to encourage citizens to anticipate these situations and adapt their behavior to become more autonomous and resilient when these phenomena occur.

Watch the conference: https://www.youtube.com/watch?v=SdqR834EYMQ



The Town of Pincourt aims to ensure the safety and well-being of its residents, especially those with special needs in the event of a disaster.

To this end, the Town is launching the Registry Program for Persons Requiring Specific Assistance (PRSA) which targets seniors living alone, people with physical or intellectual disabilities, or mental or cognitive health problems. For any questions or additional information, please contact the Public Safety Department at 514 453-8981, ext. 203, or visit the Website https://www.villepincourt. ac.ca/en/register-of-persons-requiring-specific-assistance.

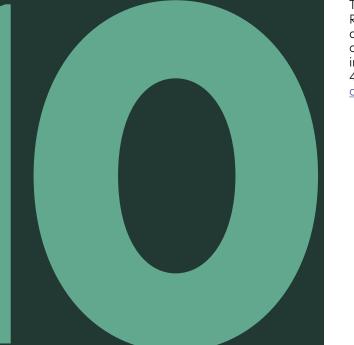


Ensemble Together pour la sécurité for the safety et le bien-être and well-being de tous.tes of all

Programme de registre pour les Personnes Nécessitant une Aide Particulière (PNAP)



villepincourt.gc.ca



Heritage Bench Program

This program was created to honour an individual who has made a significant impact on the municipality and/or to commemorate a loved one who lived in Pincourt, through the installation of a public bench.

For more details about the program, please contact:

Mr. Simon Grenier, Project Manager at the General Management at s.grenier@villepincourt.qc.ca.

To consult the Heritage Bench Program policy, visit the following Web page (PDF in French): **Heritage Bench Program**







Arts Integration Program (AIP)

The program aims to highlight the Town of Pincourt as a place for the promotion of the arts and to create a unique living environment for Picourt residents. During the summer of 2024, two artworks were created:



The Pincourt Bowling Alley: Artist Maxilie Martel-Racicot painted a playful mural featuring a collection of both human and fantastical characters that reflect the multicultural community life in our area.



Water Pumping Station: Artist Nicolas Lareau covered two façades of the building, with his inspiration depicting the vitality and nature of Pincourt.



COUNCIL MEETINGS



Council meetings are when elected representatives come together come together to make decisions in the best interests of the in the form of by-laws or resolutions.

If necessary, the mayor may also call special meetings during the year.

When and where:

- 2nd Tuesday of each month, at 7 p.m.
- René-Fournier Room, Omni-Centre (375, Cardinal-Léger Blvd.)

September 10 | October 8 | November 12 | December 10

Special meeting - Adoption of 2025 budget: To be confirmed ...

SPECIAL COLLECTIONS

Green waste collection:

Sept. 4 & 18, Oct. 2, 16 & 30, Nov. 13 & 27

Branches collection (registration required):

- Week of August 26
- Week of September 23
- Week of October 28



Tax rates are set according to the year's projected expenses and the budget required to finance the costs

2024 remaining maturity:

4th instalment: September 3



• Friday, from 7 a.m. to 8 p.m. • Saturday and Sunday, from 9 a.m. to 8 p.m.

CONSTRUCTION WORK

By-Law: WATERING

Just a reminder that last year, the rules governing water use changed. Here are the new rules in effect:

It is **permitted** to carry out or cause to be carried out

construction, repair or demolition work of a building:

• Monday to Thursday, from 7 a.m. to 10 p.m.

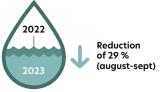
1) Watering periods

Bv-law:

Watering of lawns, hedges, trees, shrubs or other vegetation using removable sprinklers, automatic watering systems or porous hoses is permitted Mondays and Thursdays only, between 8 p.m. and 10 p.m. Watering using removable sprinklers, automatic sprinklers or porous hoses is prohibited on other days and outside permitted periods.

2) Results

Thanks to this change in regulations, the population reduced water consumption by 29% during the months of August and September 2023.



This habit change had a major impact on drinking water consumption. Let's keep going!



- The flushing of the water mains will take place during September and October.
- A reminder that green waste collection occurs every two weeks until December (this includes leaf collection). For more information, please visit: villepincourt.gc.ca/en/citizen-s-services/municipal-services/ collection
- Branch collection (registration required) will continue until October. You must register your address by filling out the designated form on the Town's Website.



COLLECTIONS 2024 calendar

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TOWN OF **PINCOURT**



Christmas trees: Week of January 8

You must place your garbage in the black bin provided by the Town. It is recommended that you place your garbage bin at the curb the day before collection, as of 6:00 p.m., to avoid missing the truck on your street. GARBAGE





0	Bulk waste	e collection	is held on th	ne 4th Wed	Inesda	y of the m	ont
BULK		accepted: es, carpets, t		showers,	sinks,	furniture	ar



Bette	Branch collection takes place every 4th week of the month, from May to October.
1	Branches must be placed at the curb by Monday morning

Due to high demand, the collection of branches may take place

The large end of the branches must be facing the street.

SEPTEMBER 2024										
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22	23	24	25	26	27	28				
29	30									



government (2022)

tax invoice or recent bill

Proof of residence with address: driver's license,

recipients



REGISTRATION PERIODS 2024

(i) Fall : September 14 to 17, 2024

3 WAYS TO REGISTER

- Online at www.accesloisirsvs.ca
- By phone at 450 217-2177 ext 1 (Saturday, January 13, March 23 and September 14 between 9 a.m. and noon)
- By scheduling a registration appointment in person*, by contacting 450 217-2177 ext 1

FOR MORE INFORMATION ABOUT THE **ACCÈS-LOISIRS PROGRAM**

www.accesloisirsvs.ca 450 217-2177, ext 1

* Please note that there are no longer any physical registration points.



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PINCOURT Library

225. Pincourt Byld.. Pincourt QC J7W 9T2

(inside the Chêne-Bleu High School)



INFORMATION: 514 453-8981, ext. 214 or bibliotheque@villepincourt.qc.ca

Back to REGULAR SCHEDULE on September 7

Monday: 9 a.m. - 8:30 p.m.

Tuesday: 9 a.m. - 8:30 p.m.

Thursday: 9 a.m. - 8:30 p.m. Sunday: Closed

Friday: 9 a.m. - 5 p.m. Wednesday: 9 a.m. - 8:30 p.m. Saturday: 10 a.m. - 4 p.m.

Library closed on September 2 (Labour Day)

Would you like to participate in our activities, but have a limitation that prevents you? Do you have concerns about accessibility to an activity or have you encountered an obstacle? Contact us, and we will be happy to work with you to find solutions: loisirs@villepincourt.gc.ca



TEEN BOOK CLUB

Meeting to share literary favourites, hosted by Carole Demers.

Free, mixed, teens

French speaking: 2nd Wednesday of each month 12:15 p.m. to 1:15 p.m.

September 11, October 9, November 13 and December 11

Registration: 514 453-8981, ext. 214





ADULT BOOK CLUB

Literary Favorites Sharing Meeting



STORY TIME

Story time in pyjamas and crafts.



Free for children ages 2 to 5 (accompanied by an adult) **Story Time in French:**

1st Wednesday of each month 6:30 to 7:30 p.m.

Hosted by Stacey Monk October 2, November 6 and December 4

Story Time in English:

1st Tuesday of each month 6:30 to 7:30 p.m.

Hosted by Kristy Boisvert September 3, October 1, November 5 and December 3

Registration: 514 453-8981, ext. 229

French-speaking Adult Book Club #1:

3rd Tuesday of each month 7:00 p.m.

Hosted by Carole Chamberland September 17. October 15. November 19. and December 17

French-speaking Adult Book Club #2:

2nd Wednesday of each month, 7 p.m.

Hosted by Joanne Déry September 11, October 9, November 13 and December 11

Enalish-speaking Adult Book Club #1:

3rd Wednesday of each month. 7 p.m.

Hosted by Jessica Hughes September 18, October 16, November 20 and December 18

Registration: 514 453-8981, ext. 214

SOCIAL DEVELOPMENT

CALL FOR SOCIAL DEVELOPMENT PROJECTS

The Call for Social Development Projects is back this year with a budget of \$15,000. Citizens and non-profit organizations are invited to submit projects that support the objectives of the Social Development Policy and will take place in Pincourt.

The application form will be available on our Website starting Monday, September 16, and submissions will be accepted until Wednesday, October 16.

For more information, contact Sabrina Martel, Social Development Agent, by email at s.martel@villepincourt. gc.ca or by phone at 514 453-8981, ext. 273.



ACTION PLAN FOR PEOPLE WITH **DISABILITIES**



Earlier this year, regional health and social services organizations, as well as citizens, were consulted for the update of the Action Plan for Persons with Disabilities. This initiative aims to promote the inclusion of individuals with disabilities within the community.

The Town would like to thank all the partners and people involved in the process. The new action plan will be available on the Town's Website in October, in the tab dedicated to people with disabilities.



COURTS RESERVATION: Badminton & Pickleball



REGISTRATION WITH LST



Registration **Sport-Plus:**



Go on the website and click on **Registration Sport Plus** in the top menu (registration mandatory).

Clean athletic shoes required. Bring your own equipment. *One-hour court reservation per residential address

FREE PICKLEBALL*

- Tuesday: 3 p.m. to 5 p.m.; Friday: 4 p.m. to 6 p.m.
- September 10
- Omni-Centre
- 8\$/field/hour

RESIDENTS

Online from Wednesday, 8 a.m., for the following week.

By telephone. Monday to Friday before the open badminton dates, from 8:30 a.m. to noon and from 1 p.m. to 4:45 p.m., by calling 514 453-8981, ext. 229.

NON-RESIDENTS

If slots are available, on the Monday before, in the morning, by phone only at 514 453-8981, ext. 229.



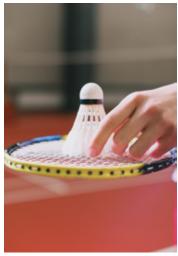
FREE BADMINTON*

- Sunday: 1 p.m. to 5 p.m.
- September 8
- Omni-Centre
- 8\$/field/hour

RESIDENTS

Online from Sunday, 7 p.m. for the following week.

By telephone from Monday to Friday before the open badminton dates, from 8:30 a.m. to noon and from 1 p.m. to 4:45 p.m., by calling 514 453-8981, ext. 229.



NON-RESIDENTS

If there's availability, the Friday before, in the morning, by phone only, 514-453-8981, ext. 229.

SPORTS ACTIVITIES offered by the Town



REGISTRATION WITH LST



Resident Registrations: September 3 to September 15 Non-Resident Registrations: September 9 to September 15 (*Additional \$10 fee for non-residents) For information: 514-453-8981, ext. 229

ABS, **CORE AND LEGS**

Intense, effective training

Starting September 16 (12 weeks) (Thanksqiving break October 14)

Monday or Wednesday: 8:30 p.m. to 9:30 p.m. Notre-Dame-de-Lorette School

\$85, mixed, 16+.

LET'S MOVE AGAIN. **LET'S KEEP MOVING!**

50⁺

Exercise sessions for individuals aged 50 and over

Starting September 16 (12 weeks) (break on October 14, Thanksgiving)

Monday: 12:00 p.m. to 1:00 p.m. (intermediate) or 1:15 p.m. to 2:15 p.m. (beginner); Omni-Centre

\$55 per session, mixed, 50+

YOGA (DAY)

Starting September 16 (12 weeks)

Monday and Wednesday: 10:30 a.m. to noon (no classes on October 14, Thanksgiving)

Omni-Centre \$190, mixed, adults, Multiple levels



YOGA BEGINNERS (NIGHT)



Starting September 17 (12 weeks)

Tuesday: 6 p.m. to 7:15 p.m. Omni-Centre

\$95, mixed, adults, beginner level



NORDIC WALKING

Nordic walking is an outdoor activity that combines walking with the use of specific poles.

1st Session: September 17 (6 weeks) 2nd Session: October 29 (6 weeks)

You can register for both sessions.

Tuesday: 9:15 a.m. to 10:15 a.m. (Intermediate) Tuesday: 10:30 a.m. to 11:30 a.m. (Beginner) Thursday: 9:30 a.m. to 10:30 a.m. (All levels) Thursday: 6:30 p.m. to 7:30 p.m. (All levels)

Location: Bellevue Park \$70 per session, Mixed, 16+

YOGA INTER. (NIGHT) Starting September 17 (12 weeks)

Tuesday: 7:30 p.m. to 9 p.m; Omni-Centre

\$105. adults. intermediate-advanced level

CHAIR YOGA

50+

Ideal for improving flexibility and relaxation.

Starting September 17 (12 weeks)

Tuesday or Friday: 10:30 a.m. to 12 p.m. Omni-Centre

\$80 per class /session, mixed, adults

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SPORTS ACTIVITIES offered by the Town



REGISTRATION WITH LST



CARDIO-INTERVAL

Physical activities focusing on cardio, strength and endurance.

Starting September 16 (12 weeks) (Thanksgiving break October 14) Monday or Wednesday 7:15 to 8:15 p.m.



Notre-Dame-de-Lorette School

\$85, mixed, 16+



20-20-20



Three workouts in one. This fitness class combines 20 minutes of cardio. 20 minutes of strength training, followed by 20 minutes of core and balance work and stretching.

Starting September 18 (no classes on October 30. in preparation for Halloween) Wednesday or Friday 12 p.m. to 1 p.m.: advanced level 1:15 p.m. to 2:15 p.m.: regular level Omni-Centre

\$55, mixed, 50+



ZUMBA TONIC

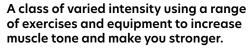
This fitness class combines cardio and toning with light weights, followed by stretching.

Starting September 18 (13 weeks) (break on October 30 for Halloween preparations)

Wednesday or Friday 2:30 p.m. to 3:30 p.m.

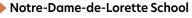
Omni-Centre \$50, mixed, 50+

MUSCLE TONE



Starting September 19 (12 weeks)

Thursday: 7:30 p.m. to 8:30 p.m. or Sunday: 9:00 a.m. to 10:00 a.m.



\$85, mixed, 16+

GENTLE EXERCICES

65⁺

Gentle, adapted exercise sessions to help maintain and develop physical fitness.

From September 16 to December 9, at the Omni-Centre

Monday: 10:30 a.m. to 11:30 a.m.

Registration: Vaudreuil-Soulanges Seniors' Community Centre https://www.centredesainesvs.com/activites/enrichissement-de-la-vitalite/ 450 265-3548, poste 225 ou 450 424-8503 / participation@ccavs.ca

SOCIO-CULTURAL ACTIVITIES offered by the Town

REGISTRATION WITH SPORT-PLUS



Resident Registrations: September 3 to September 15 Non-Resident Registrations: September 9 to September 15 (*Additional \$10 fee for non-residents) For information: 514-453-8981, ext. 229

PAINTING WORKSHOP

The painting course offers participants an enriching experience where they can explore their creativity through learning a variety of artistic techniques.

Starting September 16 (10 weeks)

Monday: 1:30 to 4:30 p.m. or 6:30 to 9:30 p.m. (no class October 14, Thanksgiving)



Omni-Centre \$140, mixed, adults

BEGINNER BRIDGE COURSE



The bridge course teaches

participants the rules, strategies,

and techniques of this complex

DRAWING WORKSHOP

During the course, participants will explore basic drawing concepts and use charcoal, graphite, Indian ink, and coloured pencils. Primarily for beginners. More experienced artists are also welcome.

Starting September 16 (6 weeks)

Monday: 7:00 p.m. to 8:30 p.m. (No class on October 14, Thanksgiving)

Omni-Centre

By Daniella Cretu.



CULTURAL DOSE Programming



REGISTRATION WITH LST



Whether you're passionate about culture or simply curious, our cultural initiation workshops are the perfect opportunity to broaden your horizons and enrich your knowledge. Citizens are invited to take part in the various workshops, which are organized for both children and adults.

This project is made possible thanks to the support of the Ministère de la Culture et des Communications.

Registration required via Sport-Plus or by telephone at 514 453-8981, ext. 229. Places are limited. Free

WORKSHOP	AUDIENCE	DATE	LOCATION
ALCOHOL INK A workshop that teaches participants how to work with alcohol ink, using different techniques to create abstract motifs that will add depth to your work. By Marie José Gélinas	Adults	Saturday, September 7 1 p.m. to 3 p.m.	Omni-Centre
PRINTING A workshop on non-press printing techniques and drypoint printing on paper, using recycled materials and ink. By Josée Dansereau.	Adults and teens (12 yrs +) Saturday, September 1 9 a.m. to noon		Omni-Centre
ZEN DOODLE A workshop that lets you explore a new style of drawing; fun and relaxing! You draw on a small wooden plate in pretty colours. By Josée Dansereau.	Adults and teens (12 yrs +)	Saturday, September 21, 1 p.m. to 3 p.m.	Omni-Centre
WORKSHOP: INTRODUCTION TO CHARCOAL DRAWING Create a work of art using the main shapes of a chosen subject, and a few basic techniques. By Daniela Cretu	Adults and teens (12 yrs +)	Saturday, September 28, 9 a.m. to 11:30 a.m.	Omni-Centre













WORKSHOP	AUDIENCE	DATE	LOCATION	
DISCOVERING THE CYANOTYPE An early photographic technique (circa 1830) that uses sunlight to produce blue photographic prints By Émilie Léger	Adults and kids	Saturday, October 5, 10 a.m. to 11:30 a.m. or 1 p.m. to 2:30 p.m.	Omni-Centre	
SOAP MAKING WORKSHOP A workshop that teaches participants how to make soap using a simple and quick technique. By Liz Gonzalez	Adults and teens (12 yrs +)	Saturday, October 12, 9:30 a.m. to 11 a.m.	Omni-Centre	
PAINTING IN THE DARK WITH FLUORESCENT PAINT Immersive art experience where participants explore creativity while using vibrant colours that glow under black light, creating a unique and captivating atmosphere. By Annciella Alarie	Kids (9 to 16 yrs old)	Friday, October 25, 5 p.m. to 7 p.m. Or 7:30 p.m. to 9:30 p.m.	Omni-Centre	
WORKSHOP: STRING ART Workshop that teaches participants the basic techniques of string art for making a painting. By Liz Gonzalez	Adults and teens (12 yrs +)	Saturday, October 26, 9:30 a.m. to 12 p.m.	Omni-Centre	
LIST OF EXTERNAL ORGANIZATIONS				
Several external organizations offer activities to the public. To learn more, visit: https://www.villepincourt.qc.ca/activities-offered-by-organizations				
211 Canadissaz your la 2.1.1.2 a. Cirl Cuidas (ar an anglais) a. Ornithologia a. Dinguetta (Dinguetta 4 citás)				

- 211 Connaissez-vous le 2-1-1?
- Âge d'or (club en anglais) Second Mile Club
- Âge d'or (club francophone)
- Ballet classique/Jazz Ballet • Balles molle féminine
- Balle molle adulte
- Balle molle homme 25 +
- Balle molle mineure filles
- Baseball mineur
- Basketball (Ass. basketball de l'Île-Perrot)
- Cadets de l'air (Escadron 867 Vaudreuil-Dorion Sauadron)
- Cercle des fermières
- Club de Bridge de Pincourt
- Comquat (apprentissage) du français)
- Cvclisme
- Espagnol (Academia Mistral)
- CCAVS

- Girl Guides (gr. en anglais)
- Gymnastique acrobatique (Gymnates de l'ile)
- Gymnastique et Sports acrobatiques récréatifs (Gymini)
- Histoire et généalogie
- · Hockey mineur
- Hockey intérieur Pincourt
- Horticulture (SHE Île-Perrot)
- Jardins communautaires de Pincourt
- Judo (Judo Dojo Perrot Shima)
- Karaté (Sankukan)
- Kin Ball (Ass. de Kin-ball Sud-Ouest)
- Lique de Pétanque de Pincourt
- Maison de la Famille
- MWCN
- Natation intérieure (Club de natation les Citadins de VD)

- Ornithologie
- (Club Ornithologique VS) • Patinage artistique (Club
- patinage art. rég. de Vaudreuil) • Patinage de vitesse (Club
- patinage vitesse de Trois-Lacs)
- Peinture/Sculpture (MEAL)
- Petite lique des Trois-Lacs (baseball)
- Philatélie et monnaie (Club Philatélie et Monnaie Pincourt)
- Pickleball (Pierre Besner)
- Piscine du collège John Abbott
- Piscine Vaudreuil-Dorion
- Plongeon (Club plongeon Vaudreuil-Dorion)
- Popotte roulante 65 ans et +
- Quilles (Second Mile Bowling League)
- Repas partagés (Jacques Leclair/Nicole Richard)

- Ringuette (Ringuette 4 cités)
- Scouts Canada (français) Groupe 16e lle Perrot-Pincourt
- Scouts Canada (aroupe bilingue/anglais) Scouts de l'île Perrot)
- Sheip
- Ski de fond (Skieurs de l'ile)
- Soccer FC Trois-Lacs
- Soccer senior récréatif
- Sportball (Sportball Québec)
- Tennis (membre du club)
- Tennis cours
- Tennis Proset (Adapté) Philip Manning
- Tir à l'arc (Archers Perrotdamois)
- Volleyball amical (Lique vollevball amicale de Pincourt)
- Volleyball féminin (Caroline Bédard)

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CALENDAR OF ACTIVITIES AND EVENTS

FREE ACTIVITIES

For more information on our activities, please visit our Website: www.villepincourt.gc.ca Info: 514 453-8981 ext. 229

SEPTEMBER, 2024

PINCOURT EXPLORATION (Discovery Rally)

As part of our *Explore Pincourt* initiative, we invite all citizens to participate in this discovery rally. Organized by the *Town's Health Committee*, this event aims to familiarize you with the city's iconic places. By participating, you will be entered into a draw.



To participate: Pick up and complete the form available at the Omni-Center, at the library, or online.



From August 15 to September 14

Come and meet the Health Committee at the *Intercultural Festival* in Bellevue Park, **on Saturday, September 14, from 11 a.m. to 4 p.m. to hand in your registration form.**



Saturday, September 14, 11 a.m. to 4 p.m., Bellevue Park

Come take a musical journey around the world, travelling from Argentina to Egypt, Haiti, Eastern Europe, Senegal, and Ireland. Enjoy Indigenous storytelling, a variety of food and craft vendors, a children's activity zone with free face painting and inflatable games, and a range of booths that will transport you across the globe.

ANTI-STRESS CONFERENCE • Cardiac coherence and conscious movement

Wednesday, September 18, 7 p.m. to 8:30 p.m., Municipal Library

Enhance your overall health by learning about heart coherence and mindful movement, two complementary and accessible approaches. Join Josée Maltais, a physical activity and psychology professional, as well as a practitioner in Mindful Movement, for this informative session.

Registration is mandatory via Sport-Plus or by phone at 514 453-8981, ext. 229

YOUTH CULTURE SERIES

Le grand vert tige avec Mr. Gazon, family show (4 to 11 years old)



Mr. Gazon will captivate many with his antics, featuring a plethora of balls, pins, knives, unicycles, fire torches, and many other contemporary inspirations!

Sunday, September 22

1:30 p.m. to 2:15 p.m.

Omni-Centre

No reservation required

SEPTEMBER, 2024

WORKSHOP #1 ON SENIOR CARE Caregivers, fraud and urgent payment request Tuesday, September 24

1:30 p.m. to 3 p.m.

Municipal Library, coffee and snacks provided.

The service Soutien aux aînés victimes d'abus (SAVA) offers free activities designed to inform and raise awareness among seniors to counter abuse and promote good care.

Registration required via Sport-Plus or by telephone 514 453-8981, ext. 229

FREE SKATING

Every Saturday, from September 28 to March 29 inclusive, 7 p.m. to 9:50 p.m.

Additional dates: October 11, November 1, 15, 29, December 30, January 3, 6, 27, February 17,

March 3 to 7, 10, 31, from 1 p.m. to 3:50 p.m.

Cité-des-Jeunes Arena Proof of residency required Helmets are recommended. No registration required.



JOURNÉES DE LA CULTURE

Saturday, September 28
11 a.m. to 3 p.m.
Library
Entertainment, a picnic, and surprises!



11 a.m. to 3 p.m. Used book sale and collective mural with artist Erin Wainwright

11 a.m. to 12:30 p.m. Workshop "*Traits d'humour*" with caricaturist and comic artist Marc Beaudet (ages 9 to 13) 12:30 p.m. to 2:15 p.m. Conference "*My Career as a Public Entertainer and Travels*" with Nathalie Desjardins (all ages)

1:15 p.m. to 2 p.m. Storytime in French with Stacey Monk (ages 4 to 8) 2:30 p.m. to 3:15 p.m. Storytime in English with Stacey Monk (ages 4 to 8)

OCTOBER, 2024

VOLUNTEERS RECOGNITION EVENING

Thursday, October 17, 6 p.m. • Summerlea Golf Club

The Town of Pincourt is proud to invite all volunteers to our Volunteer Recognition Evening. Invitations and details will be sent out in early September. We thank all those who give of their time to help the community.

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OCTOBER, 2024

LA GRANDE MARCHE

Saturday, October 19, 10 a.m. to 12:30 p.m., Olympique Park

Organized by the Fédération des médecins omnipraticiens du Québec (FMOQ) and the Grand défi Pierre Lavoie, take part of the Grande marche of 1, 3 and 5 km to highlight the importance of healthy lifestyle habits.

PUBLIC LIBRARIES WEEK

October 19 to 26

Take this opportunity to visit our library. More information to come.

WORKSHOP #2 ON SENIOR ABUSE

Recognizing Psychological and Physical Abuse

Tuesday, October 22, 10 a.m. to 11:30 a.m.

Municipal Library, coffee and snacks provided

Soutien aux aînés victimes d'abus (SAVA) offers free activities aimed at informing and raising awareness among seniors to counter abuse and promote well-being.

Registration is mandatory via Sport-Plus or by phone at 514 453-8981, ext. 229

AI CONFERENCE

Understanding the challenges, issues and profound transformations of artificial intelligence (AI) How will it change our lives? Can we use it to create a better world?

Tuesday, October 22, 7 p.m. to 8 p.m., Public Library

Ollivier Dyens, PhD, Director of the Department of French Literatures, Translation, and Creation at McGill University and founder of Building 21.

Registration required via Sport-Plus or by telephone 514 453-8981, ext. 229

HALLOWEEN CRAFTS

Saturday, October 26, 1 p.m. to 2 p.m. For 6-12 year olds Participants discover the science of the center of gravity, while creating their own Halloween mobile.

Library

Registration via Sport-Plus or 514 453-8981, ext. 229



HALLOWEEN IN PINCOURT!

Thursday, October 31 5:00 p.m. to 8:30 p.m. Omni-Centre Venture into the haunted maze! Candy and chills guaranteed! For all ages.

NOVEMBER, 2024

WORKSHOP #3 ON ELDER ABUSE PREVENTION Fraud and Shoulder Surfing and Recognizing Sexual Abuse

Tuesday, November 12, 10 a.m. to 11:30 a.m.

Municipal Library, coffee and snacks provided.

Soutien aux aînés victimes d'abus (SAVA) offers free activities designed to inform and sensitize seniors to counter abuse and promote good care.

Registration required via Sport-Plus or by telephone 514 453-8981, ext. 229

NOVEMBER, 2024

YOUTH CULTURE SERIES

Super Totoche Lacaboche • Clown magic show with live animals (ages 4 to 11)

Sunday, November 10, 1:30 p.m. to 2:15 p.m.

Omni-Centre

No registration required

WORLD CHILDREN'S DAY - NOVEMBER 20

As part of its Municipalité amie des enfants certification, Pincourt is committed to celebrating World Children's Day, in order to promote children's rights. On Wednesday, November 20, at the Omni-Centre, come and see the banner made by the town's children. Youngsters are invited to make colouring pages and add them to the banner. The colouring pages will be available at the Omni-Centre and the municipal library throughout November.

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ROBOTICS WORKSHOP BY THE VANGUARD CLUB (FAB LAB)

This interactive workshop showcases the Vanguard School robots that you can control!

Saturday, November 16, 1 p.m. to 2 p.m.

Registration via Sport-Plus or by phone at 514 453-8981, ext. 229.

PINCOURT CHRISTMAS MARKET

Organized by the Cercles de Fermières de Pincourt.

Saturday, November 23, 10 a.m. to 4 p.m.

Sunday, November 24, 10 a.m. to 4 p.m.

Omni-Centre

For more information or to set up a booth: Jozée Giroux at 514 922-1673 or at jozeeairoux@amail.com

DECEMBER, 2024

CHRISTMAS PARTY Entertainment and games for children

Friday, December 6, 6:30 p.m. to 8:30 p.m. • Omni-Centre

CRAFT WORSHOP (Snow globe)



Children will have the opportunity to create their own snow globe.

Saturday, December 7, 1 p.m. to 2 p.m. Ages 7 to 12

Registration via Sport-Plus or by phone at 514 453-8981, ext. 229

YOUTH CULTURE SERIES

No Christmas without stars!

Sunday, December 15, 1:30 p.m. to 2:15 p.m. Ages 2 to 7

Omni-Centre No registration required

VISIT FROM SANTA CLAUS

Come take a photo with Santa Claus and take the opportunity to tell him what gifts you'd like to receive!

Saturday, December 7, 9:00 a.m. to 3:30 p.m. Omni-Centre • Free

- Reservation required via Sport-Plus, starting November 4
- For children aged 10 and under
- Capacity of 40 children per hour
- Only registered individuals will be able to see Santa.

Don't forget to bring your letters for Santa! Activity reserved for Pincourt residents, proof of residence required.







TOWN HALL

Regular hours: Mon. to Thurs.: 8 a.m. to noon and 1 p.m. to 4:45 p.m.

Fri.: 8 a.m. to noon.

Administration and Finance Department	option 1
Urban Panning Department	option 2
General Management, Town Clerk and Mayor's Office	option 3
Human Resources Department	option 4
Emergency and Fire Protection Department	option 7
Communications Department	option 8

RECREATION AND COMMUNITY SERVICESoption 6 Regular hours: Mon. to Thurs.: 8 a.m. to noon and 1 p.m. to 4:45 p.m.

Fri.: 8 a.m. to noon

PUBLIC SECURITY ext. 203 (Municipal Patrol)

MUNICIPAL GARAGEext. 381

Regular hours: Mon. to Thurs.: 7:45 to 11:30 a.m. and 12 to 4 p.m. Fri.: 7:45 to 11:45 a.m.

750, Olympique Blvd., Pincourt (QC) J7W 7C8

Current hours: visit tricycle-mrcvs.ca (Citizens/Environment/Ecocentre Network)

LIBRARY ext. 214

3-1-1 LINE: OUTSIDE BUSINESS HOURS

If an incident occurs outside our office hours (evenings, weekends and holidays), call 3-1-1 immediately.

This line is for the following municipal interventions: water breaks, sewer backups, security patrols, lost, dead or stray animals, etc.

OFFICE CLOSURE: PUBLIC HOLIDAYS

- Labour Day: September 2, 2024
- Thanksgiving: October 14, 2024

www.villepincourt.gc.ca

