

INFO-PINCOURT

Winter 2026-2027, vol. 52

TOWN OF PINCOURT

CREDITS

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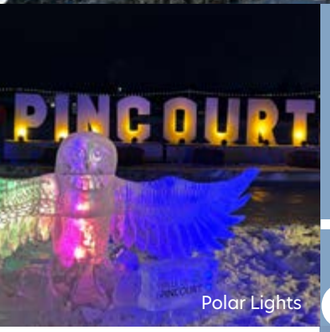
Photo credit : Ulysse Dubé Burelle

Sliding hill and skating loop at Olympique Park



Polar Lights

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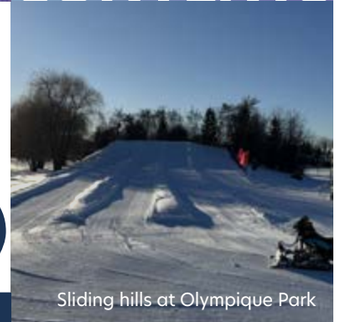

Sliding hills at Olympique Park

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A WORD FROM THE MAYOR

Dear residents,

The year 2026 brought many achievements for the Town of Pincourt. You can read about many of them in our year in review. Town Council and I are proud of the work done and everything accomplished to move our Town forward.

These achievements are the result of many people's hard work. I would like to thank the members of Town Council, as well as the teams in all Town departments, for their commitment, professionalism and dedication to the community.

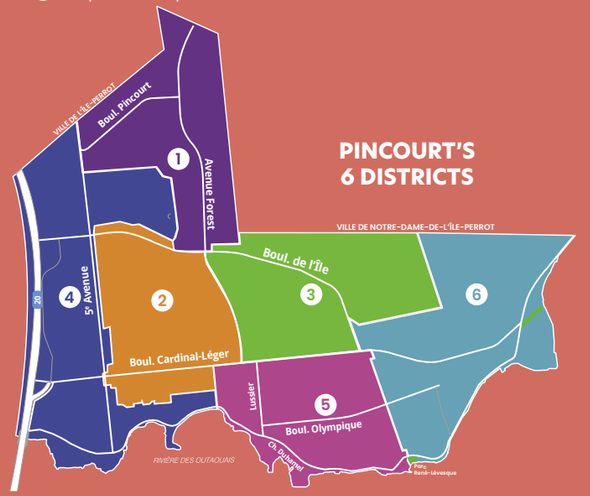
Exciting projects lie ahead in 2027. We will continue working to provide quality services and meet the needs of our community. Among the upcoming initiatives, a snow removal pilot project planned for 2027 will allow us to rely on an in-house team rather than a subcontractor. We are proud to support our municipal teams and draw on their expertise.

This winter, there will be activities for all ages and interests:

- WinterFest and Polar Lights
- Public skating and shinny hockey at the Cité-des-Jeunes arena
- Winter equipment loans at the winter station

On behalf of Town Council and myself, I wish you a wonderful end to 2026 and a fantastic 2027 filled with health, happiness and exciting projects.

Claude Comeau, Mayor
c.comeau@villepincourt.qc.ca 514 453-8981, # 325



MUNICIPAL COUNCIL



DISTRICT 1

Mario Demers
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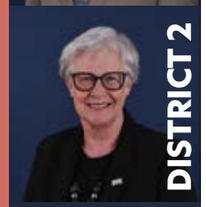
514 436-9258



DISTRICT 2

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DISTRICT 4

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2026 YEAR IN REVIEW

JANUARY - WinterFest and Polar Lights 2026






FEBRUARY
Exhibition at the library for Black History Month




MARCH
Seed Library - Library



APRIL Spaghetti Dinner Fundraiser – Pincourt / NDIP Firefighters' Association & First Responders (Station 6)



APRIL
Tim Hortons Quebec Smile Cookie Campaign



APRIL
Mayor's Blood Drive



MAY · Art Pathway Prize



MAY · Seniors' Day






JUNE · 3rd Miyawaki forest



Nautical Centre repainted



Civil Security Event



JULY · Inauguration of the AIP 5th artwork at Edgewater Elementary School





JULY · Opening of the dek hockey rink




AUGUST · New P-Town station




AUGUST · 44th annual Firefighters' Day





SEPTEMBER · Soup Festival



SEPTEMBER · Intercultural Festival



SEPTEMBER · Inauguration of the 6th AIP mural at Couvre-Planchers Pincourt



SEPTEMBER · Inauguration of the signs at Laflèche-Rousseau Woodland



SEPTEMBER · Culture Day



CONTAMINATION CULTURELLE travelling exhibition



OCTOBER · Volunteer Appreciation Evening



OCTOBER · Grande Marche Défi Pierre Lavoie



OCTOBER · Fire station Pincourt 6 open house



2026 Sports Scholarship Awards

The Town of Pincourt would like to congratulate these young athletes who proudly represent our community on the sports scene! Financial support was provided to help them pursue their passion.



Rafael Cortez, accompanied by Mayor Claude Comeau.



Nathan Dorvillier, accompanied by Mayor Claude Comeau.



The ringette team, accompanied by Mayor Claude Comeau.



Liam Rheault, accompanied by Mayor Claude Comeau.



Alexis Langlois and Coralyne Bourassa, accompanied by Mayor Claude Comeau.



Blake Richardson, accompanied by Mayor Claude Comeau.



Liann Rozon, accompanied by Mayor Claude Comeau.



Ibrahim Gueye, accompanied by Mayor Claude Comeau.

2026 Student Scholarship Awards

Over the past few months, students who worked for the Town of Pincourt during the summer have each received a $250 student scholarship.



Anna Gondela, accompanied by Public Works Director Philippe Renaud; Human Resources Coordinator Larissa Mitri; and Mayor Claude Comeau.



Olivier Lafleur, accompanied by Human Resources Director Sharon Dol; Recreation and Leisure Coordinator Cindy Lessard; the Coordinator of Seasonal Employees Jean Laflèche and the Mayor Claude Comeau.



Kieran Cabana, accompanied by Human Resources Director Sharon Dol; Recreation and Leisure Coordinator Cindy Lessard; the Coordinator of Seasonal Employees Jean Laflèche and the Mayor Claude Comeau.



Emilie Gougeon, accompanied by Human Resources Coordinator Larissa Mitri; Recreation and Leisure Coordinator Cindy Lessard; and Mayor Claude Comeau.



Emma Hunter, accompanied by Human Resources Coordinator Larissa Mitri; Recreation and Leisure Coordinator Cindy Lessard; and Mayor Claude Comeau.



Justin Fontaine, accompanied by Human Resources Larissa Mitri; Public works Director Philippe Renaud; Foreperson Marie-Hélen Dionne; and Mayor Claude Comeau.



Ayah Haddadi, accompanied by Human Resources Coordinator Larissa Mitri; Recreation and Leisure Coordinator Cindy Lessard; and Mayor Claude Comeau.



Felix Gendron, accompanied by Human Resources Coordinator Larissa Mitri; by Head of the Urban Infrastructure Management Division Judith Préfontaine; and Mayor Claude Comeau.



Clara Yankovsky, accompanied by Human Resources Coordinator Larissa Mitri; Recreation and Leisure Coordinator Cindy Lessard; and Mayor Claude Comeau.



Cyril Guingab, accompanied by Human Resources Director Sharon Dol; Recreation and Leisure Coordinator Cindy Lessard; and Mayor Claude Comeau.


CRD Photo

WORK COMPLETED IN THE TOWN IN 2026




Infrastructure rehabilitation work on Leduc Street.



Safety improvements to the pedestrian crossing across from Trotter Park.




Resurfacing and water main lining on 7th Avenue

TREE PLANTING RECAP

In 2026, **720 trees were planted**: 700 for a third Miyawaki forest at Olympique Park and 20 large-caliper trees in green spaces and medians.

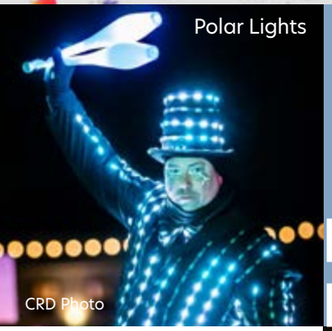


SCHOOL CROSSING GUARD WEEK

School Crossing Guard Week took place from October 26 to November 1. We took the time to thank them for their daily work, which helps keep Pincourt students safe. Thank you again!






Polar Lights

CRD Photo

LATEST NEWS

Wipes Awareness Campaign

This autumn, the Municipality conducted an awareness campaign regarding the harmful effects of flushing wipes and other hygiene products down the toilet.

The campaign helped dispel the misconception that wipes labeled "flushable" break down quickly. In reality, they can cause blockages, damage infrastructure, and lead to sewage backups in your own home. They can also hinder the work of municipal staff and harm the environment, as particles may end up in local waterways.

By avoiding the disposal of these items in the toilet, you help prevent plumbing issues and reduce municipal costs associated with clearing blockages and maintaining pumps.

Let's make a change: please stop flushing wipes and hygiene products down the toilet. Only human waste and toilet paper should be flushed.



A Look Back at the Public Security Awareness Campaign

During the fall, a public safety awareness campaign was conducted to reiterate regulations regarding parks, nuisances and noise, parking, animals, and winter parking. You can view the campaign on the Town's Facebook page.



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Christmas Tree Toss at Polar Lights

CRD Photo

Coffee
With Your Mayor

Sunday, February 21
9:30 a.m. to 11 a.m.

Pincourt Library

Come enjoy a nice morning coffee with your mayor, Mr. Claude Comeau. It will be a pleasant coffee break accompanied by friendly conversation, during which Mr. Comeau will introduce you to the wide range of recreational and artistic activities available to you soon.

We look forward to seeing you on Sunday, February 21, at 9:30 a.m. at the library.

Please RSVP by email to:
s.grenier@villepincourt.qc.ca
by February 18, 2027.

PINCOURT

Looking Back at the 2026 Dream Flight

On November 4, 2026, six young Pincourt residents flew to Orlando for a magical day at Disney World thanks to the Dreams Take Flight Montréal Foundation and the support of Air Canada.

The Town nominated six young Pincourt residents for this magical adventure, based on referrals from the three local elementary schools and the local food bank.

The **Town of Pincourt Employees' Community Assistance Fund also contributed to the cause** by providing financial support for the annual golf tournament organized by the *Friends of the Dreams Take Flight Montréal Foundation*. This contribution, combined with the Town's logistical support, greatly aided the fundraising efforts essential to the project's success.

"Once again, Dreams Take Flight gave children an extraordinary experience at Disney World. We are proud to have helped make this dream come true and given them moments of joy and wonder, along with unforgettable memories," said Pincourt Mayor Claude Comeau.



Photo credit: Dreams Take Flight Montréal







CRD Photo

COUNCIL MEETINGS



At municipal council meetings, elected officials come together to make decisions in the best interests of Pincourt residents, in the form of bylaws or resolutions. The mayor may also call special meetings during the year as needed.

When and where:

- 2nd Tuesday of each month, 7 p.m., with some exceptions
- René-Fournier Room, Omni-Centre (375 Cardinal-Léger Blvd.)

December 8 | January 19 | February 9 | March 9

Special meeting - Adoption of the 2027 budget:
To be determined...

ADOPT A FIRE HYDRANT 2026-2027

We need your help after every snowfall: clear a fire hydrant in your neighbourhood for a chance to win prizes!

STEPS:

1. Clear snow from around the hydrant (1.5 metres on all sides);
2. Take a photo of your work;
3. Send it to incendie@villepincourt.qc.ca



Details & rules: Adopt a Hydrant Contest

PRIVATE SNOW REMOVAL CONTRACTORS

If you are a private snow removal contractor operating in Pincourt, make sure you obtain a permit sticker for the 2026-2027 winter season.

Please complete the following form:
Snow Removal Contractor Permit Application
For a renewal, please tell us only about any changes. You do not need to complete a new form.

Please remember that **dumping or throwing snow or ice onto public property and roads is prohibited**, as is dumping it into waterways, at the ends of culverts or around fire hydrants.



INCENTIVE PARKING LOTS

For the winter, you can purchase a permit for one of the available parking spaces.

Permit cost: $50 per vehicle
Payment: cash, cheque or Interac
The fee covers the cost of snow removal and maintenance for the parking spaces.
Permit validity: 2026-2027 winter season
Procedure: Complete the overnight parking form
Send it to: reception@villepincourt.qc.ca



Photo credit : Antoine Latulippe

USEFUL REMINDERS



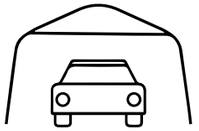
SPECIAL COLLECTIONS

Cardboard and excess recyclables collection:
January 5, 2027

Christmas tree collection:
week of January 11, 2027



SHELTERS INSTALLATION



Temporary winter shelters:

- **Only one seasonal car** shelter is permitted per property, **from October 15, 2026, to April 15, 2027,** and it must be installed in a parking space.

Caution: Remember to clear snow from your temporary shelters to prevent them from collapsing.

Summer recreational equipment (boats, trailers, etc.):

- The **deadline** for parking and storing this equipment is **November 15.**





WINTER PARKING RULES

Night Parking: Midnight to 7 a.m.

From November 15 to April 1, check whether street parking is permitted or prohibited between midnight and 7 a.m. by listening to the voice message, available starting at 5 p.m., at 514 453-8981.

PLEASE NOTE : No Parking signs on town streets take precedence over notices allowing street parking.

Parking permit in incentive parking lots

No need for daily checks: your space remains available at all times, snow removal operation or not! For more information, please consult the FAQ section of the Town website.

Day parking: 7 a.m. to midnight

Even-numbered days: park on the side of the street with evennumbered addresses;
Odd-numbered days: park on the side of the street with oddnumbered addresses.



514 453-8981

FIRE SAFETY: Fire Prevention Tips for the Holiday Season

CHRISTMAS TREE

- **Choose an artificial tree** to reduce the risk of fire.
- If you choose a **real tree, water it regularly** to prevent it from drying out.
- Place the tree **at least 1 metre away from heat sources**, and do not block emergency exits.
- Use **certified light strings and low-heat bulbs**.
- **Turn off the lights** before going to bed or leaving home.

CANDLES

- Place **candles in glass containers** designed for this purpose, away from flammable materials.
- Place them **on a stable surface**, out of reach of children and pets.
- **Extinguish all candles** before leaving a room or going to sleep.
- **Choose battery-operated candles** whenever possible.

CHRISTMAS LIGHTS AND STRING LIGHTS

- **Choose string lights that are certified** by CSA or ULC, and opt for LED bulbs.
- Check the condition of electrical cords and extension cords before using them.
- Do **not connect more than three strings of lights to the same extension cord**.
- Do **not run cords** under rugs, through doorways or **in places where they could be damaged**.
- Use a timer or **turn off the lights** before going to bed or leaving home.

SPACE HEATERS

- **Turn off the heater** when you leave the room or before going to sleep.
- Keep **at least 1 metre of clear space around the heater**. (1m & +)
- Use a ULC- or CSA-certified heater according to the manufacturer's instructions.
- **Plug it directly into a wall outlet**, without an extension cord, and do not plug any other device into that outlet.
- Do **not use it as a permanent source of heat**.

EVACUATION

In winter, clear snow from access routes to doors, windows, exits, balconies and stairways, including those in the basement. Make sure you know how to evacuate your home in every season.

SMOKE ALARM

Your smoke alarm is your best ally in the event of a fire.
Check that it works regularly by pressing the "TEST" button.

FIRE EXTINGUISHER

Learn how to use your fire extinguisher and keep it in an easily accessible place. In the event of a major fire or if a room is filled with smoke, evacuate and call 9-1-1. Do not try to put out the fire yourself. If you have any questions, contact your fire prevention officer at 514 453-8981, # 363.

2027 COLLECTION CALENDAR

TOWN OF PINCOURT

Organic waste | Recycling | Bulk Waste | Branches | Garbage | Green waste

JANUARY 2027

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FEBRUARY 2027

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MARCH 2027

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APRIL 2027

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MAY 2027

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JUNE 2027

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JULY 2027

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AUGUST 2027

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SEPTEMBER 2027

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OCTOBER 2027

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NOVEMBER 2027

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DECEMBER 2027

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Cardboard:
January 5 and July 6
Cardboard and excess recycling (in a clear bag)

Christmas trees:
week of Januray 11
Place the trunk towards the street

Reminder
Put your bin out on the side of the road, in the limits of your entryway, as of **6 p.m. the night before** the collection, so you don't miss it.

BULK WASTE

Bulk waste collection is held on the 4th Wednesday of the month from March to October.
Materials accepted: bathtubs, showers, sinks, furniture and mattresses, carpets, toilets.

GREENWASTE

May 6 and 20; June 3 and 17; July 1, 15 and 29; August 12 and 26; September 9 and 23, October 7 and 21 and November 4 and 18.
Residues accepted: garden residues, flowerbed residues, grass and leaves, lawn, hedge clippings, small branches less than 1 cm in diameter.

BRANCHES

Collection #1 in May: **Starts on May 17**
Collection #2 in October: **Starts on October 18**
NO REGISTRATION REQUIRED
In the event of bad weather causing damage, a special collection will be organized.

For more details: villepincourt.qc.ca/collection





RECREATION SPORTS & CULTURE

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PINCOURT Library

Located at: 225 Pincourt Boulevard, Pincourt, QC J7W 9T2
(inside École secondaire du Chêne-Bleu)

INFORMATION: 514 453-8981, ext. **214**
or **bibliotheque@villepincourt.qc.ca**

REGULAR HOURS

Monday: 9 a.m. - 8:30 p.m.	Thursday: 9 a.m. - 8:30 p.m.
Tuesday: 9 a.m. - 8:30 p.m.	Friday: 9 a.m. - 5 p.m.
Wednesday: 9 a.m. - 8:30 p.m.	Saturday: 10 a.m. - 4 p.m.
Sunday: Closed	

FRENCH LANGUAGE PRACTICE AND CONVERSATION GROUP With Chantal Darcy
January 22, February 19 and March 19 | 9:30 to 11:30 a.m.

Are you new to the area, looking to improve your French or hoping to help others practise? Come on your own or with your family to chat over a hot drink.

PYJAMA STORYTIME
With La boîte aux trésors | Free
Ages 2 to 5, accompanied by an adult

Stories and crafts to spark little ones' imaginations in a warm, welcoming setting.
In French: 1st Tuesday of the month
January 5, February 2 and March 2 | 6:30 to 7:30 p.m.
In English: 1st Wednesday of the month
January 6, February 3 and March 3 | 6:30 to 7:30 p.m.

ADAPTED STORYTIME
With Vanessa Pyram | Free
Ages 2 to 10 | Children with special needs, accompanied by an adult

Designed to accommodate each child's pace and needs, this activity features stories, sensory exploration and interactive games in a calm, welcoming setting.
French: Saturdays, February 27 and March 27 | 9:30 to 10:30 a.m.

REGISTER VIA LS+ SPORT-PLUS
or by phone at 514 453-8981, ext. 229.
Registration: December 7 to January 10, starting at 10 a.m.

DID YOU KNOW? SERVICES AND RESOURCES!

CHALLENGE ZONE: TAKE A BREAK AT THE LIBRARY!

Why not take your next break at the library? Make yourself comfortable and try one of our drop-in challenges! Whether you have a few minutes or a little longer, come take on a challenge on your own, with family or with friends.



New challenges await you throughout the year: a collaborative jigsaw puzzle to complete with other visitors; a giant Sudoku; giant arrowword puzzles; a chess set; a 3D model to assemble.

SENSORY KITS TO BORROW!



This February, bring well-being home with you! Discover our new sensory kits, designed to support children as they relax and explore. Filled with a variety of sensory tools, they invite children to discover, handle and experiment while encouraging calm and concentration. A wonderful way to extend the sensory experience beyond the library!



To make your visit even more enjoyable, treat yourself to a coffee or hot chocolate (available for purchase on-site), then settle into an armchair and relax at your own pace. Come visit us...

THE SENSORY CABIN

Coming in April 2027: a cozy little haven in the heart of the library! Discover our new sensory cabin, a space specially designed for children. In a calm, soothing setting, little ones can explore different textures, discover sensory materials, listen to audiobooks or simply enjoy a moment of relaxation. A welcoming place where everyone can explore, recharge and take a break at their own pace.



Book your LIBRARIAN

Every Friday, you can book a **30-minute session with your librarian** between 9 a.m. and noon for help with your tablet, e-reader or e-books, or to learn how to navigate our catalogue. Personalized service to answer all your questions.

A collection of games... to borrow

Borrow board games for all ages free of charge!

Video game console loans: Get your controllers ready!

The library lends Nintendo Switch consoles! Borrow one for free and enjoy your favourite games at home!

New collection: EARLY LEARNING KITS

Discover our new early learning kits, designed to inspire a love of reading in little ones! Introduce your children to classic children's stories and today's favourite characters through books, figurines of their favourite characters and plenty of surprises to explore. Each kit turns reading into a fun, immersive experience.



Library activities

REGISTER VIA LS+ SPORT-PLUS
or by phone at 514 453-8981, extension 229.
Registration: December 7 to January 10, starting at 10 a.m.

OPEN **TO ALL** CURIOUS **KIDS!**

All our children's activities are open to neurotypical and neurodivergent children. Does your child have special needs or require accommodations to participate in an activity?
PLEASE LET US KNOW WHEN YOU REGISTER.

ACTIVITIES AND CREATIVE WORKSHOPS **FOR CHILDREN** at the library

DATE

WORKSHOP **LEGO ROBOTICS - BUILD AND TAKE ON THE CHALLENGE! (AGES 8 TO 12)** Through fun challenges and interactive activities, children learn the basics of coding and are introduced to programming logic. Three workshops to explore the digital world while developing creativity, problem-solving skills and logical thinking.



Saturdays, January 16 and February 13
10:30 a.m. to 12:30 p.m.
Bilingual

WORKSHOP **THEATRE - YOUR TURN TO ACT! (AGES 6 TO 11)**
Let your imagination run wild! Through acting games, improvisation and fun role-playing scenarios, children discover the joy of theatre, build confidence and let their creativity shine. A wonderful opportunity to express themselves while having fun!



Saturdays, January 30 and February 20
10:30 a.m. to noon
Bilingual

WORKSHOP **INTERGENERATIONAL - OUR MEMORIES IN COLOUR: A COLLABORATIVE ARTWORK (AGES 6 AND UP)**
Children and their grandparents are invited to share their memories and turn them into a unique work of art! Using photographs, paint, coloured paper and textured materials, each group will create a collage inspired by their family history. All participants will take their creations home.



Saturday, February 27
10:30 a.m. to 12:30 p.m.
Bilingual

STORYTIME **ADAPTED - A STORY AT MY OWN PACE (AGES 2 TO 8)**
For children with special needs, accompanied by an adult.
Stories, sensory exploration and short interactive activities take place in a welcoming environment where everyone can participate at their own pace.



Saturday, February 27
9:30 to 10:30 a.m.
French

WORKSHOP **SCIENCE - ELECTROCHEMISTRY (AGES 8 AND UP)**
With Les Neurones atomiques
Discover the fascinating links between electricity and chemistry! Through interactive experiments, young people will explore how certain chemical reactions can produce electricity and how electricity can transform matter.
A workshop to spark scientific curiosity and make experimenting fun.



Saturday, March 13
10 to 11 a.m.
French

CONFERENCES AND ACTIVITIES **FOR ADULTS** at the library

DATE

WORKSHOP **INTRODUCTION TO EMBROIDERY - FIRST STITCHES**
Learn the basics of hand embroidery! Learn a few basic stitches and create a small decorative design to let your creativity flow.
A relaxing, beginner-friendly activity that introduces a traditional craft.



Thursdays, January 21 and February 4
4:30 to 6:30 p.m.
Bilingual

POP-UP READING NOOK **A LITERARY ESCAPE**
Shh... it's time to read! A well-deserved break from everyday life to immerse yourself in a warm, cozy world. A good book, music, a few treats and drinks create a cozy literary retreat. On your own or with friends, enjoy a relaxing moment with no set schedule. Here, time stands still... and stories come to life!



Without REGISTRATION

Thursdays, from January 21 to March 25
10 a.m. to 8 p.m.
Teens and adults

SPY MISSION **ARE YOU UP TO THE CHALLENGE?** Virtual
The Secret Security Service is recruiting new agents! From the comfort of your home, dive into a virtual escape game where observation, logic and teamwork will be your greatest assets. Participation details will be emailed to those who register.



Saturday, February 20
8 to 9:30 p.m.
Ages 16 and up
Bilingual

CREATIVE WORKSHOP **- REPAIR AND EMBELLISH YOUR CLOTHES**
What if damaged clothes could become original creations? This workshop introduces creative textile repair, or "visible mending," an approach that turns holes and tears into decorative patterns using embroidery and colourful threads. Bring a garment in need of repair and give it a second life in a creative, affordable and eco-friendly way.



Saturday, February 27
1 to 3 p.m.
(ages 16 and up)
Bilingual

WORKSHOP **IMMERSIVE TRAVEL PRESENTATION: MADEIRA, THE PEARL OF THE ATLANTIC**
Explore the island of Madeira without leaving your seat through an immersive virtual reality experience. Discover its volcanic landscapes, towering cliffs, picturesque villages and the mysterious Fanal Forest. Fascinating stories and cultural discoveries will transport you to the heart of this Portuguese gem.

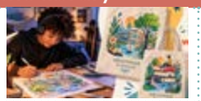


Saturday, March 13
1 to 3 p.m.
French

ACTIVITIES AND CREATIVE WORKSHOPS **OPEN TO ALL** at the library

DATE

DRAWING CONTEST **DESIGN THE LIBRARY'S NEXT BAG!**
Inspired by the theme "My Library, My Pincourt," create an illustration that could appear on the library's new bags.



Without REGISTRATION

January 10 to February 28

THE DROP-IN **CRAFT TABLE**
The library offers the community a self-serve creative space for painting, drawing, collage, origami, crafts and more. New materials and techniques are offered each month. This activity is open to all skill levels and can be enjoyed on your own, with family or with friends. All materials are provided.



Without REGISTRATION

Wednesdays, January 20, February 17 and March 17
5 to 8 p.m.

ACTIVITIES AND CREATIVE WORKSHOPS **OPEN TO ALL** at the library (continued)	DATE
MULTICULTURAL **MUSIC AND RHYTHMS OF THE WORLD** With Saya Percussions. This workshop takes you on a musical journey around the world. To the beat of the djembe and other percussion instruments, participants will discover the richness of musical traditions from different cultures. On the program: dance, games, collaborative creation and a celebration of cultural diversity in a festive atmosphere. 	**Saturday, January 23** 10:30 to 11:30 a.m.
COMMUNITY **WORDS THAT WARM THE HEART: VALENTINE'S DAY** For Valentine's Day, this workshop invites you to make a card with kind words for a member of the community. The cards will then be given to people who will appreciate the thoughtful gesture.	**Saturday, February 6** 10:30 a.m. to 12:30 p.m.

SOCIAL DEVELOPMENT

INTERCULTURAL COMMITTEE

Would you like to help organize the 2027 Intercultural Festival or the welcome reception for new residents?

Join our intercultural committee: s.martel@villepincourt.qc.ca.

COMITÉ INTERCULTUREL COMMITTEE

VILLE EN SANTÉ COMMITTEE

Follow the Healthy City Committee on social media to find Pino, the rabbit who moves around Pincourt from week to week. The committee is made up of volunteer residents.

COMITÉ Ville en santé DE PINCOURT



CALL FOR VOLUNTEERS

Interested in one of these activities? Contact us:
Jacqueline Lopez
514 453-8981, ext. 273
s.martel@villepincourt.qc.ca

HALTE-SÉNÉCHAL

The Town of Pincourt is looking for residents who would like to help bring Halte-Sénéchal to life.
Share your ideas and help organize simple activities that bring people together in this neighbourhood space.

Funded in part by the Government of Canada's New Horizons for Seniors Program | Canada

SEED CLUB

The volunteer team behind the Pincourt Seed Library is preparing hundreds of seed packets for you this spring! Come help the Seed Club package seeds for next year's Seed Library. Enjoy coffee, a snack and conversations about gardening in a friendly atmosphere.

INTERGENERATIONAL ACTIVITIES

The Town of Pincourt is looking for volunteers of all ages to share memorable moments with students at Edgewater and St. Patrick schools. Storytelling, creative activities and intergenerational conversations during school hours: all ideas are welcome!

ACTIVITIES FOR PEOPLE WITH DISABILITIES

WE WANT TO BE INCLUSIVE!

Do you have concerns about the accessibility of an activity, or have you encountered a barrier? Contact us—we'll be happy to explore possible solutions with you: loisirs@villepincourt.qc.ca

RECREATION COMPANION CARD

Pincourt accepts the Recreation Companion Card, which allows a companion to participate in our activities free of charge.

CAL LAISSEZ-PASSER LOISIR POUR MON ACCOMPAGNATEUR

Did you know that the library has a section of **specialized resources** to meet the needs of autistic people and anyone with special needs?

- **Sensory toys**
- **Audiobooks**
- **And many other adapted resources**



Come explore them and borrow the ones that could make a real difference for you or your loved ones!

ZEN ZONE

Visit the **Zen Zone** at WinterFest. The Zen Zone offers a quiet space where children with special needs can unwind.

ADAPTED WINTER SPORTS EQUIPMENT – AVAILABLE AT ALL TIMES

FREE

Available during equipment rental hours, depending on where the equipment you need is located.



Cross-country ski sled
At the Notre-Dame-de-Fatima Outdoor Centre



Ice sled
At the Winter Station

Olympiques spéciaux Québec

SNOWSHOEING WITH SPECIAL OLYMPICS

Special Olympics Québec offers an inclusive, recreational snowshoeing activity on Pincourt's trails. Open to everyone, including people with intellectual disabilities, this activity is a chance to get moving, socialize and enjoy the outdoors.
Saturdays, 10 a.m. to 11:30 a.m., January 9 to April 3, 2027, weather permitting.
Cost: $15 for the season.
Information and registration: soqvs.coordinator@gmail.com.





Frosted Adventures

This winter, **get moving** and **enjoy** sports activities!



OUTDOOR SKATING

Skate on one of our outdoor rinks.

- Taillon Park (skating rink)
- Shamrock Park (skating rink)
- Olympique Park (skating rink and ice loop)

Rinks are open depending on the weather and ice conditions.

To check rink conditions, scan the QR code to visit the Town's website.

SNOW SLEDDING

Come sled down our hills! Follow us on social media to find out when the hills open. Check the Town's website for updates on sledding conditions based on the weather.

- Olympique Park
- Taillon Park



Public Skating (Cité-des-jeunes Arena)

OCT

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	Public Skating 12 p.m. to 2:15 p.m.	Public Skating 1 p.m. to 3:50 p.m.	Public Skating 3:30 p.m. to 5 p.m.
RESIDENTS Pincourt,NDIP and Terrasse-Vaudreuil	FREE*		
NON-RESIDENTS All other towns	2 to 11 yrs ..... $ 3 12 yrs and plus ..... $ 5		

* Pincourt and Terrasse-Vaudreuil residents: upon presentation of proof of residence
NDIP resident : upon presentation of of the NDIP Access card or any other proof of residence

Shinny Hockey (Cité-des-jeunes Arena)

2026/27

NOV

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MAR

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	Shinny Hockey 2 à 11 ans 9:45 a.m. to 11:15 a.m.	Shinny Hockey 12 et plus 11:30 a.m. to 12:50 p.m.	Shinny Hockey* All ages 9:45 a.m. to 12:50 p.m.
RESIDENTS Pincourt, NDIP and Terrasse-Vaudreuil	FREE**		
NON-RESIDENTS All other towns	2 to 11 yrs ..... $ 3 12 yrs and plus ..... $ 5		

* Only if the refrigerated skating rink at Parc des Éperviers (89, rue de la Rivelaine, NDIP) is closed

** Pincourt and Terrasse-Vaudreuil residents: upon presentation of proof of residence
NDIP residents : upon presentation of the NDIP Access card

WINTER STATION

THE WINTER ACTIVITY AREA

Near the sledding hill at Olympique Park

FREE

- Skating aids • Ice bikes • Snow tubes
- Snowskates with helmets

Helmets are recommended for these activities.

From December 19 to March 7, weather permitting.

Saturday, 1 p.m. to 8 p.m. Sunday, 10 a.m. to 6 p.m.

Open during the holidays: December 21, 22, 23, 28, 29 and 30, and January 2, from 10 a.m. to 6 p.m.
Spring break: March 1 to 5, from 10 a.m. to 6 p.m.





Hike in the LAFLÈCHE-ROUSSEAU woodland

Explore the Laflèche-Rousseau woodland this winter! Enjoy a pleasant walk in nature, breathe in the fresh air, admire the biodiversity and discover the educational signs along the trail.



CROSS-COUNTRY SKIING

Come ski the Skieurs de l'Île trails. More than 30 km of maintained, marked trails on Île Perrot.

Registration:

- **Omni-Centre** Thursday, Nov. 26 and Friday, Nov. 27 from 6 p.m. to 9 p.m. Saturday, Nov. 28 from 10 a.m. to 5 p.m. Sunday, Nov. 29 from noon to 4 p.m.
- **By mail** ($2 postage fee) Skieurs de L'Île, 129 Martel, Pincourt, QC, J7W 8E6
- **Online starting November 30:** www.Pleinairfatima.ca/activites-hivernales
- For more information: Skieurs de l'Île Facebook page



Sharing the trails

Walking and snowshoeing are permitted on trails 9, 10 and 15 (starting point: Centre de golf Pincourt).

Please do not walk on the cross-country ski trails.

Cost (through November 29):		
Family: $25	Individual: $20	Ages 50 and over: $17
Cost (starting November 30):		
Family: $30	Individual: $23	Ages 50 and over: $20

Free cross-country ski equipment loans for Pincourt residents under 17
Where: At Centre Notre-Dame-de-Fatima (2455 Perrot Blvd., NDIP)
When: Saturday and Sunday, from 9:30 a.m. to 5 p.m.

(Holidays and spring break: hours depend on weather conditions) Skieurs de l'Île trail access fee not included. Proof of residency is required to qualify for free equipment loans.

SPORTS ACTIVITIES offered by the Town

REGISTER VIA LS+ SPORT-PLUS

Let's get moving, this winter!

Registration for resident: December 7 to January 10, starting at 10 a.m.
Registration for non-resident*: Dec. 14 to Jan. 10, starting at 10 a.m.
Information: 514 453-8981, ext. **229**

Starting January 11, 10-weeks session
Unless otherwise indicated

All classes will pause for spring break, March 1-7.

Flat-rate pricing
$6 per class hour
*Additional $10 fee per session for non-residents

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	S	SUNDAY
Noon to 1 p.m. **ZUMBA GOLD** Nicole - $60 OMNI-CENTRE 50+	**9:45 to 11 a.m.** **Advanced NORDIC WALKING** Diane - $75 BELLEVUE PARK	**10:30 a.m. to noon** **ALL-LEVELS YOGA** Susan - $90 OMNI-CENTRE	**9:45 to 10:45 a.m.** **NORDIC WALKING** FOR ALL LEVELS Diane - $60 BELLEVUE PARK	**10:30 a.m. to 12 p.m.** **CHAIR YOGA** Susan - $90 OMNI-CENTRE 50+		**9 to 10 a.m.** **MUSCLE TONING** Rachel - $60 N-D-L School
1:15 to 2:15 p.m. **CIRCUIT TRAINING*** BEGINNER Rachel - $60 OMNI-CENTRE 50+	**10:30 a.m. to noon** **CHAIR YOGA** Susan - $90 OMNI-CENTRE 50+	**10:45 to 11:45 a.m.** **ZUMBA GOLD** Nicole - $60 OMNI-CENTRE 50+	**6:30 to 7:30 p.m.** **ESSENTRICS** Lori - $60 N-D-L SCHOOL	**Noon to 1 p.m.** **CIRCUIT TRAINING*** INTERMEDIATE Patricia - $60 OMNI-CENTRE 50+		**10:15 to 11:15 a.m.** **PILATES** Diane - $60 N-D-L School
6:30 to 7:30 p.m. **CARDIO INTERVAL** Patricia - $60 N-D-L SCHOOL	**6:00 to 7:15 p.m.** **BEGINNER YOGA** Susan - $75 OMNI-CENTRE	**12 p.m. to 1 p.m.** **CIRCUIT TRAINING*** INTERMEDIATE Eleonora - $60 OMNI-CENTRE 50+	**7:45 to 8:45 p.m.** **MUSCLE TONING** Patricia - $60 N-D-L SCHOOL	**1:15 to 2:15 p.m.** **CIRCUIT TRAINING*** BEGINNER Patricia - $60 OMNI-CENTRE 50+		**10:30 to 11:30 a.m.** **TAI CHI **** Alicia - $48 OMNI-CENTRE
7:45 to 8:45 p.m. **ABS AND GLUTES** Patricia - $60 N-D-L SCHOOL	**6:30 to 7:30 p.m.** **MUSCLE TONING** Rachel - $60 N-D-L SCHOOL	**1:15 to 2:15 p.m.** **CIRCUIT TRAINING*** BEGINNER Rachel - $60 OMNI-CENTRE 50+				**11:30 a.m. to 12:30 p.m.** **FILLACTIVE** Eleonora - $0 N-D-L School
	7:30 to 9 p.m. **INTERMEDIATE YOGA** Susan - $90 OMNI-CENTRE	**6:30 to 7:30 p.m.** **CARDIO INTERVAL** Patricia - $60 N-D-L SCHOOL				
	7:45 to 8:45 p.m. **ZUMBA** Nicole - $60 N-D-L SCHOOL	**7:45 to 8:45 p.m.** **ABS AND GLUTES** Patricia - $60 N-D-L SCHOOL				

For full descriptions of each class, please visit the website: sport-plus-online.com
* Formerly the 20-20-20 class. The class content remains the same. ** 8-week session



Indoor BADMINTON AND PICKLEBALL

Omni-Centre, $8/court/hour
*One-hour reservation per residential address
Clean athletic shoes required.
Bring your own equipment.



DROP-IN BADMINTON
Sunday: 1 to 5 p.m.
Starts January 3



DROP-IN PICKLEBALL
Tuesday: 3 to 5 p.m.
Friday: 4 to 6 p.m.

RESERVATIONS

Online (residents only)
Go to the website and click Sport Plus Registration in the top menu under **Recreation, Sports and Culture**. Reservations can be made five days in advance, between 8 a.m. and midnight.

By phone
Residents: Call 514 453-8981, ext. 229, Monday through Thursday before the drop-in badminton dates, from 8:30 a.m. to noon and 1 to 4:45 p.m., or Friday from 8:30 a.m. to noon.

Non-residents: If space is available, reservations may be made by phone only, one business day before the drop-in activity, at 514 453-8981, ext. 229.

Socio-Cultural Activities offered by the Town



PAINTING WORKSHOP

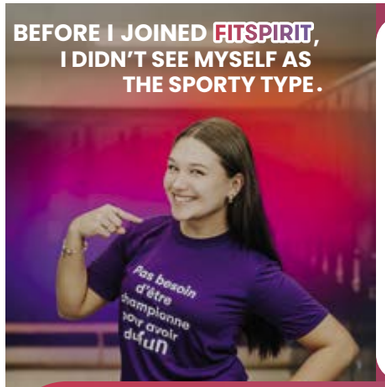
In the first part of the class, the instructor will teach a painting technique. In the 2nd part of the class, participants can paint their own work and receive personalized guidance from the instructor. With Manon Labelle
Monday: 1:30 to 4:30 p.m. or 6:30 to 9:30 p.m.;
Omni-Centre • $180, adults

WATERCOLOUR WORKSHOP

Explore the basics of watercolour painting. Designed for beginners, but experienced artists are also welcome. Materials provided. With Daniela Cretu
Wednesday : 7 to 8:30 p.m. • **Omni-Centre** • $90, ages 16+

Starting January 11, 10-weeks session. All classes will pause for spring break, March 1-7.

ACTIVITIES FOR TEENS ON ÎLE PERROT



GET MOVING WITH OTHER GIRLS!

In a welcoming atmosphere, without competition or judgment.

Invite your friends!

Free drop-in participation every week.
Registration is required through Sport-Plus from December 7 to January 10.
When: Sundays from 11:30 a.m. to 12:30 p.m.
Where: Meet at the gym at Notre-Dame-de-Lorette School, Pincourt
Who is it for? Girls ages 12 to 17 living on Île Perrot
A minimum of 6 registrations is required for the class to run.



Join your FITSPIRIT team!

ACTIVITIES FOR TEENS ON ÎLE PERROT

Are you between 12 and 18 years old and live on l'île Perrot?

JOIN YOUTH ACTION COMMITTEE (YAC)!



One monthly meeting at the Pincourt Library from 4:30 p.m. to 6 p.m. (supper included)

Register here:

For more information, you can contact Cindy Lessard, Recreation Coordinator at c.lessard@villepincourt.qc.ca or at 514 453-8981, ext.246.

COMITÉ ACTION-JEUNESSE COMMITTEE

Pincourts' FOOD DRIVE



From 9 a.m. on **Saturday, DECEMBER 5**

Volunteers will travel through the streets of Pincourt to collect non-perishable food items.

Together, let's make a difference this holiday season!

The Pincourt holiday food drive is back to help families in need!

Prefer to drop off your donations?
Drop them off at the OMNI-CENTRE
(375 Cardinal-Léger Blvd.)
from December 5 to 11, between 8 a.m. and 9 p.m.

Volunteers needed! Join the team to collect and sort food donations or prepare Christmas baskets.

Looking for another way to help?
Make a monetary donation at www.ndlorette.ca by selecting the Holiday Food Drive Fund.

To get involved or learn more:
guignoleepincourt@gmail.com

LIST OF COMMUNITY ORGANIZATIONS

Several community organizations offer activities for residents. To learn more, visit:
www.villepincourt.qc.ca/en/activities-offered-by-organizations



Sports organizations

- Women's softball
- Adult softball
- Men's softball, ages 25+
- Girls' minor softball
- Minor baseball
- Basketball – Cavaliers (L'Île-Perrot Basketball Association)
- Air Cadets (867 Vaudreuil-Dorion Squadron)
- Cycling (Club du Suroît
- Acrobatic gymnastics (Gymnastes de l'île)
- Recreational gymnastics and acrobatic sports (Gymini)
- Minor hockey
- Pincourt indoor hockey
- Judo (Judo Dojo Perrot Shima)
- Karate (Sankukan)
- Kin-Ball (Southwest Kin-Ball Association)
- Pincourt Pétanque League
- Indoor swimming (Club de natation les Citadins de VD)
- Figure skating (Vaudreuil Regional Figure Skating Club)
- Speed skating (Trois-Lacs Speed Skating Club)
- Trois-Lacs Little League (baseball)
- Pickleball
- John Abbott College pool
- Vaudreuil-Dorion pool
- Diving (Vaudreuil-Dorion Diving Club)
- Bowling (Second Mile Bowling League)
- Ringette (Ringuette 4 cités)
- Cross-country skiing (Skieurs de l'île)
- Soccer FC Trois-Lacs
- Recreational senior soccer
- Sportball (Sportball Québec)
- Tennis (club membership)
- Tennis lessons
- Proset Tennis (Adapted) Philip Manning
- Archery (Archers Perrotdamois)
- Recreational volleyball (Pincourt Recreational Volleyball League)
- Women's volleyball

Community organizations

- 211 Have you heard of 2-1-1?
- Seniors' club - Second Mile Club (English-speaking)
- Seniors' club (French-speaking)
- Cercle de fermières de Pincourt
- CCAVS
- Girl Guides (English-speaking)
- Horticulture (SHEIP)
- Pincourt Community Gardens
- Maison de la Famille
- MWCN
- Meals on Wheels (ages 65 and over)
- Community meals
- Scouts Canada (French-speaking)
- 16th Île Perrot–Pincourt Group
- Scouts Canada (bilingual/English-speaking group)
- Île Perrot Scouts

Cultural organizations

- Pincourt Bridge Club
- Comquat (French-language learning)
- Spanish (Academia Mistral)
- History and genealogy
- Birdwatching (Club Ornithologique VS)
- Pincourt Stamp and Coin Club



REGISTRATION: SPRING BREAK CAMP AT THE OMNI-CENTRE

Registration opens Monday, February 8, at 10 a.m.
Registration closes February 21.

Pincourt residents' children only; spaces are limited

Register online through Sport-Plus or call 514 453-8981, ext. 229

Join us for fun and discover all the exciting activities our camp counsellors have prepared for spring break.

PARTY PTown

Spring break
For teens

Saturday, February 27, 1 to 4 p.m. · Olympique Park

P-TOWN STATION BECOMES A SUGAR SHACK FOR AN AFTERNOON!

Music, axe throwing, maple taffy tasting and a variety of activities to celebrate the break in style!



Watch for our announcement in January for the full spring break schedule!

2 DAYS OF CELEBRATION! ALL ACTIVITIES ARE FREE

LUMIÈRES POLAIRES / POLAR LIGHTS

FRIDAY JANUARY 29, 6 P.M. TO 9 P.M.
OLYMPIQUE PARK

Illuminated evening where music and winter sports meet!

A hot chocolate sale will be available on-site.



Hiver en fête PINCOURT WinterFest 2027

SATURDAY JANUARY 30, 12:30 TO 4:30 P.M.
OLYMPIQUE PARK

Enjoy the traditional family winter festival:
Sledding, skating, and several other activities await you at the park.

Come celebrate winter with us!

CITY HALL
Regular hours: Mon. to Thu. : 8 a.m. to noon and 1 to 4:45 p.m.
Fri. : 8 a.m. to noon

Administrative and Financial Services.....option 1
Planning Department ..... option 2
General Management, Mayor's Office and City Clerk's Office ..... option 3
Human Resources Department.....option 4
Emergency and Fire Protection Department ..... option 7

RECREATION AND COMMUNITY SERVICES .....option 6
Regular hours: Mon. to Thu. : 8 a.m. to noon and 1 to 4:45 p.m.
Fri. : 8 a.m. to noon

PUBLIC SAFETY option 203 (municipal patrol)

MUNICIPAL GARAGE .....option 381

Regular hours : Mon. to Thu. : 7 a.m. to 3:15 p.m.
Fri. : 7 a.m. to 11 a.m.

ÉCOCENTRE DE L'ÎLE 450 455-5434
750 Olympique Blvd., Pincourt, QC J7W 7C8
For current hours, visit tricycle-mrcvs.ca
(Citizens/Environment/Ecocentre Network)

LIBRARY ..... ext. 214

3-1-1 LINE: AFTER HOURS
If an incident occurs outside our office hours—that is, **in the evening, on weekends or on statutory holidays—call 3-1-1 immediately.**
This line is for municipal services involving water main breaks, sewer backups, security patrols, lost, dead or stray animals, and other such matters.

OFFICE CLOSURES: HOLIDAYS
- Holiday season: December 23, 2026 through January 4, 2027, inclusive

CONTACT US
514 453-8981

www.villepincourt.qc.ca