



INFO- PINCOURT

Fall 2025, vol. 47

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TOWN OF
PINCOURT





CREDITS

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Skatepark and pump track, Olympique Park



Micro-library
at Trotter Park

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A WORD FROM
THE MAYOR

Dear citizens,

Once again this year, the summer season has been rich in moments of togetherness and new developments for our community. Firefighters' Day was a great success, and we had the

pleasure of inaugurating two new pickleball courts. The synthetic soccer field at Chêne-Bleu has also been updated and improved for the benefit of all our athletes.

Improvement work is continuing from the 41st to the 44th Avenue, as well as 1st to 3rd Boulevards, to provide everyone with a pleasant and safe environment.

With fall just around the corner, you can look forward to a vibrant program of activities, workshops, conferences, and sporting events for all ages and tastes.

I would also like to take this opportunity to remind you of the importance of the Registry Program for Persons Requiring Specific Assistance, which aims to ensure the safety and well-being of everyone, especially in the event of a disaster. If you or someone you know could benefit from this program, please fill out the online form or contact Public Safety at 514-453-8981, ext. 203.

We look forward to seeing you at our fall activities!

Claude Comeau, Mayor
c.comeau@villepincourt.qc.ca
514 453-8981, ext. 325

MUNICIPAL COUNCIL



DISTRICT 1

VACANT



DISTRICT 2

Denise Bergeron
d.bergeron@villepincourt.qc.ca
514 808-6257



DISTRICT 3

*In memory of
Sam Ierfino*

1948-2025



DISTRICT 4

Diane Boyer
d.boyer@villepincourt.qc.ca
438 397-7226



DISTRICT 5

Claudine Girouard-Morel
c.girouard-morel@villepincourt.qc.ca
514 501-0245



DISTRICT 6

René Lecavalier
r.lecavalier@villepincourt.qc.ca
514 646-0720

SUMMER IN ACTION

Here are some photos of the projects and work that were completed this summer.



Art Pathway, near Trotter Park, between Edgewater Street and Bayview Street.

Inauguration of the 2nd Art Pathway

Last June, the Town proudly inaugurated the new Art Pathway, located between Edgewater and Bayview streets, under the theme **ART ZOO**.

A heartfelt thank you to the volunteer artists, the Design Committee; Mélanie Bergevin, Division Head - Leisure for the Town; the Public Works teams; and Vaudreuil Deputy, Marie-Claude Nichols for their invaluable contribution to this beautiful community project!

Inauguration of *Rêver Grand* mural

On June 13, The Town of Pincoirt proudly unveiled its 4th mural as part of the Art Integration Program (AIP), at Notre-Dame-de-Lorette Elementary School. Titled *Rêver Grand* (Dream Big), this inspiring artwork by artists Madeleine Turgeon and Agnès Robin is visible from Cardinal-Léger Boulevard and celebrates the power of dreams, education, and culture. A heartfelt thank you to everyone who contributed to this beautiful project: the artists, the school administration, municipal council, Town employees, and Vaudreuil, Deputy Marie-Claude Nichols for their valuable support.



Mural at Elementary school Notre-Dame-de-Lorette (AIP).

CULTURAL POLICY

Would you like to contribute to the Cultural Policy Action Plan?

If so, please contact
Mrs. Mélanie Bergevin,
at Recreation and
Community Services:
m.bergevin@villepincoirt.qc.ca



INAUGURATION OF THE BASKETBALL COURTS AND P-TOWN PROGRAMMING

In July, the Town inaugurated the basketball courts and launched of the P-Town summer program. As well as the presentation of the Podium project, a public artwork by Jean-François Leboeuf, made possible in part thanks to the support of the CACVS - Conseil des arts et de la culture de Vaudreuil-Soulanges.

Special thanks to SISO for the adapted basketball demonstration - an inclusive experience that everyone got to try! A big thank-you to the members of Town Council and the Recreation and Community Services Department for their invaluable support!



PODIUM PROJECT

Inaugurated on June 13, 2025, at the skatepark, the Podium project is an art installation by Jean-François Leboeuf, a multidisciplinary artist originally from Sept-Îles and now based in Vaudreuil-sur-le-Lac. A teacher of visual arts and multimedia, he has pursued an art practice rich in drawing, painting, photography, and installation since the early 2000s. Through Podium, the artist pays **tribute to amateur skateboarders**.



RECAP OF THE CULTURAL GETAWAYS

In May, several seniors' residences in the Town of Pincoirt benefited from musical performances accompanied by a cultural mediation activity with artist Philippe Corriveau. These warm moments gave residents an experience they enjoyed and that deeply moved them.



« Être en harmonie » A project from Cultural Getaway, organized by Eleonara Nakova and Mélanie Bergevin from the Town of Pincoirt in three residences: the Office municipal d'habitation, Pointe-aux-Renards, and Le Sapinois. Musical compositions were created during cultural workshops with the artist Philippe Corriveau. 2025 ©

IN THE ART OF SUMMER EXHIBIT

On July 7, the exhibit opening of In the Art of Summer was held. Artists, families, friends, and Town employees were present to mark the 2025 edition.





LATEST NEWS



Trotter Park
Pollinator Garden

ARTS INTEGRATION PROGRAM

Starting in early November, the application form for the 2026 Arts Integration Program will be available on the Town's website.

For any questions, you can contact the project manager at 514 453-8981, ext. 230, or by email at s.grenier@villepincourt.qc.ca.



WORK on the football field (Chêne-Bleu High School)

The football field is getting a new surface. The old turf is being removed, and the new one is being installed. This work was carried out over the summer. Soon, kickoff on a new surface.



NEW PICKLEBALL COURTS

The new pickleball courts are open! Have fun!



Work in the 44th Avenue sector, 1st and 2nd Boulevards

Work is continuing from the 41st to the 44th Avenue, as well as 1st to 3rd Boulevards. This project includes the replacement of the water and sewer mains, some of which are outdated and require upgrading.

This modernization is essential to ensure the reliability of municipal infrastructure and to improve the services provided to residents.



NEW TRAFFIC COMMITTEE

If you believe that traffic-calming measures would be beneficial in your neighbourhood, please submit a request at circulation@ville.pincourt.qc.ca.

The committee will carefully review your request and, if appropriate, will carry out a traffic study in the area concerned, using tools such as speed analyzers, radar, and visual counts.



LED LIGHTING CONVERSION

This summer, the Town continued its LED lighting work by adding lights along the cycling path in Olympique Park, adjacent to Lussier Street.



MUNICIPAL ELECTIONS 2025

November 2, 2025

During municipal elections, citizens are invited to elect, as applicable, a mayor as well as councillors to oversee the administration and development of the Town.

The Town of Pincourt is currently looking for election workers for the upcoming 2025.

Anyone interested is invited to **fill out the online application form available on the Town's Website**. Candidates must also be available for a mandatory paid training session in October 2025. Only selected applicants will be contacted.

For all the details:
villepincourt.qc.ca/en/municipal-elections



FIREFIGHTERS' DAY RECAP

The 43rd edition was a success, with sunny weather and high-energy musical performances. The country theme took over Bellevue Park, and performances by Matt Lang, MiRebelle, and DJ Steve Watt energized the crowd. See you next year!



COUNCIL MEETINGS



During municipal council meetings, elected officials gather to make decisions in the interest of Pincourt residents, in the form of by-laws or resolutions. If needed, the mayor may also call special meetings during the year.

When and where:

- 2nd Tuesday of each month, at 7 p.m.
- René-Fournier Hall, Omni-Centre (375, Cardinal-Léger Blvd.)

Thursday Sept. 18 | Thursday Oct. 2 | November 11 | December 9

Special meeting – Adoption of the 2026 Budget:
To be confirmed...

URBAN PLANNING

New Pool Regulations

A reminder of the new pool regulations.
Deadline: **September 30, 2025.**
Information : www.quebec.ca/habitation-territoire/piscines-et-spas/securite-piscines-residentielles/securisez-piscine

BY-LAWS

Construction Work

It is **permitted** to perform or have others perform construction, repair, or demolition work on a building:

- Monday to Thursday: 7 a.m. to 10 p.m.
- Friday: 7 a.m. to 8 p.m.
- Saturday and Sunday: 9 a.m. to 8 p.m.



Mower and Trimmer

It is forbidden to use a lawnmower, lawn tractor, trimmer, chainsaw, leaf blower, or any other motorized tool outside of the permitted hours detailed in the table below:

- Monday to Thursday: 7 a.m. to 10 p.m.
- Friday: 7 a.m. to 8 p.m.
- Saturday, Sunday, and holidays: 9 a.m. to 4 p.m.

WWW.ATREEFORMYNEIGHBOURHOOD.ORG

OFFER OF LOW-COST TREES

TAKE ADVANTAGE OF THIS GRANT!

UAPMQ
UNARRÉPUEURMONQUARTIER

PUBLIC WORKS

The aqueduct flushing will take place during the months of September and October.

Special Collections

Green Waste Collection : September 10 and 24, October 8 and 22, November 5 and 19..
Here's a reminder that **green waste is collected** every two weeks until November (this includes leaf collection).

Branch Collection (mandatory registration):
Week of September 22 and week of October 27.

Registration:
form.smartsuite.com

For more information:
514 453-898, ext. 381

BRANCH COLLECTION
REGISTRATION required

USEFULL REMINDERS

08

Watering Bylaw

Here are the main points of the bylaw:

1) Watering Periods
Watering lawns, hedges, trees, shrubs, or other plants using removable sprinklers, an automatic watering system, or porous hoses is only permitted on **Mondays and Thursdays, between 8 p.m. and 10 p.m.**

Watering with removable sprinklers, an automatic watering system, or porous hoses **is prohibited** on all other days and **outside of these permitted periods.**

Fall 2025 Daylight Saving Time Change

This fall, the time change will occur on the night of November 1st to 2nd, 2025, at 2 a.m. Quebecers will gain an hour of sleep as they return to Eastern Standard Time. While you're at it, **remember to change your smoke alarm batteries.**



Together for Everyone's Safety and Well-being



Do you know about the Registry of Persons Requiring Special Assistance Program (RPRSA)?

This program aims to help seniors living alone, people with physical or intellectual disabilities, or those with mental or cognitive health issues.

For any questions or additional information, please contact the Public Safety Department at 514-453-8981, extension 203, or visit the website:

www.villepincourt.qc.ca/en/register-of-persons-requiring-specific-assistance

VILLE DE PINCOURT

New speed limit for your safety

VILLE DE PINCOURT

COLLECTIONS 2025 calendar

JANUARY 2025						
D	L	M	M	J	V	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

FEBRUARY 2025						
D	L	M	M	J	V	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

MARCH 2025						
D	L	M	M	J	V	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL 2025						
D	L	M	M	J	V	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY 2025						
D	L	M	M	J	V	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JUNE 2025						
D	L	M	M	J	V	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

JULY 2025						
D	L	M	M	J	V	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

AUGUST 2025						
D	L	M	M	J	V	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

- Food waste

Recycling

Garbage
- Bulk Waste

Branches

Green waste: May 7 and 21; June 4 and 18; July 2, 16 and 30; August 13 and 27 ;September 10 and 24, October 8 and 22 and November 5 and 19.

Cardboard: 7 January and July 8
Christmas trees: week of January 13
**We recommend that you place your bins at the curb the day before collection, from 6 p.m., to avoid missing the truck on your street.

GARBAGE Garbage collection takes place every two weeks on Wednesdays.

RECYCLING Recycling is collected every Tuesday.
Information: tricycle-mrcvs.ca/en/recyclage/

FOOD WASTE Food waste is collected every Wednesday.
Information: villepincourt.qc.ca
(Citizen /Public Works/Collections)

BULK WASTE Bulk waste collection is held on the 4th Wednesday of the month.
Materials accepted: bathtubs, showers, sinks, furniture and mattresses, carpets, toilets.

GREEN WASTE Green waste is collected every second Wednesday, from May to November.
Residues accepted: garden residues, flowerbed residues, grass and leaves, lawn, hedge clippings, small branches less than 1 cm in diameter.

BRANCHES Branch collection takes place every 4th week of the month, from May to October.
You must register for the branches collection via the [online form](#).
The large end of the branches must be facing the street.

SEPTEMBER 2025						
D	L	M	M	J	V	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

FORM
Branches
Collection



OCTOBER 2025						
D	L	M	M	J	V	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

NOVEMBER 2025						
D	L	M	M	J	V	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

DECEMBER 2025						
D	L	M	M	J	V	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		





PINCOURT Library

Located at: 225, Blvd. Pincourt, Pincourt QC J7W 9T2
(inside Chêne-Bleu High School)

INFORMATION: 514 453-8981, ext. 214
or bibliotheque@villepincourt.qc.ca

REGULAR HOURS

Monday: 9 a.m. – 8:30 p.m.	Thursday: 9 a.m. – 8:30 p.m.
Tuesday: 9 a.m. – 8:30 p.m.	Friday: 9 a.m. – 5 p.m.
Wednesday: 9 a.m. – 8:30 p.m.	Saturday: 10 a.m. – 4 p.m.
Sunday : Closed	

ADULT BOOKS CLUB

French Adult Book Club #1:
3rd Tuesday of each month, 7 p.m. - 8:30 p.m.
Hosted by Carole Chamberland
September 16, October 21, November 18, and December 16.

French Adult Book Club #2:
2nd Wednesday of each month, 7 p.m. - 8:30 p.m.
Hosted by Joanne Déry
September 10, October 14, November 12, and December 10.

English Adult Book Club:
3rd Wednesday of each month, 7 p.m. - 8:30 p.m.
Hosted by Jessica Hughes
September 17, October 15, November 19, and December 17.
Registration: 514 453-8981, ext. 214

STORY TIME

Story time in pyjamas and crafts.
Free for children ages 2 to 5
(accompanied by an adult)

French Story Time:
1st Wednesday of each month, 6:30 p.m. to 7:30 p.m.
Hosted by Stacey Monk
September 3, October 1, November 5, and December 3.

English Story Time:
1st Tuesday of each month, 6:30 p.m. to 7:30 p.m.
Hosted by Stacey Monk
September 2, October 7, November 4, and December 2.
Registration via Sport-Plus or by phone at 514 453-8981, ext. 229

DID YOU KNOW? NEW SERVICES AND RESOURCES

Book a LIBRARIAN Starting September 26

You can book a **30-minute session with a librarian** every Friday between 9 a.m. and 12 p.m. Get help with your tablet, e-reader, or digital books, or learn how to navigate our catalogue. It's a personalized service to answer all your questions.



DIGITAL BOOKS, NOW JUST A CLICK AWAY!

The library now gives you access to a vast collection of digital books:

- In French via pretnumerique.ca
- In English via cloudLibrary.com

These resources are available directly from our new online catalogue.

Borrow books from anywhere, 24/7

A Collection of Games... to Borrow

Discover our new board game library! We have games for all ages that you can borrow just like books to have fun with family and friends.



Access Plus + BOOKS FOR ALL READERS

In October, discover **Access Plus**, our collection created specifically for people with special needs and learning disabilities (including visual impairment, dyslexia, and language or attention disorders).

You'll find a selection of adapted novels, accessible documentaries, practical manuals, and other resources designed to make reading and learning easier for all ages. Because everyone deserves to enjoy reading!



New collection: LEARN FRENCH AND DISCOVER LANGUAGES

Starting in October, explore our new collection dedicated to French learning and language acquisition. You'll find language manuals, dictionaries, educational kits, and various practical tools to learn French or to get started with other world languages. It's a valuable resource for newcomers, students, or anyone curious about languages.



Library-Cinema

Get comfortable and experience the magic of cinema at the library with Jessandra Guindon! We have movies for all ages, offering a relaxing time to share with family and friends.

FOR ADULTS

• Special Remembrance Day Movie Club
Tuesday, November 11, 11 a.m. to 12:30 p.m., **in french.**

FOR CHILDREN (ages 2 to 5, accompanied by an adult)

- Crafts and Teddy Bear Movie Club,
Saturday, September 13, 10 a.m. to 11:30 a.m., **in french.**
- Crafts and Teddy Bear Movie Club,
Saturday, November 22, 10 a.m. to 11:30 a.m., **in english.**



SOCIAL DEVELOPMENT

ACTIVITIES FOR PEOPLE WITH DISABILITIES

WE WANT TO BE INCLUSIVE!

Do you have concerns about the accessibility of an activity, or have you encountered a barrier? Contact us and we will be happy to work with you to find solutions: loisirs@villepincourt.qc.ca.

ACTION PLAN FOR PEOPLE WITH DISABILITIES

Stay tuned for the 2025–2027 Action Plan for People with Disabilities, which will be launched this fall!



We are looking for citizens to join the advisory committee that will support us in implementing the action plan. Interested?

Contact us:
at s.martel@villepincourt.qc.ca
or 514-453-8981, ext. 273.

ZEN ZONE

The calm-down tent has been given a new look. Now called the **Zen Zone**, it has four walls to help block out sensory stimuli as needed. Inside, you'll find a selection of sensory materials for neurodivergent children. It will be present at all our major events.



WHEELCHAIR BASKETBALL

Sports Inclusifs Sud-Ouest offered introductory wheelchair basketball activities at the P-TOWN Plaza this summer.



Did you know that the library has a special collection of **resources designed to meet the needs of autistic individuals and others with specific needs?**

- Sensory toys
- Audiobooks
- And many other adapted tools

Come explore this unique section and borrow the resources that could make a real difference for you or your loved ones!



LEISURE ACCOMPANYING CARD

Pincourt accepts the Leisure Accompanying Card, which allows a companion to participate in our activities for free.



STORY TIME FOR CHILDREN WITH SPECIAL NEEDS

A story time session specifically designed for **children with special needs** will be held in a calm and welcoming environment before the library opens.

This interactive session will include a reading of a lovely story, followed by a craft activity led by an educator.

This is a gentle time for children to discover the joy of stories and create together.

FRENCH STORY TIME:

Saturday, October 4, 9:15 a.m. to 10:15 a.m.
With Vanessa Pyram

ENGLISH STORY TIME:

Saturday, November 1, 9:15 a.m. to 10:15 a.m.
With Vanessa Pyram

PROJECTS SUPPORTED BY THE SOCIAL DEVELOPMENT PROJECT CALL

Yoga classes for ADULTS

on the **autism spectrum** or with an **intellectual disability**

Fridays from 12:30 p.m. to 2 p.m., from September 12 to November 7

Location: Room B, Omni-Centre

Cost: Free



Parrainage Civique
Vaudreuil-Soulanges

Registration: Parrainage civique de Vaudreuil-Soulanges,
450 455-8986, extension 221

Social Club for Teens

on the **Autism Spectrum** or with an **Intellectual Disability**

Fridays from 5:30 p.m. to 9 p.m.,

October 3, 10, and 24, and November 7 and 14

Location: Room 3, Omni-centre

Cost: \$10 for the session

Participants will prepare and eat a meal together, followed by evening social activities based on their interests. A trip to St-Hubert and a movie outing are planned. Companions will be on-site to assist participants with any needs.

Participants will be responsible for the cost of their meal during the St-Hubert and cinema outing. Financial assistance available for those who need it.

Registration for residents: September 8-21, starting at 9 a.m.

Registration for non-residents: September 15-21, starting at 9 a.m.

Registration: Via Sport-Plus or by phone at 514 453-8981, extension 229

Information: 514 453-8981, extension 273

Latest News

NEIGHBOURHOOD PARTY RECAP

Many of you came out to the neighbourhood parties this summer! A total of 12 parties were organized. Thank you to the organizers and all their neighbours who joined in.



SEED LIBRARY RECAP

The year 2025 marked the first season for the Pincourt Seed Library, in collaboration with the Société d'horticulture environnementale des villes de l'île Perrot. More than 693 seed packets were shared for free with Pincourt families.



CALL FOR SOCIAL DEVELOPMENT PROJECTS

Do you have a project that you would like to implement in Pincourt that promotes neighbourhood life, citizen mutual aid, social inclusion, or healthy lifestyle habits? The call for social development projects is open from October 1st to October 31, 2025.

For more details:
www.villepincourt.qc.ca/en/recreation-and-culture/social-development/call-for-projects

LOOKING FOR CITIZENS

SOCIAL DEVELOPMENT ACTION PLAN STEERING COMMITTEE

We are looking for citizens to join our steering committee for the drafting of the 2026-2028 Social Development Action Plan. For more information, please contact Sabrina Martel at 514 453-8981, extension 273.



SEED CLUB

Come help us package seeds for the seed library for next year. This will be a great opportunity to enjoy a coffee and a snack, engage in discussions about gardening, and enjoy a friendly atmosphere.

Contact us at 514 453-8981, extension 273 or s.martel@villepincourt.qc.ca



INTERCULTURAL COMMITTEE

Want to help organize the 2026 Intercultural Festival or the welcome reception for new residents? Join our Intercultural Committee by emailing s.martel@villepincourt.qc.ca.







VILLE EN SANTÉ COMMITTEE

Follow the *Ville en santé* Committee, which is made up of volunteer citizens, on social media to find Pino, the rabbit who moves around Pincourt from week to week.



Programming at the Library







REGISTRATION VIA **LS+ SPORT-PLUS** or by telephone 514 453-8981, ext. 229.

CONFERENCES AND PROGRAMS FOR ADULTS at the library		DATE
WORKSHOP BOOK FOLDING AND JUNK JOURNAL WORKSHOP Transform old books into beautiful decorative objects using artistic folding techniques and create a personalized journal from recycled materials. This is a perfect creative experience to give objects a second life while developing your manual creativity.		Saturday, September 20 10:15 a.m. to 12 p.m.
DIGITAL Workshop CHATGPT: Understanding and Using AI With Kokobrik Learn about artificial intelligence and how to use it in your daily life. This one-hour practical workshop will demystify AI and help you unlock its full potential.		Saturday, October 4 Group 1: 10 a.m. to 11 a.m., in French Group 2: 11:15 a.m. to 12:15 p.m., in English
CONFERENCE DEHYDRATING YOUR FRUITS AND VEGETABLES By Sylvie Trépanier, SHEIP Learn how to preserve your summer harvests and local produce using fruit and vegetable dehydration techniques. This practical training will help you improve your food independence and reduce waste while enjoying your products all year long.		Wednesday, October 8 7 p.m. to 8:30 p.m. FRENCH
Travel CONFERENCE WILD PATAGONIA - A JOURNEY TO THE HEART OF THE WONDERS OF CHILE AND ARGENTINA Escape to the wide-open spaces of Patagonia with Pierre-Luc Côté! Follow this adventure enthusiast on his three-month journey from Chile to Argentina, from Ushuaïa to Easter Island. A must-see conference for all lovers of travel and the outdoors!		Saturday, November 1 1:30 p.m. to 3 p.m. FRENCH
DIGITAL Workshop NEW TECHNOLOGIES: Mastering AI for Seniors With Kokobrik This workshop is specially designed for seniors and makes it easy to get comfortable with artificial intelligence! Discover practical tools to make your daily life easier and ask all your questions in a supportive environment.		Saturday, November 8 Group 1: 10 a.m. to 11 a.m., in French Group 2: 11:15 a.m. to 12:15 p.m, in English
Author MEETING with JEAN-PHILIPPE PLEAU This fall, Jean-Philippe Pleau is stopping by the Pincourt Library. Come discover the man behind "Réfléchir à voix haute" and "Rue Duplessis: ma petite noirceur" — a body of work that questions our origins and our destiny. This is an authentic meeting with an author who handles words with the same finesse he brings to broadcasting.		Saturday, November 15 10:30 a.m. to 12 p.m., FRENCH




Offer your children fun, educational, and creative activities!

Our youth workshops promote self-express, discovery, inclusion, and the joy of learning together.

REGISTRATION VIA **LS+ SPORT-PLUS** or by telephone 514 453-8981, ext. 229.

CREATIVE ACTIVITIES AND WORKSHOPS FOR YOUTH at the library		DATE
WORKSHOP DISCOVER COOKING WITH "C'EST MOI LE CHEF" Discover cooking with Karine in a unique workshop where neurotypical children and children with special needs cook together! This is an "inverse inclusion" experience that allows children to develop their culinary creativity while learning about differences and sharing. It's a time for learning, discovery, and new friendships, all centred around delicious recipes that are also planet friendly.		Saturday, October 11 10:30 a.m. to 11:30 a.m.
WORKSHOP SCRATCH JUNIOR CODING (ages 8+) Turn your kids into real video game developers with Scratch! Participants will discover programming in a fun way by creating their own games, learning the basics of coding, algorithmic logic, and teamwork.		Saturday, October 25 10 a.m. to 11 a.m. with Kokobrik
WORKSHOP THE WORLD OF DRAWING: Pokémon and Manga (ages 8+) Dive into the fascinating world of manga with this drawing workshop dedicated to Pokémon! Children will learn the basic techniques of manga style: shapes, expressions, proportions, and tips for creating their own characters.		Saturday, October 25 11:15 a.m. to 12:15 p.m. with Kokobrik
WORKSHOP CROCHET AND SCONE TASTING (ages 10+) With Carole Lesage It's needles and treats! This friendly activity is perfect for learning the basics of crochet while enjoying delicious scones. This workshop is great for beginners aged 10 and up and offers a creative, tasty time in a relaxed atmosphere.		Thursday, November 6 4:30 p.m. to 6:30 p.m.
CREATIVE WORKSHOP DECORATING AFRICAN CALABASHES With Floribert Bantsimba Come discover the art of African calabashes. Children will explore this ancient fruit by creating their own decorative objects through drawing, painting, and collage in a creative, stress-free space. It's a fun artistic experience where every young artist will leave with their own unique creation.		Saturday, November 22 10:30 a.m. to 11:30 a.m.
WORKSHOP ARTISTIC DRAWING Portraits and Pencil Techniques (ages 8-12) With Bianca Pagé Les jeunes apprendront les bases du portrait au crayon, tout en explorant d'autres sujets et techniques de dessin, dans un cadre stimulant et ludique.		Saturday, December 6 1:30 p.m. to 3 p.m.

ACTIVITIES FOR **THE WHOLE FAMILY**, SEE THE NEXT PAGE.

SPECIAL ACTIVITIES FOR THE WHOLE FAMILY at the library		DATE
HALLOWEEN PUMPKIN DECORATING CONTEST Enter our Halloween pumpkin decorating contest and let your creativity run wild! From October 10 to 31, decorate your pumpkin at home and bring it to the library for display. The best creation will win a prize, and all participants can admire this temporary Halloween art gallery.		October 10 to 31
ANNUAL BOOK SALE Don't miss our annual book sale, which this year will take place during Public Library Week! From October 18 to 25, discover an exceptional selection of books at great prices to build your personal library. This is a unique opportunity to find literary treasures while supporting your local library!		October 18 to 25
TRIVIA NIGHT - QUIZ With La Ribouldingue Test your knowledge and challenge your friends at our trivia night. Come alone or with a team to face off against other enthusiasts in a fun duel of general and pop culture knowledge. Refreshments will be served. It's a friendly evening where the famous Masters of Knowledge trophy awaits the winners.		Friday, October 24 6 p.m. to 8:30 p.m.



Les journées de la culture

AT THE LIBRARY, REGISTRATION IS MANDATORY VIA 

or by telephone 514 453-8981, ext. 229.

CONCERT FOR ADULTS FROM PARIS TO NEW YORK
Presented by Musiciens à la carte - Friday, September 26, 7 p.m. to 8 p.m.
 Embark on an unforgettable musical journey from Paris to New York with this vibrant concert! The performance features a carefully selected repertoire of popular songs in French and English, interpreted with passion and authenticity. This guaranteed crowd-pleaser will transport you from one side of the Atlantic to the other!

TO YOUR PERCUSSIONS! WORKSHOP 

With Jeunesses Musicales Canada
Saturday, September 27 - Ages 3-6, 10:30 a.m. to 11 a.m. (30 min)
 This is a musical adventure for little explorers! Children are invited to freely explore different sounds and instruments before being guided in a joyful discovery of rhythm. Together, they will create an original beat for a lively song. It's a dynamic, sensory, and collaborative workshop!

DIY GUITAR WORKSHOP 

With Jeunesses Musicales Canada
Saturday, September 27 - Ages 7-12, 11 a.m. to 11:55 a.m. (55 min)
 In this hands-on musical workshop, children can build their own guitars from simple materials. As they assemble them, they will discover how the instrument produces sound. Once the guitars are finished, it's time for sound exploration: chords, melodies, rhythm... it's their turn to play!





**Viens pratiquer ton français
Come practice your french
ਆਇ ਆਪਣੀ ਫ਼ਰੈਂਚ ਦਾ ਅਭਿਆਸ ਕਰੋ
Ven a practicar tu francés**

**In partnership with the
Centre Prénatal et Jeunes Familles** 

Are you learning French? Our discussion groups are for you! In a relaxed atmosphere, you can practice speaking, chat with other learners, and gain confidence in your daily life. Whether you come alone or with family, and no matter your level, join us for a nice cup of tea or coffee!

DISCUSSION GROUPS:

- Friday, October 10, 9 a.m. - 11:30 a.m.
- Friday, November 14, 9 a.m. - 11:30 a.m.
- Friday, December 12, 9 a.m. - 11:30 a.m.

Location: At the library
Registration required:
s.martel@villepincourt.qc.ca or 514 453-8981, ext. 273.



LIST OF EXTERNAL ORGANIZATIONS

Several external organizations offer activities to the public. To learn more, visit:
www.villepincourt.qc.ca/activities-offered-by-organizations

- | | | | |
|---|---|---|---|
| <ul style="list-style-type: none"> • 211 Social and Community Services near you • Acrobatic gymnastics (Gymnates de l'île) • Adult softball • Archery (Archers Perrotdamois) • Baseball (Petite ligue des Trois-Lacs) • Basketball (Ass. basketball de L'Île-Perrot) • Bowling (Second Mile Bowling League) • Bridge Club of Pincourt • CCAVS • Cercle des fermières • Classic/Jazz Ballet • Community gardens de Pincourt • Comquat (French learning) • Cross-country skiing (Skieurs de l'île) • Cycling | <ul style="list-style-type: none"> • Diving (Club plongeon Vaudreuil-Dorion) • Figure skating (Club patinage art. rég. de Vaudreuil) • Friendly Volleyball (Ligue volleyball amicale de Pincourt) • Girl Guides (English) • Gymnastics and Recreational acrobatic sports (Gymini) • History and genealogy • Horticulture (SHE Île-Perrot) • Indoor field hockey • Indoor swimming (Club de natation les Citadins de VD) • Karate (Sankukan) • Kin Ball (Ass. de Kin-ball Sud-Ouest) • Maison de la Famille • MWCN • Men's softball 25 + • Minor Baseball • Minor Girls Softball • Minor Hockey | <ul style="list-style-type: none"> • Ornithology (Club Ornithologique VS) • Painting/Sculpture (MEAL) • Philately and Coins (Club Philatélie et Monnaie Pincourt) • Pickleball (Pierre Besner) • Pincourt Judo (Judo Dojo Perrot Shima) • Pincourt Petanque League • Pool of John Abbott College • Pool of Vaudreuil-Dorion • Popotte roulante 65 ans et + • Scouts Canada (French) • Scouts de l'île Perrot (bilingue/anglais) • Senior Citizens Club - Second Mile Club (in English) • Senior Citizens Club (in French) • Shared Meals (Jacques Leclair/Nicole Richard) • Soccer FC Trois-Lacs • Soccer senior recreational | <ul style="list-style-type: none"> • Sportball (Sportball Québec) • Spanish (Academia Mistral) • Speed skating (Club patinage vitesse des Trois-Lacs) • Squadron (Escadron 867 Vaudreuil-Dorion) • Ringette 4 cités • Tennis (club members) • Tennis (lesson) • Tennis Proset Philip Manning (Adapted) • Women's Volleyball (Caroline Bédard) • Women's softballs |
|---|---|---|---|

Let's get **moving**, this fall!

Registration for residents: September 8-21, starting at 9 a.m.
Registration for non-residents: September 15-21, starting at 9 a.m.
 Information: 514 453-8981, ext. 229

ABS, CORE AND LEGS

An intense and targeted workout to tone and sculpt these key areas.

Starting: September 22 (12 weeks, with no class on October 13)
Monday or Wednesday: 7:45 p.m. to 8:45 p.m.
École Notre-Dame-de-Lorette, Gymnasium
 \$60, ages 16+

CIRCUIT EXERCISES 50+

Exercises adapted for people aged 50 and over.
 Exercises can be done from a chair if needed.

Starting: September 29 (11 weeks, with no class on October 13)
Monday: 1:15 p.m. to 2:15 p.m.
Omni-Centre
 \$55, ages 50+

NORDIC WALKING

This is a dynamic workout that stimulates and boosts your overall health by improving your cardio, muscle strength, flexibility, and balance!

It is practiced with special poles (provided).

Starting: October 14 (8 weeks)
Tuesday: 9 a.m. to 10 a.m. (advanced – for those who have already participated in a Nordic walking session)
Tuesday: 10:15 a.m. to 11:15 a.m. (beginner)
Thursday: 9:30 a.m. to 10:30 a.m. (multi-level)
Bellevue Park
 \$40, ages 16+

**CHAIR YOGA 50+**

An adapted form of yoga that allows you to practice postures and breathing exercises while remaining seated in a chair.

Starting: September 23
Tuesday (12 weeks) **or Friday** (11 weeks): 10:30 a.m. to 12 p.m.
 (no class on Friday, October 31 and December 5)
Omni-Centre
 82.50 \$ - 90 \$, adults 50+

YOGA

Omni-Centre
BEGINNER

Starting: September 23 (12 weeks)
Tuesday: 6 p.m. to 7:15 p.m.
 \$75, ages 16+

INTERMEDIATE

Starting: September 23 (12 weeks)
Tuesday: 7:30 p.m. to 9 p.m.
 \$90, ages 16+

MULTI-LEVEL

Starting: September 22 (12 weeks)
Monday and Wednesday: 10:30 a.m. to 12 p.m.
 (no class on October 13)
 \$90, ages 16+



New flat rate
\$5 per hour of class*
 *An additional fee of \$10 per session for non-residents.

20-20-20 50+

This class includes 20 minutes of cardio, 20 minutes of strength training, followed by 20 minutes of core and balance work with stretches.

Starting: October 1 (with no class on Friday, October 31 and December 5)
Wednesday (12 weeks) **or Friday** (10 weeks):
 12 p.m. to 1 p.m., intermediate level
 1:15 p.m. to 2:15 p.m., beginner level
Omni-Centre
 \$50 - \$55, ages 50+

CARDIO INTERVAL

High-intensity exercises with strength training periods.

Starting: September 22 (12 weeks, no class on October 13)
Monday or Wednesday: 6:30 p.m. to 7:30 p.m.
École Notre-Dame-de-Lorette, Gymnasium
 \$60, ages 16+

ZUMBA TONING GOLD 50+

This fitness class combines dance and muscle toning with light weights. It is adapted for adults aged 50 and over to improve physical fitness and coordination.

Starting: September 29 (with no class on October 13)

Monday (10 weeks): 12 p.m. to 1 p.m. **or**
Wednesday (11 weeks): 10:45 a.m. to 11:45 a.m.
Omni-Centre
 \$50 - \$55, ages 50+

INDOOR BADMINTON AND PICKLEBALL

Clean espadrilles mandatory.
Bring your own equipment.
From, September 7, 2025



Download the
 procedure of
 registration.

Omni-Centre, \$8/field/hour

*One-hour reservation per residential address

FREE BADMINTON

Sunday: 1 p.m. to 5 p.m.

FREE PICKLEBALL

Tuesday: 3 p.m. to 5 p.m.
 Friday: 4 p.m. to 6 p.m.

REGISTRATION

Online (Residents only)

Go to the website and click on **Registration Sport Plus** in the top menu (**reservations required**). Residents can reserve their spot 5 days in advance, between 8 a.m. and midnight.

By phone

Residents: From Monday to Thursday before the open badminton dates, between 8:30 a.m. and noon and from 1 p.m. to 4:45 p.m., as well as on Friday from 8:30 a.m. to 12 p.m., by calling 514-453-8981, extension 229.

Non-residents: If there is still space available, you can register one business day before the open badminton dates by phone only by calling 514 453-8981, ext. 229.

MUSCLE TONE

This is a class of varied intensity that uses a range of exercises aimed at increasing muscle tone and strength.

École Notre-Dame-de-Lorette, Gymnasium

Starting: September 25

Thursday: 7:30 p.m. to 8:30 p.m. (12 weeks)
 \$60, ages 16+

Sunday: 9:30 a.m. to 10:30 a.m. (11 weeks, no class on October 12)
 New instructor: Rachel Ellison
 \$50 - \$55, ages 16+

ACTIVITIES AT THE CITÉ-DES-JEUNES ARENA**PUBLIC SKATING Free**

Every Saturday from 8 p.m. to 10:20 p.m.
 From October 4 to March 28 (inclusive)
 Additional days, 1 to 3:50 p.m.:
 October 10; November 14 and 28; December 22 and 26;
 January 2 and 26; March 2 to 6.

CITÉ-DES-JEUNES ARENA

(2580 rue Paul Gérin-Lajoie, Vaudreuil-Dorion, QC J7V 9H8)

Wearing a protective helmet is recommended.

Proof of residence required

**Drop-in Hockey**

Come play hockey from 9:30 a.m. to 12:30 p.m.
 on the following dates:

October 10; November 14 and 28; December 22 and 26;
 January 2 and 26; March 2 to 6*.
 *If the outdoor rink is closed for hockey.

SOCIO-CULTURAL ACTIVITIES Offered by the Town**PAINTING WORKSHOP**

In the first part of the class, the instructor will teach a painting technique. In the second part, participants can paint their own work and receive personalized guidance from the instructor.

Starting September 22 (10 weeks, with no class on October 13)

Monday: 1:30 to 4:30 p.m. or 6:30 to 9:30 p.m. **Omni-Centre** • 150\$, adults

WATERCOLOUR WORKSHOP

Exploration of basic watercolour concepts. Intended for beginners, but experienced artists are also welcome.
 Materials provided.

Starting September 24 (10 weeks)

Wednesday: 7 to 8:30 p.m. **Omni-Centre** • \$75, ages 12+



INTERCULTURAL Festival INTERCULTUREL

6 music shows
free activities
for children
More than 30 kiosks!

SEPTEMBER 20 2025
11 a.m. to 4 p.m., Bellevue Park

Music Shows

11:10 a.m.	Hui O Keikiali'i Hawaï	
12:00 a.m.	Mike Paul Kuekuatsheu Innu	
12:50 p.m.	Forro Rasta Paix Brésil	
1:50 p.m.	Costello Irish Dance Irlande	
2:20 p.m.	Carine au Micro Bénin	
3:10 p.m.	Tarikuna Andes	

Free Activities

- Inflatable games
- Face painting
- Henna
- Cookies decoration
- Water games
- Origami NEW
- Lei making, NEW
registration required on Sport+

JOIN THE ORGANIZING COMMITTEE FOR
THE 2026 EDITION BY CONTACTING
S.MARTEL@VILLEPINCOURT.QC.CA

More than 30 Kiosks

Food, craft sales and
community services

- Gift basket draw NEW
- \$5 tasting menu



Calendar of

FREE

ACTIVITIES AND EVENTS



For more information on our activities, please visit our Website : www.villepincourt.qc.ca
Info: 514 453-8981, ext. 229

SEPTEMBER 2025

SKATE COMPETITION: P-TOWN CUP

The competition is for local youth and is divided into two categories:
ages 12 and under, and ages 13 and up. There are cash prizes to be won.
Music and various activities will be on site.

Saturday, September 6, from 12 p.m. to 4 p.m.

Olympique Park

Registration in advance or on site the same day from 11 a.m. to 12 p.m.



MURAL INITIATION

Come learn the art of graffiti.

Sunday, September 7, from 1 p.m. to 3 p.m.

Olympique Park

SOUP FESTIVAL

Come and cheer on your town at the Notre-Dame-de-l'Île-Perrot Soup Festival!

Sunday, September 7, from 12 p.m. to 4 p.m.

Parc historique de la Pointe-du-Moulin, NDIP

VOLUNTEER APPRECIATION NIGHT



Eligible volunteers will receive their invitation through the Recreation Department. For more information, please check with the president of your organism.

FREE WORKSHOP: Letter to Santa

November 20 to December 2

Help your kids write their letter to Santa in a space specially set up at the library! Children can get comfortable at a workspace designed just for them and write their dearest wishes. They'll then have the unique opportunity to give them directly to Santa at the Omni-Centre next Saturday, December 6th!



OCTOBER 2025

AIRBRUSH INITIATION

Come learn the art of airbrushing and leave with your own artwork on a cap

Sunday, October 5, from 1 p.m. to 3 p.m.

Olympique Park

THE GRANDE MARCHE

The Grande Marche is being organized again this year by the Quebec Federation of General Practitioners and the Grand défi Pierre Lavoie. You can also take part in "**Je marche à la maison**" if you prefer to participate in the event individually.

Register on the event's website for a chance to win one of 50 "Grand Marcheur" jackets:

<https://onmarche.com/>

Sunday, October 19

Warm-up: 10:15 a.m. / Start: 10:30 a.m.

Olympique Park

3 or 5 km



HALLOWEEN IN PINCOURT!

**Friday, October 31,
from 5:30 p.m. to 8:30 p.m.**

Omni-Centre



Haunted House: Alice in Wonderland

Come and brave our haunted maze.

Ages 7 and +

Various Activities and Candy Distribution

Inflatable games for toddlers and guaranteed thrills for all ages!



NOVEMBER 2025

PILATES INITIATION

This winter, we will be offering a Pilates class every Sunday morning with Diane Pagé. Come and try this sport that combines strength, balance, breathing, and flexibility.

Sunday, November 16, from 10:45 a.m. to 11:45 a.m.

Location: École Notre-Dame-de-Lorette, Gymnasium

Free, registration via LS+



PINCOURT CHRISTMAS MARKET

Saturday, Novembre 22 and Sunday Novembre 23, from 10 a.m. to 4 p.m.

Omni-Centre

This activity is organized by the Cercle de Fermières de Pincourt.

Information: Josée Giroux at 514 922-1673 or jozeegiroux@gmail.com



DECEMBER 2025

CHRISTMAS PARTY

Saturday, December 6, from 9 a.m. to 3:30 p.m.

Omni-Centre

Free



Variety of activities

Come and participate in a host of fun activities with a holiday theme. Don't forget to bring your letter for Santa Claus! Open to all, no reservation required.

Visit with Santa Claus

Come take a photo with Santa and take the opportunity to tell him about all the wonderful gifts you'd like to find under the tree.

Mandatory Registrations via Sport-Plus, starting November 3

Ages: 10 and under

This activity is for Pincourt residents only; proof of residency is required.



CHRISTMAS CONCERT WITH GENEVIÈVE LECLERC - NEIGE

Friday, December 12, at 7:30 p.m.

Location: St. Patrick's Church

Doors open at 7 p.m. Seating is first-come, first-served.

Tickets: \$20 via Sport-Plus



Tickets will go on sale starting October 20. Limited seating

YOUTH CULTURE SERIES: KOUNGA AT THE NORTH POLE SHOW

Just a few days before Christmas, Jingles has an unusual visitor: Kounga, a cute little monkey who is staying for a few days. Not wanting to leave him home alone while he works at the North Pole Toy Factory, Jingles decides to sneak him into his sweater. But oh no! Jingles doesn't know that Kounga is going to escape and get into all sorts of mischief!

Sunday, December 14, at 1:30 p.m. French only.

Ages: 5 to 11

Free

No reservations required.

Omni-Centre



CONTACT US 514 453-8981

TOWN HALL

Regular hours: Mon. to Thurs.: 8 a.m. to noon and 1 p.m. to 4:45 p.m.

Fri.: 8 a.m. to noon.

Administration and Finance Department option 1
Urban Panning Departmentoption 2
General Management, Town Clerk and Mayor's Office.....option 3
Human Resources Departmentoption 4
Emergency and Fire Protection Department option 7
Communications Department.....option 8

RECREATION AND COMMUNITY SERVICESoption 6

Regular hours: Mon. to Thurs.: 8 a.m. to noon and 1 p.m. to 4:45 p.m.

Fri.: 8 a.m. to noon

PUBLIC SECURITY ext. 203

(Municipal Patrol)

MUNICIPAL GARAGEext. 381

Regular hours: Mon. to Thurs.: 7:45 to 11:30 a.m. and 12 to 4 p.m.

Fri.: 7:45 to 11:45 a.m.

ÉCOCENTRE DE L'ÎLE 450 455-5434

750, Olympique Blvd., Pincourt (QC) J7W 7C8

Current hours: visit tricycle-mrcvs.ca

(Citizens/Environment/Ecocentre Network)

LIBRARY ext. 214

3-1-1 LINE: OUTSIDE BUSINESS HOURS

If an incident occurs outside our office hours (**evenings, weekends and holidays**),
call 3-1-1 immediately.

This line is for the following municipal interventions:

water breaks, sewer backups, security patrols, lost, dead or stray animals, etc.

OFFICE CLOSURE: PUBLIC HOLIDAYS

- Labour Day: September 1, 2025
- Thanksgiving: October 13, 2025



www.villepincourt.qc.ca