



# INFO- PINCOURT

Spring 2024, vol. 41

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TOWN OF   
PINCOURT





**PUMP TRACK AT OLYMPIQUE PARK**

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### CREDITS

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[www.villepincourt.qc.ca](http://www.villepincourt.qc.ca)



# TOWN COUNCIL 2024



## A WORD FROM THE MAYOR

Dear citizens,

Spring is a time to enjoy our green spaces, which are coming back to life, our lively sporting and cultural events, or simply

to prepare for the summer season and chat with our neighbors.

The growing number of municipal projects bear witness to our ongoing commitment to the well-being of the people of Pincoir. Initiatives designed to beautify our living environment, strengthen services and promote social cohesion will take place, such as:

- The addition of a basketball court ;
- The new playground at Rousseau Park ;
- The planting of two new Miyawaki forests;
- The improvements to René-Lévesque Park – Public square;
- The development of a green space at the corner of 5th Avenue and Duhamel

I invite you to get involved in community life. Whether through municipal festivities, collaborative projects or simply by taking advantage of the town's various infrastructures, I invite you to participate in the community life that surrounds you!

On behalf of the Municipal Council, I wish you a wonderful spring.

Together, let's continue to make Pincoir a great place to live, grow and have fun.

Claude Comeau, mayor  
c.comeau@villepincoir.qc.ca  
514 453-8981, ext.325



**Hugo Gendreau**  
District: 1  
h.gendreau@villepincoir.qc.ca  
438 601-3838



**Denise Bergeron**  
District: 2  
d.bergeron@villepincoir.qc.ca  
514 808-6257



**Sam Ierfino**  
District: 3  
s.ierfino@villepincoir.qc.ca  
438 257-1134



**Diane Boyer**  
District: 4  
d.boyer@villepincoir.qc.ca  
438 397-7226



**Claudine Girouard-Morel**  
District: 5  
c.girouard-morel@villepincoir.qc.ca  
514 501-0245



**René Lecavalier**  
District: 6  
r.lecavalier@villepincoir.qc.ca  
514 646-0720



## URBAN PLANNING

May 11, 2024  
Compost distribution

As part of Earth Day, the Municipal Council invites you to the Compost Distribution Day on May 11.

Bring your bins and bags.

**Location: 717 boul. Cardinal-Léger, Pincourt**

Proof or residence required.

Details to come.



Photo Credit: CRD Photo

## Survey: Environmental Action Plan

The Town of Pincourt and the Environment Committee are currently preparing a new version of the Environmental Action Plan.

A survey has been set up to find out about your needs and expectations.

Consult the Website in the section Citizens in the Environment tab: <https://forms.office.com/r/5pvB-9ncx9A?origin=lpLink>.



## Ensemble, on verdict

This GRAME campaign is aimed at citizens who need to replace a tree felled on their property.

The Town subsidizes trees of various species to help its citizens to replace one or more trees that have been felled on their land, at a lower cost.

**Benefit from the subsidy!**  
[grame.org/ensemble-on-verdit](http://grame.org/ensemble-on-verdit)

## A Tree for my Neighbourhood

Back again this year, the **A Tree for My Neighborhood** program offers trees at low prices.

The campaign kicks off in mid-April 2024.

To find out the exact date sales will open, subscribe to the A Tree for My Neighborhood newsletter.

**Take advantage of the subsidy!**  
<https://unarbrepourmonquartier.org/en/>

## PUBLIC WORKS New: Branches collection

Starting with the next branch collection (week of May 27, 2024), you must register by filling out a form.

The form is available on the website in the Collections section under the Branches tab.

This new way of doing things helps to better serve the entire territory and make collecting more efficient.



## FINANCES Municipal taxes

Tax rates are set on the basis of anticipated expenditure for the year and the budget required to costs.

- Due dates in 2024:**
- 1st installment: March 1
  - 2nd installment: May 1
  - 3rd installment: July 2
  - 4th installment: September 3

# USEFUL REMINDERS

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## COUNCIL MEETINGS



Council meetings are when elected officials come together to make decisions in the interests of the Town, in the form of by-laws or resolutions.

If necessary, the mayor may also call special meetings during the year.

### When and where:

- 2<sup>nd</sup> Tuesday of each month, 7 p.m.
- Salle René-Fournier, Omni-Centre (375, Cardinal-Léger Blvd.)

April 9 | May 14 | June 11 | July 9 | August 13 |

September 10 | October 8 | November 12 | December 10

**Special meeting - Adoption of the 2025 budget :**  
to be determined

## SPECIAL COLLECTIONS

**Bulk waste:** March 27, April 24 and May 22

**Green Waste:** May 1, 15 and 29, June 12 and 26

**Branches (with registration) :** week of May 27, week of June 24

## GARAGE SALE

From May 18 to 20, 2024. No permit required.

## By-law - MOWERS AND EDGE CUTTERS

The use of lawnmowers, lawn tractors, string trimmers, chain saws, leaf blowers and other power tools is **permitted:**

- Monday to Thursday, 7 a.m. to 10 p.m;
- Friday, 7 a.m. to 8 p.m;
- Saturday, Sunday and holidays: 9 a.m. to 4 p.m.

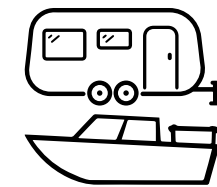
## By-law - CONSTRUCTION WORK

It is authorized to carry out or cause to be carried out construction, repair or demolition work on an immovable:

- Monday to Thursday, 7 a.m. to 10 p.m;
- Friday, 7 a.m. to 8 p.m;
- Saturday and Sunday, 9 a.m. to 8 p.m.

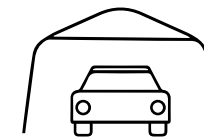
## By-law - STORAGE OF RECREATIONAL VEHICLES

From March 15th to November 1st of the same year, the following recreational vehicles are authorized in the front yard:



- Camping trailer
- Tent- trailer
- Watercraft
- Off-road vehicle
- RV
- Trailer

## By-law- CARPORT



You have until April 15 to remove your winter carport from your property.

## OVERNIGHT PARKING

From April 1, you'll once again be able to park your car on the street at night..



# COLLECTIONS 2024 calendar

**JANUARY 2024**

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**FEBRUARY 2024**

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

**MARCH 2024**

S	M	T	W	T	F	S
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**APRIL 2024**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**MAY 2024**

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**JUNE 2024**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**JULY 2024**

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**AUGUST 2024**

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

- Food waste
- Recycling
- Garbage
- Bulk waste
- Branches

**Green waste:** May 1, 15 and 29; June 12 and 26; July 10 and 24; August 7 and 21; September 4 and 18; October 2, 16 and 30 and November 13 and 27.

**Cardboard:** January 8 and July 8

**Christmas trees:** Week of January 8

**GARBAGE**  
You must place your garbage in the black bin provided by the Town. It is recommended that you place your garbage bin at the curb the day before collection, as of 6:00 p.m., to avoid missing the truck on your street.

**RECYCLING**  
Recycling is collected every Monday.  
Information: [tricycle-mrcvs.ca/en/recyclage/](http://tricycle-mrcvs.ca/en/recyclage/)

**FOOD WASTE**  
Food waste is collected every Wednesday.  
Information: [villepincourt.qc.ca](http://villepincourt.qc.ca)  
(Citizen's Services/Public Works/Collections)

**BULK WASTE**  
Bulk waste collection is held on the 4th Wednesday of the month.  
Materials accepted: bathtubs, showers, sinks, furniture and mattresses, carpets, toilets

**GREEN WASTE**  
Green waste is collected every second Wednesday, from May to November.  
Spring and fall leaf collection takes place five times a year, twice in the spring and three times in the fall. The dates will be announced on our website.

**BRANCHES**  
Branch collection takes place every 4th week of the month, from May to October.  
Branches must be placed at the curb by Monday morning. Due to high demand, the collection of branches may take place over several days.  
The large end of the branches must be facing the street.

**SEPTEMBER 2024**

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**OCTOBER 2024**

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**NOVEMBER 2024**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**DECEMBER 2024**

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



[www.villepincourt.qc.ca](http://www.villepincourt.qc.ca)

## VAUDREUIL SOULANGES

# ACCÈS-LOISIRS PROGRAM

We offer **free** recreational activities in your region!

### HOW DO I REGISTER ?

By completing our online application form at [www.accesloisirsvs.ca](http://www.accesloisirsvs.ca) or by making an appointment during the registration period.

### WHO IS ELIGIBLE ?

All children, adults and seniors whose family income is below the following threshold :

Number of people	Family income
1 person living alone	\$ 29 380 or less
2 persons	\$ 36 576 or less
3 persons	\$ 44 966 or less
4 persons	\$ 54 594 or less
5 persons	\$ 61 920 or less
6 persons	\$ 69 835 or less
7 persons or more	\$ 77 751 or less

Source : Statistic Canada Income Threshold for regions of 500,000 population.

### WHAT MUST I PROVIDE ?

For each adult in the family, you must have :

- Notice of assessment from provincial or federal government (2022)
- Claims booklet for income security recipients
- Proof of residence with address: driver's license, tax invoice or recent bill



Complete our online application form at [www.accesloisirsvs.ca](http://www.accesloisirsvs.ca)

## REGISTRATION PERIODS 2024

Spring-Summer : March 23 to 26, 2024

Fall : September 14 to 17, 2024

## 3 WAYS TO REGISTER

- 1** Online at [www.accesloisirsvs.ca](http://www.accesloisirsvs.ca)
- 2** By phone at **450 217-2177 ext 1** (Saturday, January 13, March 23 and September 14 between 9 a.m. and noon)
- 3** By scheduling a **registration appointment in person\***, by contacting **450 217-2177 ext 1**

FOR MORE INFORMATION ABOUT THE **ACCÈS-LOISIRS PROGRAM**

[www.accesloisirsvs.ca](http://www.accesloisirsvs.ca)  
450 217-2177, ext 1

\* Please note that there are no longer any physical registration points.



# DAY CAMP

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## REGISTRATION PROCEDURE

- **Online registration required:** April 8 to May 31, 2024.
- <https://www.villepincourt.qc.ca/en/recreation-and-culture/activities-and-programs/pincourt-day-camp>
- Limited places
- Pincourt residents only.
- Day Camp activities take place at the Omni-Centre.
- **No requests for pairing or group changes will be granted before the start of camp.**
- **New:**
  - Mini-Grasshopper: Children being registered in kindergarten.
  - Grasshopper: Children who have completed kindergarten
  - Section 1: Children in grades 1 and 2
  - Section 2: Children in grades 3 and 4
  - Section 3: Children in grades 5th, 6th and secondary 1

### Day camp and daycare schedule and costs

- **Camp:** Monday to Friday, 9 a.m. to 4 p.m.
- **Daycare service:** Monday to Friday, 6:30 to 9 a.m. and 4 to 6 p.m.

	Day Camp	Daycare service
<b>Week 1</b> From June 25 to 28 (Closed on June 24)	72\$	32\$
<b>Week 2</b> From July 2 to 5 (Closed on July 1st)	72\$	32\$
<b>Week 3</b> From July 8 to 12	90\$	40\$
<b>Week 4</b> From July 15 to 19	90\$	40\$
<b>Week 5</b> From July 22 to 26	90\$	40\$
<b>Week 6</b> From July 29 to August 2	90\$	40\$
<b>Week 7</b> From August 5 to 9	90\$	40\$
<b>Mini-camp*</b> From August 12 to 16	90\$	40\$

\*Mini-camp capacity is very limited. First come, first served.

Daily fees are not available for daycare and are non-refundable. Daycare is reserved for children registered for day camp only.





## DISCOUNT

**Summer package:** when purchasing 6 weeks of camp for the same child, the 7th is free.  
(Excluding mini-camp and daycare)

**Family package (3 children and more):**

40% discount for 3rd child or more (excluding mini-camp and daycare).

## REFUND POLICY

• Fees are 100% reimbursed if the activity is cancelled by the Town.

• Requests for cancellations and refunds must be sent by e-mail to the Recreation Department at the following address: [loisirs@villepincourt.qc.ca](mailto:loisirs@villepincourt.qc.ca).

Before Friday, June 21, the Town refunds 100% of costs, less a \$10 administration fee.

• From June 25 onwards, reimbursement will be made only on a pro rata basis for service rendered, less a \$10 administration fee, if accompanied by a relevant supporting document (e.g. medical certificate). The prorata is calculated from the date of receipt of the request.

• Requests for refunds received after the end of an activity will not be accepted.

NOTE: The Town of Pincourt reserves the right to require proof of residency at any time, and to expel without refund any child who exhibits behavioral problems.

## SUPPORT PROGRAM for children with intellectual and/or physical disabilities

This program is designed for Pincourt children aged 5 to 14 who have an intellectual and/or physical disability, or who require accompaniment to participate in activities. It provides access to a chaperone during day camp and daycare, with the aim of facilitating children's participation and integration. Children may be paired according to their situation.

• Register and pay registration fees in the same way as regular day camp clients.

• Must complete the evaluation form, available on the Town's website, to assess the child's needs for the registration period. (See: <https://www.villepincourt.qc.ca/en/recreation-and-culture/activities-and-programs/pincourt-day-camp>)

• You must send it as soon as possible to [loisirs@villepincourt.qc.ca](mailto:loisirs@villepincourt.qc.ca) so that the Town of Pincourt can find a chaperone for your child.



## Aspiring monitor program

The aspiring-monitor program is a training program that enables 14 and 15 year-olds to obtain a diploma in leadership skills (DAFA): [programmedafa.com/en](http://programmedafa.com/en)

**Online registration mandatory:** Residents only, from April 8 at 9 a.m. to May 31 (20 places available).

**Cost:** 180\$\* (\*DAFA certification included). This program is not eligible for the family package discount.

**Schedule:** June 25 to August 9, 9 am to 4 pm. Closed June 24 and July 1.



Photo Credit: Notre-dame-fatima



Pool

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# PINCOURT OUTDOOR POOL (COURSES)

Located behind the Omni-Centre, in the heart of Pincourt's recreational hub, the municipal pool is an ideal place to have fun, cool off and take classes during the summer.

## Address

364, boul. Olympique

**Phone:** 514 453-8981, ext. 253

(Only during the summer season)

## The pool includes:

- 8 swimming lanes of 25 m each
- 1 wading pool for toddlers
- Parking for cars and bicycles

## FREE SWIM SCHEDULE

\*The opening of the pool and the schedule of free swims may be modified at any time due to weather conditions.

### Preseason | June 10 to 23, 2024

Monday to Friday: 4 to 7 p.m.

Saturday and Sunday: 1 to 7 p.m.

### Regular season | June 24 to August 18, 2024

Daily: 1 to 8 p.m.

Adults only: 8 p.m. to 8:30 p.m.

### Post-season | August 19 to September 1, 2024

Monday to Friday 4 p.m. to 7 p.m.

Saturday and Sunday, 1 to 7 p.m.

(To be confirmed according to weather and student staff availability).

Inquire directly at the pool during the regular season: 514 453-8981, ext. 253

## RATES residents: Free

### RATES non-residents

0 to 4 years

Children (5-17 years)

Adults (18-59 years)

60+ years

Family

### SEASON PASS

Free

90\$

90\$

50\$

150\$

### DAILY FEE AT THE DOOR

Free

2\$

4\$

2\$

# PROGRAM

The Town of Pincourt, in collaboration with the Club Aquatique de Pincourt, offers several aquatic courses and activities for both children and adults.



Register online at Sport-Plus or by phone at 514 453-8981, ext. 229.

**Resident:** April 15 to June 21, 2024

**\*Non-resident:** June 1 to June 21, 2024

(Places limited)

Information: [loisirs@villepincourt.qc.ca](mailto:loisirs@villepincourt.qc.ca)

We're delighted to announce that our swim lessons from preschool to Swimmer 3 are now **free!** (1 session maximum per child free).

Learn to swim and stay safe this summer.

The swimming lessons schedule has been optimized to meet the needs of the citizens. The requirements of the Swim for Life program will be respected at all times.

Course description here: <https://www.villepincourt.qc.ca/en/swimming-lessons>.

## Classes and clubs start on Saturday, June 22, and run for 8 weeks until August 16.

- Classes will still take place on Mondays, June 24 and July 1.
- \*Additional fee of \$10 for non-residents
- For non-residents, **parent-child classes up to Swimmer 3** cost \$40.

For courses offered by Pincourt Aquatic Club, please visit <http://www.clubpac.org/> and Facebook at [clubaquatiquepincourtaquaticclub](https://www.facebook.com/clubaquatiquepincourtaquaticclub).

For more details, please visit the Pool and Swimming Lessons section of our website.



# RECREATION SPORTS AND CULTURE

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**Located at:** 225, Pincourt Blvd., Pincourt QC J7W 9T2 (inside Chêne-Bleu High School)  
**INFORMATION :** 514 453-8981, ext. 214 or bibliotheque@villepincourt.qc.ca

**REGULAR SCHEDULE**

Monday: 9 a.m. – 8:30 p.m.  
Tuesday: 9 a.m.– 8:30 p.m.  
Wednesday: 9 a.m. – 8:30 p.m.  
Thursday: 9 a.m. – 8:30 p.m.  
Friday: 9 a.m. – 5 p.m.  
Saturday: 10 a.m.– 4 p.m.



**ADULT BOOK CLUB**

Meeting to share literary favorites.

Free, adults

In French :

- 3<sup>rd</sup> Tuesday of each month, 7 to 8:30 p.m. (with Carole Chamberland)

- 2<sup>nd</sup> Wednesday of each month, from 7 to 8:30 p.m. (From April 10, with Joanne Déry)

In English :

- 3<sup>rd</sup> Wednesday of each month, 7 p.m. to 8:30 p.m.

Registration: 514 453-8981, ext. 214



**STORY TIME**

Story time in pyjamas and crafts.

Free, ages 2 to 5 (with accompanying adult)

French: 1st Wednesday of each month, at 6:30 p.m. (with Stacey Monk)

English: 1st Tuesday of each month, at 6:30 p.m. (with Kristy Boisvert)

Registration: 514 453-8981, ext. 229



**TEEN BOOK CLUB**

Meeting to share literary favorites, hosted by Carole

Free, mixed, teens

In french only: 2nd wednesday of each month, 12:15 to 13:15

Registration: 514 453-8981, ext. 214

# SPORTS and SOCIAL ACTIVITIES offered by the Town



REGISTRATION VIA **LS+** SPORT-PLUS

**Residents Registration:** March 18 to March 31, 2024  
**Non-resident registration\*:** March 25 to March 31, 2024  
(\*Additional fees of 10 \$ for non-residents)  
**Information:** 514 453-8981, ext. 229

## ABS, CORE AND LEGS

**Intense, effective training**

From April 10 (10 weeks)

No class: April 8 and May 20

Monday and Wednesday:  
8: 30 p.m. to 9:30 p.m.  
Omni-Centre

\$135, mixed, 16 years +

## CARDIO-INTERVAL

**Strength and endurance**

From April 8 (10 weeks)

Monday and Wednesday:  
7:15 p.m. to 8:15 p.m.,  
Omni-Centre

\$135, mixed, 16 years +

## LET'S MOVE LET'S KEEP AGAIN MOVING!

**50+**

From April 8 (10 weeks)

Monday:  
12 p.m. to 1 p.m. (intermediate);  
1:15 p.m. to 2:15 p.m. (beginner);

Omni-Centre  
(No class: May 20)  
40\$, mixte, 50 years +

# SPORTS and SOCIAL ACTIVITIES offered by the Town



REGISTRATION VIA **LS+** SPORT-PLUS

## NORDIC WALKING

Information:  
Action-Santé, Diane Pagé,  
514 453-7193

Physical activity that's good for the heart, body and mind!

From April 9 (9 weeks)

Tuesday: 9 a.m. to a.m.;  
Jeudi : 9:30 a.m. to 10:30 a.m.  
5:30 p.m. to 6:30 p.m.  
Bellevue Park  
100\$: 1 class/session  
180\$ : 2 classes/session  
Mixed, 16 yrs +

## YOGA (DAY)

From April 8 (10 weeks)

Monday and Wednesday:  
10:30 a.m. to 12 p.m.;  
Omni-Centre

155\$, mixed, adults  
(multiples levels)

## YOGA BEG. (EVENING)

From April 9 (10 weeks)

Tuesday: 6 p.m. to 7:15 p.m.;  
Omni-Centre

75\$, mixed, adults  
(level: begginers)

## YOGA INTER. (EVENING)

From April 9 (10 weeks)

Tuesday:  
7:30 p.m. to 9 p.m.;  
Omni-Centre

85\$, adults  
(levels: inter. adv.)

## CHAIR YOGA

From April 9 (10 weeks)

Tuesday:  
10:30 a.m. to 12 p.m.  
Friday:  
10:30 a.m. to 12 p.m.  
Omni-Centre  
65\$ per class/session,  
mixed, adults

## ZUMBA GOLD

**50+**

From April 10 (10 weeks)

Wednesday:  
11 a.m. to 12 p.m.;  
Friday:  
12 p.m. to 1 p.m.;  
1: 15 p.m. to 2:15 p.m.;

Omni-Centre  
40\$ per class/session,  
mixed, 50 yrs +

## ZUMBA TONIC

**50+**

From April 10 (10 weeks)

Wednesday:  
12 p.m. to 1 p.m.;  
1 p.m. to 2 p.m.;  
Omni-Centre  
40\$ per class/session,  
mixed, 50 yrs +



# SPORTS and SOCIAL ACTIVITIES offered by the Town

## COURTS RESERVATION: Badminton & Pickleball indoor



Download the  
registration  
procedure.

Go on the Website and click on [Registration Sport Plus](#) in the top menu (**registration mandatory**).

### Badminton free

Sunday:  
1 p.m. to 5 p.m.  
Omni-Centre  
8\$/court/hour

### Pickleball free

Tuesday:  
1 p.m. to 5 p.m.  
Omni-Centre  
8\$/court/hour

Clean espadrilles required.  
Bring your equipment.



## PAINTING WORKSHOP



From April 15 (8 weeks)

Monday:  
1:30 p.m. to 4:30 p.m.;  
6:30 p.m. to 9:30 p.m.;

Break May 20

Omni-Centre

135\$, mixed, adults

## AMATEUR GARDENERS

Growing container gardens for  
local residents.

Available in Bellevue, René  
Lévesque, Du Suroit and Olym-  
pique parks.

Are you interested in joining the  
team?

[s.martel@villepincourt.qc.ca](mailto:s.martel@villepincourt.qc.ca),  
514 453-8981, ext. 273.

## OUTDOOR PICKLEBALL

REGISTRATION PICKLEBALL COURT

To obtain a key, please go to the Recreation Department.  
When you register, you'll receive a key and a reservation  
code.

Residents only (Proof of residence required)

Omni-Centre

5\$ (cash payment)

Keys issued in 2023 are still valid for 2024.

## NEIGHBOURHOOD LIVEABILITY

Committees for mutual aid  
among citizens.

Interested in making a diffe-  
rence in your neighborhood?

[s.martel@villepincourt.qc.ca](mailto:s.martel@villepincourt.qc.ca),  
514 453-8981, ext. 273.

# SPORTS AND SOCIAL ACTIVITIES offered by organizations



## SOFTBALL ADULT (WOMEN)

For information and  
registration

Sonia Garcia  
[abmfpincourt@gmail.com](mailto:abmfpincourt@gmail.com)  
514 646-1136

## SOFTBALL MINOR (GIRLS)

For information and  
registration

[www.fdisoftball.ca](http://www.fdisoftball.ca)  
Facebook: [Association des  
Filles de l'Île](#)

## SOFTBALL (MEN, 25 +)

For information and  
registration

Claudio Ricchi  
[crocchi7@hotmail.com](mailto:crocchi7@hotmail.com)  
514 927-3545

## MINOR BASEBALL

For information and  
registration

[www.baseballpresquile.org](http://www.baseballpresquile.org)  
Facebook: [Association de  
baseball Presqu'Île](#)

## BASEBALL

For information and  
registration

Online registration: [www.pltroislacs.org](http://www.pltroislacs.org)

Facebook and Messenger:  
Petite Ligue des Trois Lacs.

Maxime Poirier, president  
[info@pltroislacs.org](mailto:info@pltroislacs.org)

## CYCLING

For information and  
registration

[ccsuroitcagroupe@gmail.com](mailto:ccsuroitcagroupe@gmail.com)  
[www.clubcyclismelesuroit.com](http://www.clubcyclismelesuroit.com)

## PINCOURT BOCCE BALL LEAGUE

For information and  
registration

Wednesday April 3 at 7 p.m.  
Normand Brosseau  
514 453-4510

[normandbrosseau104@gmail.com](mailto:normandbrosseau104@gmail.com)  
[com](http://www.com)

## SOCCER FC TROIS-LACS

For information and  
registration

[www.fctroislacs.com](http://www.fctroislacs.com)

## SENIOR RECREATIONAL SOCCER

For information and  
registration

Registration online starting in  
March.

[Leagues.teamlinkt.com/assrp](http://Leagues.teamlinkt.com/assrp)  
Thomas Legrand

514 917-1976  
[infoassrp@gmail.com](mailto:infoassrp@gmail.com)

# SPORTS AND SOCIAL ACTIVITIES offered by organizations



## TENNIS (CLUB MEMBER)

### For information and registration

Field reservation and online registration:  
[www.tennispincourt.org](http://www.tennispincourt.org)  
Information:  
[info@tennispincourt.org](mailto:info@tennispincourt.org)

## TENNIS (COURSES)

### For information and registration

Inscription par courriel au [ebtennis@winning.com](mailto:ebtennis@winning.com)  
[tennispincourt.org](http://tennispincourt.org)  
Affiliation du club requise pour les 11 ans et plus



## COMQUAT Learning french

### For information and registration

[info@comquat.ca](mailto:info@comquat.ca)  
[www.comquat.ca](http://www.comquat.ca)

## MAISON DE LA FAMILLE

### For information and registration

[info@mfvs.ca](mailto:info@mfvs.ca)  
[www.maisondelafamillevs.ca](http://www.maisondelafamillevs.ca)

Services and activities  
0-12 years old

## CERCLE DES FERMIÈRES

### For information and registration

Josée Giroux, president:  
514 922-1673 (after 3:30 p.m.)  
[jozeegiroux@gmail.com](mailto:jozeegiroux@gmail.com)  
Facebook: [cercledepincourt](https://www.facebook.com/cercledepincourt)

## MWCN

Montérégie Ouest  
English-speaking  
community network

### For information and registration

[info@mwcn.ca](mailto:info@mwcn.ca)  
[www.mwcn.ca](http://www.mwcn.ca)

# SPORTS AND SOCIAL ACTIVITIES offered by organizations



## PINCOURT COMMUNITY GARDENS

Reserve your plot and grow your own garden.

### For information and registration

[jardinscomm.pincourt@hotmail.com](mailto:jardinscomm.pincourt@hotmail.com)

## SHEIP

Workshops and conference

### For information and registration

[sheip@sympatico.ca](mailto:sheip@sympatico.ca)  
Facebook: [SHEllePerrot](https://www.facebook.com/SHEllePerrot)

Société d'horticulture  
environnementale des  
villes de l'Île-Perrot



## DO YOU KNOW 2-1-1?

This is the register of organizations and services (NPO), public and parapublic organizations in the Vaudreuil-Soulanges MRC.

There are two ways to access it :

1. On the web: [211qc.ca](http://211qc.ca)
2. By telephone dialing 2-1-1 (recommended method)

## DELIVERED MEALS- ON- WHEELS

The Centre communautaire des aînés Vaudreuil-Soulanges offers a variety of services to people aged 50 and over, with the aim of preserving and/or improving their quality of life, thus helping them to remain at home.

**65+**

### SERVICES OFFERED:

- Delivered Meals on Wheels: Home-cooked meal deliveries to the homes of seniors (70+) or people with reduced autonomy or physical limitations. Deliveries are free, with no tax or tip.

- Meals-on-wheels to go (65 +): Pick up frozen meals at 12, Curé-Cholet in Saint-Polycarpe or 1255, rue Émile-Bouchard in Vaudreuil-Dorion (by order only, ext. 227)

- Les Rendez-vous du Centre (50 +): Programming activities to enrich intellectual, emotional, physical and social vitality.

Get your free copy of Entre-Nous magazine available at both service points for full details of activities and schedules.



# CALENDAR - ACTIVITIES

For more information on our activities, please visit our website:  
[www.villepincourt.qc.ca](http://www.villepincourt.qc.ca)

Info: 514 453-8981, ext. 229

## MARCH 2024

### CONFERENCE: SOLAR ECLIPSE



Wednesday March 27, 6:30 p.m. to 7:30 p.m.  
Municipal Library, Free  
Registration: Sport-Plus

Lecture by a Cosmodôme animator.  
Free glasses for the eclipse on April 8.  
Suitable for ages 7 to 13, parents welcome.

### COFFEE WITH YOUR MAYOR

Sunday March 24, 9:30 a.m.  
Municipal Library  
Registration: [seance@villepincourt.qc.ca](mailto:seance@villepincourt.qc.ca) ou 514 453-8981, option 3

Meeting theme: Projects 2024 and Three-Year Capital Plan (TCP)  
Would you like to suggest a topic for discussion?  
Contact us at the above e-mail address and telephone number.

## APRIL 2024

### KNITTING AND TEA WORKSHOP:

#### Cotton washcloth and fingerless mittens

(by Carole Lesage from Cercle des Fermières)



Thursdays, April 4 to May 23, 4 to 6 p.m.  
Municipal Library, Free  
Registration: Sport-Plus

Level: Beginner  
You'll learn knitting and sewing techniques such as pattern reading, piecing, knitting and purling.

### BLOOD DRIVE ORGANISED BY THE MAYOR

Monday April 8, 1: 30 p.m. to 8 p.m.  
Omni-Centre

Give blood and save a life!  
By appointment: [hema-quebec.qc.ca](http://hema-quebec.qc.ca) or 1 800-343-7264

### BOARD GAME DAYS

Saturdays April 13 and 27, 1 p.m. to 3:30 p.m.  
Municipal Library, Free

Board games will be made available.  
No registration required.

### IN THE ART OF SUMMER EXHIBITION

Registration period: April 15 to May 17

In the Art of Summer is an initiative of the Pincourt Library to showcase the talents of local artists. From July 12 to August 9, the library will be transformed into a showroom for the enjoyment of art lovers. Please note that handicrafts are not accepted for this exhibition.

Please complete the **following registration form**:

<https://forms.office.com/r/pU786vnAkV>

For more information: 514 453-8981, ext. 214

### EARTH DAY CRAFT WORKSHOP



Saturday April 20, 1 p.m. to 3 p.m.  
Municipal Library, Free  
Registration: Sport-Plus or 514 453-8981, ext. 229

Painting a planet with collage.  
Workshop given by painter Manon Labelle.

## MEET THE AUTHOR HEATHER GRACE STEWART



Tuesday, April 23, 7 p.m. to 8 p.m.  
Municipal Library, Free  
Registration: Sport-Plus or 514 453-8981, ext. 229

As part of World Book Day, author Heather Grace Stewart, a citizen of Pincourt, will be presenting her book.

## MAY 2024

### BOUGE BOUGE FESTIVAL

Sunday, May 5  
Departure: Olympique Park

BougeBouge Festival and Île Perrot Marathon!

(5 k, 10k, 21k, 42k)

Details: [www.bougebouge.com](http://www.bougebouge.com)

### BOARD GAME DAYS

Saturdays May 11 and 25, 1 p.m. to 3:30 p.m.  
Municipal Library, Free

Board games will be made available.  
No registration required.

### CELL PHONE PHOTO CONFERENCE



Wednesday, May 8, 7 p.m.  
Municipal Library, Free  
Registration: Sport-Plus or 514 453-8981, ext. 229

Tips and tricks for taking pictures with your cell phone.  
Lecture by Michel Proulx, photographer and trainer. For ages 12 to 99.

### NEW: YOUTH CULTURE SERIES

Sunday, May 26 at 1:30 p.m.  
Omni-Centre, Free  
No registration required

Family show: Kattam and his tam-tams.

## JUNE 2024

### VAUDREUIL-SOULANGES FESTIVAL 0-5 YEARS OLD

Saturday, June 1  
Omni-Centre, Free

Organized by the Table de concertation de la Petite Enfance de Vaudreuil-Soulanges.  
Details to come: Stay tuned for the website calendar.

### RELAY FOR LIFE

Saturday, June 8  
Olympique Park

The Vaudreuil-Soulanges Relay for Life is a walk benefiting the Canadian Cancer Society.  
Come and participate in large numbers for the cause.

### NEIGHBOR'S DAY

Get your neighbors together for a party and receive \$100 in financial assistance.

Period: Between June 8 and October 5, 2024.  
An initiative of the Ville en santé committee.

Registration: [s.martel@villepincourt.qc.ca](mailto:s.martel@villepincourt.qc.ca), 514 453-8981, ext. 273.

### SUMMER READING CLUB

The TD Summer Reading Club is the largest program of its kind in Canada.  
Bilingual and free.

It's for kids of all ages, tastes and abilities.

Club booklet to collect stickers and badges.  
stickers and badges.  
The first 250 registrants will receive a surprise gift.

Registration and information: [www.clubdelecturetd.ca](http://www.clubdelecturetd.ca)

# CONTACTUS 514 453-8981

## TOWN HALL

Regular hours: Mon. to Thurs.: 8 a.m. to noon and 1 p.m. to 4:45 p.m.  
Fri.: 8 a.m. to noon

Administration and Financial Department .....option 1  
Urban Planning Department .....option 2  
General Management, Town Clerk and Mayor's Office.....option 3  
Human Resources Department.....option 4  
Emergency and Fire Protection Department.....option 7  
Communications Department.....option 8

## RECREATION AND COMMUNITY SERVICES .....option 6

Regular hours: Mon. to Thurs.: 8 a.m. to noon and 1 p.m. to 4:45 p.m.  
Fri.: 8 a.m. to noon

## PUBLIC SECURITY .....ext. 203

(Municipal patrol)

## MUNICIPAL GARAGE.....ext. 381

Regular hours: Mon. to Thurs.: 7 a.m. to 12 p.m. and 1 p.m. to 3 p.m.  
Fri. : 7 a.m. to 11 a.m.

## ÉCOCENTRE DE L'ÎLE ..... 450 455-5434

750, boul. Olympique, Pincourt (QC) J7W 7C8

**Schedule:** visit [tricycle-mrcvs.ca](http://tricycle-mrcvs.ca)

(Citizens/Environment/Ecocentre)

## LIBRARY .....ext. 214

### 3-1-1 LINE: OUTSIDE BUSINESS HOURS

If an incident occurs outside our office hours, i.e. evenings, weekends and holidays, dial 3-1-1 immediately.

This line is for municipal responses to water breaks, sewer backups, security patrol, lost, dead or stray animals, and so forth.

### OFFICE CLOSURE - STATUTORY HOLIDAYS

- Easter: March 29 mars to April 1, 2024
- National Patriots' Day (Victoria Day): May 20, 2024
- Québec National Day: June 24, 2024



[www.villepincourt.qc.ca](http://www.villepincourt.qc.ca)