



INFO- PINCOURT

Fall 2026, vol. 51

f @ in bciti+

TOWN OF
PINCOURT



CREDITS

- The Info-Pincourt newsletter is published by the Town of Pincourt.
 - Production: Communications and Citizen Relations Department
 - Legal deposit: Bibliothèque et Archives nationales du Québec
- www.villepincourt.qc.ca

Photo credit Olivier Langevin



Bellevue Park bike path

TABLE of CONTENTS



Bellevue Park

02

- 03 A Word From the Mayor
- 04 Summer in Action
- 06 Latest News
- 08 Useful Reminders
- 12 Recreation, Sports & Culture
- 12 Library
- 17 Sports and Social Activities offered by Organizations
- 18 Social Development
- 20 Sports and Social Activities offered by the Town
- 24 Calendar of Activities and Events
- 28 Contact Us



A WORD FROM THE MAYOR

Dear citizens,

The summer coming to an end has allowed us to come together for many activities and to move several projects forward for Pincourt. Firefighters' Day was once again a great success, bringing together young and old in a friendly atmosphere.

This summer, we also inaugurated a synthetic ball hockey (dek hockey) field. This new facility will allow enthusiasts to fully enjoy their sport in a suitable environment.

Several important projects are progressing in our neighbourhoods. The reconstruction work on Leduc Street is nearing completion, while the lining of water mains and paving work on 7th Avenue has begun. The safety improvement work at the Trotter crossing is almost finished.

Our community is also benefiting from the expansion of the Miyawaki forest located in Olympic Park. This initiative will help green our living environment and foster biodiversity.

The fall promises to be just as lively and you won't be bored. Activities, workshops, lectures and events will be offered for all ages and all tastes.

I invite you to take full advantage of this programming and to take part in the activities that will enliven our community.

Looking forward to seeing you at our fall activities!

Claude Comeau, Mayor
c.comeau@villepincourt.qc.ca
514 453-8981, ext. 325

MUNICIPAL COUNCIL



DISTRICT 1

Mario Demers
m.demers@villepincourt.qc.ca
514 436-9258



DISTRICT 2

Denise Bergeron
d.bergeron@villepincourt.qc.ca
514 808-6257



DISTRICT 3

Melanie Rose
m.rose@villepincourt.qc.ca



DISTRICT 4

Diane Boyer
d.boyer@villepincourt.qc.ca
438 397-7226



DISTRICT 5

Carmen Pilote
c.pilote@villepincourt.qc.ca



DISTRICT 6

René Lecavalier
r.lecavalier@villepincourt.qc.ca
514 646-0720

SUMMER IN ACTION

Here are some photos of the projects and work that were completed this summer.

Inauguration of the 5th artwork of the Arts Integration Program: *Grandir ses ailes*

In 2026, it was Edgewater School's turn to receive a contribution from the Town of Pincourt to carry out their mural project entitled *Grandir ses ailes*. The artwork, inaugurated on June 9, was created by Madeleine Turgeon with assistance from Anastasia Antanopoulos and Simone Vandette.



A second mural in 2026!

By the time you read this, you will surely have noticed that our 6th mural of the AIP is being created on the east wall of the business "Les revêtements Pincourt". This mural, entitled *Tous les chemins mènent à Pincourt* by artist Emilie Caron, will beautify the area of 5th Avenue and stands out with its frontage of nearly 150 feet.

The program will continue in 2027, stay tuned!



On July 16, the new P-Town Station officially opened its doors!

Even more activities and equipment are now available, including foosball tables and Nintendo Switch consoles. The Station also includes a relaxation and creative area, as well as an outdoor fire pit to enjoy beautiful evenings.



Civil Security Event - June 20

On June 20, 2026, the Town of Pincourt hosted a disaster simulation as part of the Civil Security Volunteers' Rendez-vous.

Elected officials, municipal managers, employees, partner organizations, and volunteer citizens joined forces to test coordination and intervention mechanisms in emergency situations.

The exercise made it possible to simulate the opening of a reception centre for disaster victims, the dissemination of emergency communications, and the securing of essential infrastructure.

This approach helps improve collective preparedness and strengthen our community's resilience in the face of unexpected situations.



Story Trail

This summer, Trotter Park hosted the Story Trail, a literary walk made up of panels illustrating and telling the storybook *Colette Doesn't Need Anyone*, in French and English. If you haven't had the chance to discover it yet, you still have a few days to do so, as the trail will be accessible until August 29.



MIYAWAKI Forest

A third Miyawaki forest was planted near the one already established at Olympique Park. Volunteers, Town employees, members of the municipal council, as well as youth from the day camp, joined forces to complete this wonderful greening project. Take the time to come and discover it, and come back over the years to see how it evolves!



FIRES

A look back at the donations given to schools following the spaghetti dinner on April 17.

The Pincourt and NDIP Firefighters' Association raised a total of \$4,125, which was distributed among the five elementary schools in both towns, so \$825 per school.

École de la Samare in NDIP, principal Ms. Lyne Proulx with Operations Chief Sylvain Gervais from Station 26.



École Notre-Dame de la Garde in NDIP, principal Mrs. Jenny Thibault with Operations Chief Sylvain Gervais from Station 26.



École Notre-Dame de Lorette, Pincourt, principal Mrs. Martine Pilon and firefighter/fire prevention officer Judith Boyer from Station 06.



St-Patrick Elementary School, Pincourt, vice-principal Mrs. Kim McRae, and firefighter/fire prevention officer Judith Boyer from Station 06.

Edgewater Elementary School, Pincourt, principal Mrs. Nathalie Cheff and firefighter/fire prevention officer Judith Boyer from Station 06.





TROTTER PARK CROSSING:

Carried out with financial support from the Government of Quebec, this project aims to improve the visibility and safety of pedestrians and cyclists when crossing near Trotter Park. A central median and a curb extension will improve the visibility of the crossing, reduce the crossing distance, and encourage drivers to slow down. Electronic signage with a push button will also enhance safety by attracting drivers' attention and allowing pedestrians to cross more easily in two stages.



HOCKEY ON SYNTHETIC SURFACE

This summer, we inaugurated our synthetic ball hockey (dek hockey) field, accessible to the entire population. Designed for recreational play and open access, this new space allows everyone to play their sport at their own pace. Please note that the field measures 40 feet by 80 feet and is therefore not compliant with official competition standards.



INFRASTRUCTURE

Drinking water main rehabilitation work and repairs on 7th Avenue between Bellevue and Cardinal-Léger, scheduled from the end of August until October.

HERITAGE BENCH PROGRAM

This program was created to highlight the contribution of a person who made an impact on the municipality and/or to commemorate a loved one who lived in Pincoirt, by installing a public bench. For all program details, please contact: **Mr. Simon Grenier, project manager at the general management at s.grenier@villepincoirt.qc.ca**. To consult the policy for the Memorial Bench Program, visit the following web page: Heritage Bench Program



LATEST NEWS



WATER Consumption

Drinking water is a precious resource. During the month of June, we reduced our consumption by 12%.

Let's continue to protect this resource by maintaining good habits, such as using a rainwater collection barrel.

Let's also remember to water according to the established schedule (see page 8) to reduce consumption and preserve our drinking water—for today and for the future.



FIREFIGHTERS' DAY RECAP

The 44th edition of Pincoirt's Firefighters' Day was a great success! The emergency vehicle parade, family activities, fireworks, and performances by **Bleu Jeans Bleu**, **Help! Beatles Tribute** and **DJ Steve Watt** helped make this day a memorable one.

Thank you to everyone who participated and see you next year!



COUNCIL MEETINGS

During municipal council meetings, elected officials gather to make decisions in the interest of Pincourt residents, in the form of bylaws or resolutions. If needed, the mayor may also call special meetings during the year.



When and where:

- 2nd Tuesday of each month, 7 p.m., with some exceptions
- René-Fournier Hall, Omni-Centre (375, Blvd. Cardinal-Léger)

September 15 | October 20 | November 10 | December 8

Special meeting - Adoption of the 2026 budget:
To be determined...

URBAN PLANNING



Reminder of the new residential pool regulations

Deadline to comply: **September 30, 2027.**

Information: www.quebec.ca/habitation-territoire/piscines-et-spas/securite-piscines-residentielles/securisez-piscine



BY-LAWS

Construction work

It is **permitted** to perform or have others perform construction, repair, or demolition work on a building:

- Monday to Thursday: 7 a.m. to 10 p.m.
- Friday: 7 a.m. to 8 p.m.
- Saturday and Sunday: 9 a.m. to 8 p.m.

SPECIAL COLLECTIONS

Bulk Waste: August 26, September 23 and October 28

Green waste collection: August 26, September 9 and 23; October 7 and 21; November 4 and 18

Branch collection:

Week of October 19

GARAGE SALE

Permitted weekend: September 5 to 7.
No permit is required.

ECHELLE-O-THON

The Échelle-o-thon will be held on November 14, 2026.

All donations will be given to the Vaudreuil-Soulanges Palliative Care Home Foundation.

Thank you in advance for your generosity!



FINANCES Municipal taxes

Tax rates are set based on the projected expenses for the year and the budget required to cover costs.

2026 due date:

- 4th payment: September 1st, 2026

Please note, online payment is available for the following administrative invoices:

- Transfer duties
- Municipal taxes
- Permits, etc.

Time change for Fall 2026

On the night of Saturday, October 31 to Sunday, November 1st 2026 at 2 a.m., you will need to set your clocks back one hour (it will be 1 a.m.). Quebecers will gain an extra hour of sleep as we return to Eastern Standard Time. Remember to **change your smoke alarm batteries** at the same time.



Greening

Fall campaigns

- UAPMQ: Low-cost trees
- Let's green together: replacing felled trees

For more details, visit our website in the [Tree Purchase](#) section.



REGULATIONS - Watering

Here are the main points of the bylaw

1) Watering periods

Watering of lawns, hedges, trees, shrubs, or other plants, distributed notably by movable sprinklers, by an automatic watering system or by porous hoses is only permitted on **Mondays and Thursdays, between 8 p.m. and 10 p.m.**

Watering distributed by movable sprinklers, by an automatic watering system or by porous hoses **is prohibited** on other days and **outside the permitted periods.**



Photo credit: Olivier Langevin

USEFUL REMINDERS

08



COLLECTIONS 2026
calendar

JANUARY 2026
S M T W T F S
4 5 6 7 8 9 10
11 12 13 14 15 16 17
18 19 20 21 22 23 24
25 26 27 28 29 30 31

FEBRUARY 2026
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28

MARCH 2026
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 31

APRIL 2026
S M T W T F S
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30

MAY 2026
S M T W T F S
3 4 5 6 7 8 9
10 11 12 13 14 15 16
17 18 19 20 21 22 23
24 25 26 27 28 29 30
31

JUNE 2026
S M T W T F S
1 2 3 4 5 6
7 8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30

JULY 2026
S M T W T F S
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30 31

AUGUST 2026
S M T W T F S
2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30 31

OCTOBER 2026
S M T W T F S
4 5 6 7 8 9 10
11 12 13 14 15 16 17
18 19 20 21 22 23 24
25 26 27 28 29 30 31

NOVEMBER 2026
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30

Food waste Recycling Garbage
Bulk Waste Branches
Green waste: May 6 and 20; June 3 and 17; July 1, 15 and 29; August 12 and 26; September 9 and 23, October 7 and 21 and November 4 and 18.
Cardboard: January 6 and July 7
Christmas trees: week of January 12
**We recommend that you place your bins at the curb the day before collection, from 6 p.m., to avoid missing the truck on your street.
For information about the various collections, please refer to the website of the Town of Pincourt: www.villepincoeur.qc.ca/en/citizen-s-services/municipal-services/collection

GARBAGE
Garbage collection takes place every two weeks on Wednesdays.
RECYCLING
Recycling is collected every two weeks on Tuesdays.
FOOD WASTE
Food waste is collected every Wednesdays.
BULK WASTE
Bulk waste collection is held on the 4th Wednesday of the month, from March to October.
GREEN WASTE
Green waste is collected every second Wednesday, from May to November.
BRANCHES
Collection #1 in May: May 18 to 23
Collection #2 in October: October 19 to 24
Registration required: online form and branches must be placed at the curb no later than the day before collection. In the event of bad weather causing damage, a special collection will be organized.

FORM
Branches
Collection



Located at: 225, boulevard Pincourt, Pincourt QC J7W 9T2
(inside Chêne-Bleu High School)

INFORMATION: 514 453-8981, ext. 214
or bibliotheque@villepincourt.qc.ca

REGULAR HOUR

Monday: 9 a.m. – 8:30 p.m.	Thursday: 9 a.m. – 8:30 p.m.
Tuesday: 9 a.m. – 8:30 p.m.	Friday: 9 a.m. – 5 p.m.
Wednesday: 9 a.m. – 8:30 p.m.	Saturday: 10 a.m. – 4 p.m.
Sunday: Closed	

RECREATION SPORTS & CULTURE

12



ADULT BOOK CLUB

Francophone book club:

3rd Tuesday of each month, 7 p.m. to 8:30 p.m.

Hosted by Carole Chamberland

September 15, October 20, November 17 and December 15.

Anglophone book club:

3rd Wednesday of each month, 7 p.m. to 8:30 p.m.

Hosted by Jessica Hughes

September 16, October 21, November 18 and December 16.

Registration: 514 453-8981, ext. 214



PYJAMA STORYTIME

Dive into the magical world of stories! Our storytimes are specially designed to offer warm and welcoming moments for all children. A wonderful way to spark imagination and create sweet family memories.

Pyjama storytime and crafts.

Free, children ages 2 to 5 (accompanied by an adult)

French Storytime:

1st Wednesday of each month, 6:30 p.m. to 7:30 p.m.

Hosted Stacey Monk.

October 7, November 4, and December 2.

English Storytime:

1st Tuesday of each month, 6:30 p.m. to 7:30 p.m.

Hosted Stacey Monk.

October 6, November 3, and December 1st.

REGISTER VIA 

or by phone at 514 453-8981, extension 229.

New collection: LEARNING KITS

Discover our new early learning kits, designed to spark a love of reading in little ones!

Introduce your children to the great classics of children's literature or today's heroes with books, figurines of their favourite characters, and many surprises to explore. Each kit turns reading into a fun and immersive experience.



DID YOU KNOW? SERVICES AND RESOURCES!



CHALLENGE ZONE: TAKE A BREAK AT THE LIBRARY!

Take on one of our open-access challenges. Whether you have a few minutes or a bit more time, come participate alone, with family, or with friends. All year long, new challenges await you:

- Collaborative puzzle to complete with other visitors;
- Giant sudoku;
- giant arrow word puzzles;
- chess game;
- 3D model to assemble.



NEW Treat yourself to a coffee or hot chocolate sold on site, then settle into an armchair and enjoy!



Video game console lending: Get your controllers ready!

The library is expanding its collection. Starting in September, the library will offer Nintendo Switch console lending. Borrow one for free and enjoy your favourite games at home!

A collection of games... to borrow

You can borrow board games for all ages for free!

Learn French and discover languages

A collection dedicated to French learning and language acquisition is available at the library. Language textbooks, dictionaries, educational kits, and various practical tools to learn French or other world languages.

Hej

Hello

Hola

Book a LIBRARIAN

Every Friday, you can have a **30-minute session with your librarian**, between 9 a.m. and 12 p.m., to get help with your tablet, e-reader, e-books, or to learn how to navigate our catalogue. A personalized service to answer all your questions.



Accès Plus + BOOKS FOR ALL READERS

Do you know Accès-Plus +? A collection specially designed for people with special needs, including:

Adapted novels, accessible documentaries, practical manuals, and other resources designed to make reading and learning easier for all ages.



Programming at the Library

FREE

Offer your children fun, educational, and creative activities!

Our youth workshops encourage self-expression, discovery, inclusion, and the joy of learning together.

REGISTER VIA **LS+** or by phone at 514 453-8981, extension 229.

YOUTH ANIMATION AND WORKSHOPS at the library		DATE
WORKSHOP LEGO ROBOTS® SPIKE™ (AGES 8 AND UP) with Kokobrik Build, program, and move your first robot! With LEGO® SPIKE™ kits, kids explore robotics in a fun way: building with bricks, discovering sensors and motors, and getting started with block coding to take on mini-challenges.		Saturdays, September 12 and October 10 10:30 a.m. to 11:30 a.m.
CONTEST CHALLENGE: BUILDERS OF TOMORROW The greatest inventions often start with a simple idea! Imagine and create a unique model as a family using wooden sticks, cardboard, and other recycled materials. Build an original and sturdy structure that will put your imagination, cooperation, and ingenuity to the test. City or robot of the future, car, castle, or any other creation: surprise us! The creations will be displayed at the library in December.		From October 15 to November 30
WORKSHOP MOVE TO THE RHYTHM OF CAPOEIRA! (AGES 7+) Discover capoeira, spectacular Brazilian art that combines dance, music, acrobatics, and martial arts! A dynamic activity where kids will learn the basic moves while having fun.		Saturday, November 14 10:30 a.m. to 12 p.m.
ESCAPE GAME THE LOST MANUSCRIPT (AGES 11+) Some doors only open for those who dare to unlock their secrets... A mysterious manuscript has disappeared and time is running out! As a team, search the shelves, decipher coded messages, solve puzzles, and take on challenges to solve the mystery before time runs out. This immersive adventure will put your logic, observation skills, and team spirit to the test. A snack will be provided. Register individually or as a team with your friends.		Friday, November 20 6 p.m. to 8 p.m.
WORKSHOP MY ENCHANTED SNOW GLOBE (AGES 6+) With Stacey Monk Create a beautiful snowy landscape under a dome using various materials. You'll go home with a unique winter decoration, perfect for brightening up your home during the holiday season.		Saturday, December 19 10:30 a.m. to 12 p.m.

Programming at the Library

FREE

REGISTER VIA **LS+** or by phone at 514 453-8981, extension 229.

CONFERENCES AND WORKSHOPS FOR ADULTS at the library		DATE
CONFERENCE EATING - IS THERE A SOLUTION TO THE CONFUSION? With Dr. Joe Schwarcz Are superfoods really miraculous? Are GMOs, aspartame, and dietary supplements as concerning as people say? With so much conflicting information about nutrition, it's not always easy to separate fact from myth. Dr. Joe Schwarcz , Director of the Office for Science and Society at McGill University and author of many popular science books, invites you to separate fact from fiction in a captivating talk, filled with real-life examples and a good dose of humour.		Saturday, September 19 1:30 p.m. to 3 p.m. ENGLISH
WORKSHOP CANDLE MAKING Create your own handmade candle in a warm and welcoming atmosphere! Discover the steps of candle making, choose your scent, and personalize your creation to your taste. You'll leave with a unique candle, perfect for decorating your home or giving as a gift. A creative and friendly activity as winter approaches.		Saturday, October 10 1 p.m. to 3 p.m.
COMMUNITY CAFÉ - HUMAN LIBRARY What if, for once, books told their stories out loud? For one afternoon, discover the Human Library: an experience where people become "books" and share their journeys, experiences, or passions. Over a coffee or tea, "borrow" a living book for a 30-minute conversation. On the menu: a variety of inspiring stories, including: Living with an invisible illness; I left everything to start over; My profession? Saving lives; A life with autism; Behind the scenes of an unknown profession; I travelled around the world. Do you have a story, a passion, or a journey to share? Contact the library to participate in an upcoming edition.		Saturday, October 24 10:30 a.m. to 1 p.m. BILINGUAL
CONTEST PUZZLE CHALLENGE Form a team of 2 to 4 people and put together a puzzle as quickly as possible! The winning team will take home the Pincourt Library trophy and the title of contest champion.		Saturday, November 7 1 p.m. to 3:30 p.m.

AUTHOR MEETING



with JOHANNE SEYMOUR Hosted by Amélie Boivin-Handfield
Discover the behind-the-scenes of crime novels with Johanne Seymour, a well-known figure suspense. She'll talk about creating her plots, characters, and investigations, as well as her writing process.



**Saturday,
November 14**
1:30 p.m.
to 3 p.m.
FRENCH

TRAVEL CONFERENCE



TAHITI AND FRENCH POLYNESIA, A PARADISE OF A THOUSAND COLOURS

Let yourself be transported to the heart of the paradise landscapes of French Polynesia with Pierre-Luc Côté! From Tahiti to Moorea, including the legendary Bora Bora, discover dream beaches, lush mountains, turquoise lagoons, and the richness of Polynesian culture. Throughout his journey across ten islands of the archipelago, he'll share his best discoveries, favourites, and tips for making this dream trip... without breaking the bank!



**Saturday,
November 21**
10:30 a.m.
to 12:30 p.m.
FRENCH

WORKSHOP INTRODUCTION TO POTTERY

Let your creativity flow in this introductory pottery workshop! Guided by a ceramic artist, discover the basic techniques of shaping clay and create a unique piece you can take home after firing. A creative, relaxing, and accessible experience for everyone, perfect for discovering the art of ceramics in a friendly atmosphere.



**Saturday,
December 5**
1 p.m.
to 4 p.m.

TRAVELLING EXHIBITION **CULTURAL CONTAMINATION** • Trotter Park September 12 to October 17

Come discover the works of the 16 artists from Vaudreuil-Soulanges.

Saturday, September 26, Library

Intro to Theatre Workshop (ages 6-11) 10:30 a.m. to 12 p.m.

Come discover drama! Through games, expression exercises, and short skits, children will explore the basics of theatre while developing their imagination, self-confidence, and creativity.



Workshop: **Graffiti** on caps (ages 11 and up) 1 p.m. to 3 p.m.

Step into the world of street art and discover the basics of graffiti with a guest artist. Personalize a cap using different painting and lettering techniques, then leave with an original piece to wear all summer... or all year!



REGISTER VIA **LS+**
or by phone at 514 453-8981, ext. 229.

Saturday, September 26, Trotter Park Plein air painting, 1 p.m. to 4 p.m.

Come see the artists at work at Trotter Park, who will be on site creating live. A great opportunity to meet them, discover their world, and witness the creation of their works in a friendly and inspiring atmosphere.



The Cercle des fermières will also join the event by offering an open textile crafts workshop. Need help finishing a project? Want to share your creations, exchange tips, or simply spend a pleasant time with fellow enthusiasts? Bring your project and come knit in a warm atmosphere.

Music and lots of fun await!



All artists are welcome.



Viens pratiquer ton français Come practice your French ਆਇ ਆਪਣੀ ਫ਼ਰੈਂਚ ਦਾ ਅਭਿਆਸ ਕਰੋ Ven a practicar tu francés

With Chantal Darcy and the
Centre Prénatal et Jeunes Familles

Are you learning French? Our conversation meetups are made for you! In a relaxed atmosphere, you can practise speaking, chat with other learners, and gain confidence every day. Alone or with family, and no matter your level, come meet us over a nice cup of tea or coffee!

CONVERSATION MEETUPS:

- Friday, October 16, 9:30 a.m. - 11:30 a.m.
- Friday, November 20, 9:30 a.m. - 11:30 a.m.
- Friday, December 18, 9:30 a.m. - 11:30 a.m.

Location: Library

REGISTER VIA **LS+**
or by phone at 514 453-8981, ext. 229.



LIST OF EXTERNAL ORGANIZATIONS

Several external organizations offer activities to the public. For more information, visit:

www.villepincourt.qc.ca/activites-offertes-par-les-organismes

- | | | | |
|---|---|---|--|
| <ul style="list-style-type: none">• 211 Social and Community Services near you• Acrobatic gymnastics (Gymnates de l'île)• Adult softball• Archery (Archers Perrotdamois)• Baseball (Petite ligue des Trois-Lacs)• Basketball (Ass. basketball de L'Île-Perrot)• Bowling (Second Mile Bowling League)• Bridge Club of Pincourt• CCAVS• Cercle des fermières• Classic/Jazz Ballet• Community gardens de Pincourt• Comquat (French learning)• Cross-country skiing (Skieurs de l'Île)• Cycling | <ul style="list-style-type: none">• Diving (Club plongeon Vaudreuil-Dorion)• Figure skating (Club patinage art. rég. de Vaudreuil)• Friendly Volleyball (Ligue volleyball amicale de Pincourt)• Girl Guides (English)• Gymnastics and Recreational acrobatic sports (Gymini)• History and genealogy• Horticulture (SHE Île-Perrot)• Indoor field hockey• Indoor swimming (Club de natation les Citadins de VD)• Karate (Sankukan)• Kin Ball (Ass. de Kin-ball Sud-Ouest)• Maison de la Famille• MWCN• Men's softball 25 +• Minor Baseball• Minor Girls Softball• Minor Hockey | <ul style="list-style-type: none">• Ornithology (Club Ornithologique VS)• Painting/Sculpture (MEAL)• Philately and Coins (Club Philatélie et Monnaie Pincourt)• Pickleball Ligue (Michel Rolko)• Pincourt Judo (Judo Dojo Perrot Shima)• Pincourt Petanque League• Pool of John Abbott College• Pool of Vaudreuil-Dorion• Popotte roulante 65 ans et +• Scouts Canada (French)• Scouts de l'île Perrot-Pincourt Group• Scouts de l'île Perrot (bilingue/anglais)• Senior Citizens Club - Second Mile Club (in English)• Senior Citizens Club (in French)• Shared Meals (Jacques Leclair/Nicole Richard)• Soccer FC Trois-Lacs• Soccer senior recreational | <ul style="list-style-type: none">• Sportball (Sportball Québec)• Spanish (Academia Mistral)• Speed skating (Club patinage vitesse des Trois-Lacs)• Squadron (Escadron 867 Vaudreuil-Dorion)• Ringette 4 cités• Tennis (club members)• Tennis (lesson)• Tennis Proset Philip Manning (Adapted)• Women's Volleyball (Caroline Bédard)• Women's softballs |
|---|---|---|--|

SOCIAL DEVELOPMENT

WORLD CHILDREN'S DAY AND INTERGENERATIONAL FAMILY CELEBRATION

On the occasion of World Children's Day, the Town of Pincoart is organizing an intergenerational family celebration on **November 27, from 9:30 a.m. to 11:30 a.m.** at the Omni-Centre, under the theme of children's rights, in collaboration with the Centre Prénatal et Jeunes Familles.

The activity will begin at 9 a.m. for children with special needs.

For more information about the event, contact us:

514 453-8981, ext. 273 s.martel@villepincoart.qc.ca



SEED LIBRARY RECAP

During the 2026 season, more than 3,000 seed packets were given to residents.



VILLE EN SANTÉ COMMITTEE

Follow the *Ville en santé* Committee, which is made up of volunteer citizens, on social media to find Pino, the rabbit who moves around Pincoart from week to week.



LOOKING FOR CITIZEN

Contact us:
Jacqueline Lopez
514 453-8981, ext. 273
s.martel@villepincoart.qc.ca

SHARED FAMILY MEALS

Take part in a series of 10 video clips on culinary traditions! The Town of Pincoart and CSUR are looking for families from diverse cultural backgrounds to share a recipe, their story, and their traditions. **Filming starting the week of October 18.**

Want to participate? Register your family today and help showcase Pincoart's cultural richness!



SEED CLUB

Come help us bag seeds from the seed library for next year! Meetings every Friday, **starting November 6, from 9:30 a.m. to 11:30 a.m.**, at the Omni-Centre. Enjoy coffee and a snack while chatting about gardening and helping prepare seeds in a friendly atmosphere.



HALTE-SÉNÉCHAL Join the Halte-Sénéchal animation committee!

The Town of Pincoart is looking for volunteers for the Halte Sénéchal animation committee. Volunteers attend one meeting per month, share their ideas, and help organize community activities like BBQs, movie nights, shows, and family events.



Funded in part by the Government of Canada's New Horizons for Seniors Program



SOCIAL DEVELOPMENT

ACTIVITIES FOR PEOPLE WITH DISABILITIES

WE WANT TO BE INCLUSIVE!

Do you have concerns about accessibility to an activity or have you encountered a barrier? Contact us and we'll be happy to work with you to find solutions:
loisirs@villepincoart.qc.ca



ZEN ZONE

The Zen Zone, a space for families to take a calming break, was set up at our major events this summer. It will be back at the Intercultural Festival!



WHEELCHAIR BASKETBALL

Sports Inclusifs Sud-Ouest will offer a participatory wheelchair basketball demonstration on **August 29 at Olympique Park from 11 a.m. to 2 p.m.**



LEISURE ACCOMPANYING CARD

Pincoart accepts the Leisure Accompanying Card, which allows a companion to participate in our activities for free.



Did you know that the library has a special collection of **resources designed to meet the needs of autistic individuals and others with specific needs?**

- **Sensory toys**
- **Audiobooks**
- **And many other adapted tools**

Come explore this unique section and borrow the resources that could make a real difference for you or your loved ones!



SERVICE REMINDERS - R  PIT LE Z  PHYR

Respite and babysitting service for people with an intellectual disability (ID) or autism spectrum disorder (ASD). Offered to families in the MRCs of Beauharnois-Salaberry, Haut-Saint-Laurent, and Vaudreuil-Soulanges to provide respite for caregivers.

Social club for TEENS on the autism spectrum or with intellectual disabilities

Group meal preparation and dining, followed by evening social activities based on participants' interests. An outing to St-Hubert and a movie outing are planned. Support staff will be on site to meet participants' assistance needs.

Fridays from 5:30 p.m. to 9 p.m.
September 18, 25; October 2, 23, 30; November 6, 13, 27; December 4, 11

Location: Room 3, Omni-Centre
Cost: Residents: \$150 per session
Non-residents: \$200 per session

Participants will have to pay for their meal during the St-Hubert outing.
Registration for residents: August 31 to September 13, starting at 9 a.m.
Registration for non-residents: September 10 to 13, starting at 9 a.m.

REGISTER VIA 
or by phone at 514-453-8981, ext. 229.
Information: 514-453-8981, ext. 273

ACTIVITIES FOR TEENAGERS ON ÎLE PERROT

BEFORE I JOINED **FITSPIRIT**,
I DIDN'T SEE MYSELF AS
THE SPORTY TYPE.



**Join your
FITSPIRIT team!**

FILLACTIVE IS BACK IN PINCOURT!

Here, we get moving in a friendly atmosphere,
with no competition or judgment.

Because girls drop out of sports three times more often than boys and are 20% less likely to meet physical activity recommendations, Fitspirit has a clear mission: to get teenage girls moving for life! Here, it's all about having fun, being active with no competition and no judgment!

Free and open participation every week.

Mandatory registration via Sport-plus from August 31 to September 13.



When: Sundays from 11:30 a.m. to 12:30 p.m.

Where: Departure from the gym at Notre-Dame-de-Lorette School, Pincourt

For whom? Girls aged 12 to 17 living on Île-Perrot

Cost? Free

The program will only take place if the minimum number of registrations is reached.

Invite
your
friends!

Are you between 12 and 18 years old and you live on l'île Perrot?

JOIN ACTION JEUNESSE COMMITTEE (AJC)!



Organizing activities
for teens

Representing
youth to the Town

Improving
P-Town's spaces

- One monthly meeting from 4:30 p.m. to 6:00 p.m.
at the Pincourt Library (dinner included)
- Attendance at the program launch in June

**First meeting:
Thursday, October 15**

Sign up here:



For more information, you can contact Cindy Lessard,
Recreation Coordinator at c.lessard@villepincourt.qc.ca
or at 514 453-8981, ext.246.

Deadline: October 12, 2026

COMITÉ
ACTION-JEUNESSE
COMMITTEE

Pincourt wants to hear your stories!

Share your stories, anecdotes, and memories related to Pincourt with us. Together, let's bring our memories back to life and keep our collective memory alive.

Send your anecdotes with photos or images to m.bergevin@villepincourt.qc.ca before October 4.

**Your stories could inspire a very special route
that will help showcase Pincourt's history.**

Project funded by the Cultural and Digital Innovation Program (PICN) of the Conseil des Arts de Vaudreuil-Soulanges.



SPORTS ACTIVITIES offered by the Town

REGISTER VIA **LS+**
SPORT-PLUS

Let's get **moving**, this fall!

Starting September 14, 12-week session**

** Unless otherwise indicated

ABS, GLUTES AND THIGHS

Intense, targeted training to tone and sculpt these key areas. By Patricial Noal.

Monday or Wednesday: 7:45 p.m. to 8:45 p.m.
(12 weeks, break October 12)

École Notre-Dame-de-Lorette, Gymnasium
\$72, 16 years +

NORDIC WALKING

Dynamic training that boosts your overall health by improving your cardio, strength, flexibility, and balance!

Practiced with specific poles (provided).
By Diane Pagé.

BEGINNER

Tuesday: 10:30 a.m. to 11:30 a.m.
\$75, 16 years and up

INTERMEDIATE

Having already participated in a session

Tuesday: 9:15 a.m. to 10:15 a.m.

MULTILEVEL

Thursday: 9:30 a.m. to 10:30 a.m.
Bellevue Park • \$72, 16 years +



CHAIR YOGA **50+**

An adapted form of yoga that allows you to practise poses and breathing exercises while seated on a chair. By Susan Frederick.



Tuesday or Friday : 10:30 a.m. to 12 p.m. (break on December 4)
Omni-Centre
\$108, 50 years +

PILATES

Exercises that combine strength, balance, breathing, and flexibility. By Diane Pagé.

Sunday : 10:15 a.m. to 11:15 a.m. (break on October 11)
École Notre-Dame-de-Lorette
\$72, 16 years +

Registration for residents: Aug. 31 to Sept. 13, starting at 9 a.m.
Registration for non-residents*: Sept. 8 to 13, starting at 9 a.m.
Information: 514 453-8981, ext. 229

Flat rate: \$6 per class hour*

*Additional fee of \$10 per session for non-residents

YOGA **Omni-Centre** • By Susan Frederick

BEGINNER

Tues.:
6 p.m. to 7:15 p.m.
\$90, 16 years and up

INTERMEDIATE

Tues.:
7:30 p.m. to 9 p.m.
\$108, 16 years and up

MULTILEVEL

Mon. or Wed.:
10:30 a.m. to 12 p.m.
(no class October 12)
\$108, 16 years and up

20-20-20 **50+**

20 minutes of cardio, 20 minutes of strength training, followed by 20 minutes of core and balance work with stretching.

BEGINNER

Monday, Wednesday or Friday : **1:15 p.m. to 2:15 p.m.**
Monday and Wednesday with Rachel Ellison
Friday with Patricia Noal.
No class on October 12 and December 4

INTERMEDIATE

Wednesday or Friday: 12:00 p.m. to 1:00 p.m.
Wednesday with Eleonora Nakova and Friday with Patricia Noal.
No class on December 4
Omni-Centre • \$72



CARDIO-INTERVAL

High-intensity exercises with strength training intervals.
By Patricial Noal.

Monday or Wednesday: 6:30 p.m. to 7:30 p.m.
(No class October 12)
École Notre-Dame-de-Lorette, Gymnasium
\$72, 16 years and up

NEW

ESSENTRICS

A class that combines stretching, muscle strengthening, and joint mobility. It helps improve flexibility, posture, balance, and overall well-being. By Lori Lesperance

Thursday: 6:30 p.m. to 7:30 p.m.
École Notre-Dame-de-Lorette • \$72, 16 years and up

TAI CHI (BA DUAN JIN)

A simplified version of Tai Chi is offered: a series of eight simple and fluid movements that help improve flexibility, balance, and reduce tension, while allowing you to refocus. By Alicia Wang

Sunday: 10:30 a.m. to 11:30 a.m. (8 weeks)
Bellevue Park • \$48, 16 years and up

ZUMBA

This fitness class combines dance and muscle toning with light weights to improve physical fitness and coordination.
By Nicole Trottier.

ZUMBA GOLD Omni-Centre

Mon.: 12:00 p.m. to 1 p.m.
Wed.: 10:45 a.m. to 11:45 a.m.
\$72, 50 years and up

ZUMBA **NEW** École Notre-Dame-de-Lorette,

Gymnasium
Tuesday: 7:45 p.m. to 8:45 p.m.
\$72, 16 years and up

INDOOR BADMINTON AND PICKLEBALL

Clean running shoes required.
Bring your own equipment.
Starting September 13

Omni-Centre, \$8/court/hour

*one-hour reservation per residential address

OPEN BADMINTON

Sunday: 1 p.m. to 5 p.m.

OPEN PICKLEBALL

Tuesday: 3 p.m. to 5 p.m.

Friday: 4 p.m. to 6 p.m.

RESERVATIONS

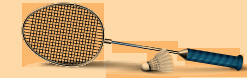
Online (residents only)

Go to the website and click on [Sport Plus Registration](#) in the top menu (**reservation required**). Residents can book 5 days in advance, between 8:00 a.m. and midnight.

By phone

Residents: from Monday to Thursday before the open badminton dates, from 8:30 a.m. to noon and from 1 p.m. to 4:45 p.m., as well as Friday from 8:30 a.m. to 12 p.m., by calling 514 453-8981, extension 229.

Non-residents: If there is space left, one business day before the open badminton dates by phone only by calling 514 453-8981, extension 229.



MUSCLE TONING

A class of varying intensity that uses a range of exercises to increase muscle tone and strength.

École Notre-Dame-de-Lorette, Gymnasium

Tuesday: 6:30 p.m. to 7:30 p.m. **NEW**

By Rachel Ellison

Thursday: 7:45 p.m. to 8:45 p.m.

By Patricia Noal

Sunday: 9 a.m. to 10 a.m. (no class October 11)

By Rachel Ellison

\$72, 16 years and up

ACTIVITIES AT THE ARENA



PUBLIC SKATING

Free

Every Sunday from 3:30 p.m. to 5 p.m.

From October 4, 2026 to April 11, 2027 (inclusive)

Additional days

November 13 and 27; January 25; February 12 (12 p.m. to 2:15 p.m.)
December 22, 23 and 30; March 1st to 5 (13 p.m. to 3:50 p.m.)

CITÉ-DES-JEUNES ARENA

(2580 rue Paul Gérin-Lajoie, Vaudreuil-Dorion, QC J7V 9H8)

Wearing a protective helmet is recommended.

Proof of residence required



Open Hockey

Come play hockey from 9:45 a.m. to 12:50 p.m.
on the following dates:

November 13 and 27, December 22, 23 and 30,
March 1st to 5, 2027*.

*if the outdoor rink is closed for hockey.

SOCIO-CULTURAL ACTIVITIES offered by the Town

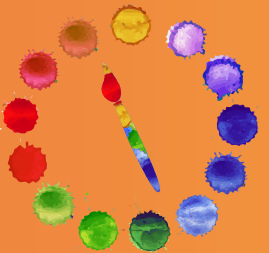
PAINTING WORKSHOP

In the first part of the class, the instructor will teach a painting technique. In the 2nd part of the class, participants can paint their own work and receive personalized advice from the instructor. By Manon Labelle

Monday : 1:30 p.m. to 4:30 p.m. or 6:30 p.m. to 9:30 p.m. • 10 weeks, break on October 12 **Omni-Centre** • \$180, 16 years +

WATERCOLOUR WORKSHOP

Exploring the basics of watercolour. For beginners, but experienced artists are also welcome. Materials provided. By Daniela Cretu **Wednesday:** 7 p.m. to 8:30 p.m. • 5 weeks **Omni-Centre** • \$45, 16 years +



REGISTER VIA **LS+**
SPORT-PLUS

INTERCULTURAL Festival INTERCULTUREL

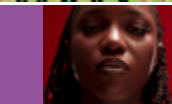
6 intercultural shows
Free activities for children
More than 40 kiosks!



Sarahmée

SEPTEMBER 19 2026
11 a.m. to 4 p.m., Bellevue Park

Music Shows

11:30 a.m.	Jean-François Bibeau Interactivé Canada	
12:25 p.m. & 1:05 p.m.	Mayada et Carole Danse Égypte	
12:50 p.m.	Irish Costello Danse Irlande	
1:20 p.m.	Sarahmée	
2:20 p.m.	Kavinalaya Dance Academy Danse Inde	
3:05 p.m.	Pamana Dance Philippines	

Free Activities

- Cookies decoration
- Henna
- Face painting for children
- Inflatable games
- Water games with the firefighters (if the temperature permits)

JOIN THE ORGANIZING COMMITTEE FOR
THE 2027 EDITION BY CONTACTING
S.MARTEL@VILLEPINCOURT.QC.CA

**Come and discover
the stalls featuring**
Food, craft sales and
community services

- Gift basket draw
- \$5 tasting menu



ACTIVITIES offered by the Town

For more information about the activities, we invite you to consult the website and online calendar:

WWW.VILLEPINCOURT.QC.CA Info: 514 453-8981, extension 229



THE BIG WALK

Sunday, October 18 at Olympique Park

Warm-up: 10 a.m.

Start: 10:30 a.m.

3 or 5 km

The Fédération des médecins omnipraticiens du Québec and the Grand défi Pierre Lavoie are once again organizing the Big Walk this year.

However, you can register for " *I walk at home* " for a chance to win one of 50 Grand Walker jackets. Registration <https://onmarche.com/>



Concerts

AT SAINT-PATRICK'S CHURCH

Doors open at 7 p.m. First come, first served.

Ticket price:

Residents: \$10 via Sport-Plus

Non-residents: \$15 via Sport-Plus

Limited spots



CANDLELIGHT CONCERT

Friday, October 23, 7:30 p.m.

Tickets will be on sale starting August 31.



CHRISTMAS CONCERT WITH TRIFECTA

Friday, December 11, 7:30 p.m.

Tickets will be on sale starting October 19.



SCHEDULE Halloween activities

REGISTER VIA **LS⁺**
SPORT-PLUS

or by phone at 514 453-8981, extension 229.

FREE

MUNICIPAL LIBRARY

COOKING WORKSHOP: HALLOWEEN JUNIOR CHEFS (7 YEARS +)

Saturday, October 24, 10:30 a.m. to 12 p.m.

In this reverse inclusion workshop, neurotypical children and children with special needs cook, learn and have fun together in a caring and stimulating environment. Put on your apron and get ready to cook delicious Halloween-inspired recipes with Karine from *C'est moi le chef!* On the menu: creations as fun as they are tasty, where pumpkins, ghosts and other Halloween surprises will be featured.

CRAFT WORKSHOP: MAKE YOUR OWN HALLOWEEN MONSTER (5 YEARS +)

Saturday, October 31, 10:30 a.m. to 12 p.m.

With Stacey Monk

Let your imagination run wild by creating a completely unique Halloween monster! Using different materials, bring to life a creature as funny as it is scary. Silly eyes, pointy teeth, horns, colourful hair... anything goes!

DESJARDINS KIOSK, OLYMPIQUE PARK

CANDY DISTRIBUTION AND OUTDOOR ENTERTAINMENT

Saturday, October 31, 5:30 p.m. to 8:30 p.m.

Mysterious and fun atmosphere **outside with people in costumes.**

Our firefighters will be on site to ensure safety and hand out treats to the children.

Come in large numbers!



HALLOWEEN
THRILLS

SCHEDULE Christmas activities

FREE

REGISTER VIA **LS⁺**
SPORT-PLUS

or by phone at 514 453-8981, extension 229.

OPEN WORKSHOP: LETTER TO SANTA

November 20 to December 2 • Library

Help your children write their letter to Santa in a specially set up space **at the library!**

Little ones can settle comfortably at a workspace designed for them and write down their dearest wishes. They will then have the unique opportunity to hand them directly to Santa at the Omni-Centre on Saturday, December 5!



PINCOURT CHRISTMAS MARKET

Saturday, November 21 and Sunday, November 22, 10 a.m. to 4 p.m. • Omni-Centre

This event is organized by the Cercle de Fermières de Pincourt.

Information: Josée Giroux at 514 922-1673 or jozeegiroux@gmail.com



FLASH YOUR LIGHTS

Tuesday, December 1st, at 6:30 p.m.

Join us **in front of the Omni-Centre** for the lighting ceremony!

Music, hot chocolate, coffee and cookies will be offered on site (limited quantity)

Let's light up our homes together to make the whole Town shine.

Bring non-perishable food items to help families.

The food items will be handed over to donation collection organizations in Pincourt.

CHRISTMAS PARTY • OMNI-CENTRE

Saturday, December 5, 9 a.m. to 3:30 p.m.

Day of free activities.



Bring your **letter to Santa Claus** and get ready for an unforgettable moment: meetings, photo and wonderful memories to take home.



The **meeting with Santa Claus** is reserved for children 10 and under. Book your time slot on [Sport-Plus](#) starting November 4.



Children with special needs:

8:30 a.m. to 9 a.m.: various activities

9 a.m. to 9:30 a.m.: meeting with Santa, in a calm environment

The Christmas party is reserved for Pincourt residents, proof of residency required.

CONTACT US 514 453-8981

TOWN HALL

Regular hours: Mon. to Thurs. : 8 a.m. to 12 p.m. and 1 p.m. to 4:45 p.m.
Fri. : 8 a.m. to 12 p.m.

Administrative and Financial Servicesoption 1
Urban Planning Servicesoption 2
General Management, Mayor's Office and Clerkoption 3
Human Resources Servicesoption 4
Emergency and Fire Protection Servicesoption 7
Communications Services.....option 8

RECREATION AND COMMUNITY SERVICESoption 6

Regular schedule: Mon. to Thu. : 8 a.m. to 12 p.m. and 1 p.m. to 4:45 p.m.
Fri. : 8 a.m. to 12 p.m.

PUBLIC SECURITY ext. 203

(Municipal Patrol)

MUNICIPAL GARAGEoption 381

New hours as of September 1st: Mon. to Thu. : 7 a.m. to 3:15 p.m.
Fri. : 7 a.m. to 11 a.m.

L'ÎLE ECOCENTRE 450 455-5434

750, Blvd. Olympique, Pincourt (QC) J7W 7C8

Current schedule: visit the tricycle-mrcvs.ca
(Citizens/Environment/Ecocentre Network)

LIBRARYextension 214

3-1-1 LINE: OUTSIDE BUSINESS HOURS

If an incident occurs outside our office hours, that is, **in the evening, on weekends and holidays, call 3-1-1 immediately.**

This line is for the following municipal interventions: water main breaks, sewer backups, security patrol, lost, dead or stray animals, etc.

CLOSURE OF OUR OFFICES: HOLIDAYS

- Labour Day: September 7, 2026
- Thanksgiving: October 12, 2026



www.villepincourt.qc.ca