



VILLE DE  
**PINCOURT**

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VILLEdePINCOURT

*Special edition*

**RECREATION**  
activities

# info - PINCOURT

Municipal newsletter  
WINTER 2019, VOLUME 29



# YOUR TOWN COUNCIL POLITICS



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To see the complete profile of your councillors, visit:  
[www.villepincourt.qc.ca/en/16/town-council](http://www.villepincourt.qc.ca/en/16/town-council).

**COUNCIL MEETINGS, 7 p.m., Omni-Centre**  
**Next council meetings for 2019:**

- December 10
- December 17 (budget)

**Writing**  
Town of Pincourt

**Printing**  
Imprimerie  
Multiplus

**Copies**  
5 600 copies

**Legal deposit**  
Bibliothèque nationale du Québec 2019





Winterfest  
January 26, 2019



Espace défi  
March 28, 2019

# YOUR TOWN COUNCIL ON THE MOVE

Always attentive to your needs, your Town Councillors attended various events held throughout the year.



Relay For Life Vaudreuil-Soulanges  
May 24, 2019



Intercultural Festival  
June 1, 2019



Launch of the Sustainable Development Policy  
June 5, 2019



Firemen's Day  
August 10, 2019



Grande marche de l'île  
October 20, 2019

# REVIEW 2019



## JANUARY

### Winterfest | January 26, 2019

Our winter celebration was held under a bright sun. Several visitors tried this year's new offerings: *fat bike* and bubble soccer.

### Sustainable Development Policy Consultation

#### January 31, 2019

The Town of Pincourt held a citizen consultation on sustainable development. The purpose of this meeting was to define the foundations of this policy.



## FEBRUARY

### February 5, 2019

The Town of Pincourt received the *Municipalité amie des enfants* (MAE) accreditation. ( first picture, top right )

### February 27, 2019

The Town of Pincourt presented COOP du Bel-Âge a cheque for the construction of 80 affordable housing units for elderly people with slight loss of autonomy.



## MARCH

### Espace défi | March 28, 2019

To promote the Health Challenge, a promotional team toured the territory's elementary schools with its Challenge Space to get young people moving.



## MAY

### Relay For Life Vaudreuil-Soulanges | May 24, 2019

The Relay For Life Vaudreuil-Soulanges for the benefit of the Canadian Cancer Society was held at Olympique Park for the second consecutive year.

# REVIEW 2019



## JUNE

### Intercultural Festival | June 1, 2019

For the first time, the Intercultural Festival was held in the spring rather than in the fall. Several countries were represented at Olympique Park.

### Sustainable Development Policy Launch | June 5, 2019

The Town of Pincourt launched its first ever Sustainable Development Policy.



Credit: Jean-Charles Richard



## AUGUST

### Firemen's Day | August 10, 2019

The 39th Firemen's Day was another great success. GIRLS WANNA HAVE FUN! and SuperNOVA set fire to the Bellevue Park stage.



## SEPTEMBER

### Launch of the Voilà! Application

The Town of Pincourt launched the Voilà! application, which is used to report any non-urgent problems to the Town from a smartphone or tablet.

## OCTOBER

Multi-dwelling units with more than four units began participating in food waste collection.

# YOUR TOWN IN THE NEWS

## INSTALLATION OF A PEDESTRIAN CROSSING LIGHTING SYSTEM ON CARDINAL-LÉGER BOULEVARD

No doubt you noticed, the signage on Cardinal-Léger Boulevard, at Trotter Park, changed last November. From now on, the new pedestrian crossing system exceeds the requirements of the Highway Safety Code. The system includes a push button, a flashing panel and a 350 lux lighting system. It projects a vertical and horizontal light, illuminating both the transom on the ground and the body of the pedestrian.

With this system, the pedestrian space is now clearly defined, the pedestrian priority is increased and the flow of traffic has been improved.



## 2020 GARBAGE COLLECTION: NEW CHANGE

**As of January 31, 2020, garbage collection will take place every two weeks, on Fridays.**

With the recent adoption of a Sustainable Development Policy, the Town of Pincourt has decided to follow neighboring towns by reducing its waste collections.

The amount of waste placed in the garbage bin has decreased since the arrival of food waste collection. This new change is a great way to collectively reduce our ecological footprint.

# SOCIAL AND CULTURAL DEVELOPMENT

## 4TH CALL FOR PROJECTS IN SOCIAL DEVELOPMENT

For the fourth year in a row, the Town of Pincourt is proud to provide citizens with a fund dedicated to social development.

This call for projects, created under the Social Development Policy, is intended for non-profit organizations (NPOs), artists and citizens (sponsored by an NPO).

The projects presented must both target the social development of the city and address the Pincourtois and Pincourtoises.

Remember that social development aims to promote the quality of life and encourage the development of a community of solidarity.

**Amount: \$10,000**

**Date of project submission:** January 29, 2020

**Information and online form:**

[www.villepincourt.qc.ca](http://www.villepincourt.qc.ca)  
(Recreation and culture / Social development / Call for projects)



# RECREATION AND CULTURE

## ACCÈS-LOISIRS

VAUDREUIL-SOULANGES

Several towns, including Pincourt, are offering a **limited number of free registrations** for low income citizens. Proof of income required. Inform yourself!

**Registration:** Saturday, January 11, 2020, from 10 a.m. to 1 p.m.  
Centre Communautaire Paul-Émile Lépine (150 Perrot Blvd., L'Île-Perrot)

**Information: 514 453-8981, ext. 242**

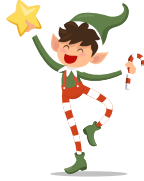
### WINTERFEST!

**Saturday, January 25, 2020**

**12:30 p.m. to 4:30 p.m., Olympique Park**

Fun for the whole family and several surprises!

**Hot beverages and food truck (\$)**



### 2020 SPRING BREAKS ACTIVITIES

Look for the flyer that will be distributed in the schools during the week of January 13, 2020.

**Online registration: January 20 to February 2, 2020**

### 5/30 HEALTH & WELLNESS CHALLENGE

Change your habits in 30 days!

**When: from April 1 to April 30, 2020**

Consult our medias for the complete activity guide!

### CROSS-COUNTRY SKI TRAILS

As per By-Law 714 regarding the parks, we ask all citizens to respect the trails maintained by the **Skieurs de l'Île**. These are maintained by volunteers members of the club. Thank you for your collaboration.

### OPEN BADMINTON

• **At the Omni-Centre**

- 3 courts available
- For children and adults
- \$6/court/hour (payable on site)
- Bring your equipment
- Reservations are not required during the Holidays

### Holiday schedule

- Saturday: December 28, 2019, from 3 p.m. to 5 p.m.  
January 4, 2020, from 1 p.m. to 5 p.m.
- Sundays: December 22 and 29, 2019, from 1 p.m. to 5 p.m.

### Regular schedule

- Sundays, 1 p.m. to 5 p.m.
- Reservation required: 514 453-8981, ext. 229

### PUBLIC SKATING - FREE

- **At Cité des Jeunes Arena, Vaudreuil-Dorion**
- Every Saturday, until March 28, 2020
- **7 p.m. to 8:50 p.m.**
- All ages welcome
- **Residents: free**  
(Proof of residence is required)
- Helmets recommended



### SHINNY HOCKEY - FREE

- **At Cité des Jeunes Arena, Vaudreuil-Dorion**
- Every Saturday until March 28, 2020
- **9 p.m. to 9:50 p.m.**
- 16 years +
- Youth aged 14 and 15 years must be accompanied by an adult (18 years +)
- **Residents: free** (Proof of residence is required)
- **Full equipment is required**

### SKATING RINKS SCHEDULE (according to weather)

**Parks:** Taillon, Olympique and Shamrock  
Week days: 6 p.m. to 10 p.m.  
Weekends, school breaks and holidays: noon to 10 p.m.

### VAUDREUIL-DORION INDOOR POOL

**Online registration: Jan. 9 at 12:30 p.m.  
to Jan. 13 at 8:30 a.m.**

[www.ville.vaudreuil-dorion.qc.ca](http://www.ville.vaudreuil-dorion.qc.ca)  
(page Services to Residents)



### JOHN ABBOTT INDOOR POOL

**Online registration:**

**At 7 p.m., November 28, 2019, to January 1, 2020**

[johnabbott-sport.omnivox.ca](http://johnabbott-sport.omnivox.ca)

**Info (pool): 514 457-6610, ext. 5325**

**Casgrain Sport Centre: 514 457-2737**

### PINCOURT LIBRARY (free membership)

225, Pincourt Blvd. (inside Chêne-Bleu High School) | Tel.: 514 453-8981, ext. 214

**Winter Schedule:** Monday to Thursday: 10 a.m. - 8:30 p.m. | Friday: 10 a.m. - 5 p.m. | Saturday: 10 a.m. - 4 p.m.  
(Closed from December 24 to January 2, inclusively)

# REGULAR RECREATION ACTIVITIES

## REGISTRATION (Places are limited. Minimum and maximum number of participants required per activity.)

ONLINE		OMNI-CENTRE		
<b>Residents:</b> December 12, 2019 to January 8, 2020 <b>Non-residents:</b> December 20, 2019 to January 8, 2020* *\$10 additional fee for non-residents. Website: www.villepincourt.qc.ca		Thursday January 9, 2020 6:30 to 8:30 p.m.		
ACTIVITY	SCHEDULE	COST	LOCATION	REGISTRATION AND INFO
<b>ABS, CORE AND LEGS</b> <b>Category:</b> Mixed, 16 years +	From January 13 (10 weeks) Monday and Wednesday: 8:20 p.m.	Online: \$115 In person: \$120	Omni-Centre	Online registration or at the Omni-Centre For information :514 453-8981, option 6
<b>BALLET &amp; JAZZ CLASSIC</b> <b>Category:</b> Mixed, 4-5 years, 6 years +	From January 6 Monday evening: 6 pm to 9 pm * Depending on the level	\$35/month	Omni-Centre	Registration by phone Ramelah Nahorniak: 514 624-8666
<b>BIATHLON</b> <b>Category:</b> Mixed, 10-15 years old, 15 years old +	From January 11 (8 weeks) Sat: 1 p.m. to 3 p.m. (10-15 years old) Sun: 1 p.m. to 3 p.m. (15 years old +)	\$150 + \$60 (Annual Fee: Biathlon Canada + FQB)	Nature Park les Forestiers-de-Saint-Lazare	Registration at the Omni-Centre Christian Valet: 514 830-3718, info@cbvs.org or Website: www.cbvs.org
<b>CARDIO INTERVAL</b> <b>Category:</b> Mixed, 16 years +	From January 13 (10 weeks) Monday and Wednesday: 7:15 p.m.	Online: \$115 In person: \$120	Omni-Centre	Online registration or at the Omni-Centre For information: 514 453-8981, option 6
<b>COOKING LESSONS</b> <b>Category:</b> Mixed, 7 to 11 years old	From the January 18 Saturday: 8:30 to 10 a.m. or 10:15 to 11:45 a.m.	Online: \$140 In person: \$145	Omni-Centre	Online registration or at the Omni-Centre For information: 514 453-8981, option 6
<b>CROSS-COUNTRY SKIING</b> <b>Category:</b> All	According to the weather, in free practice	\$20 / family (Residents)	Skieurs de l'île	Registration at the Omni-Centre Pierre Levac: 514 453-8592
<b>FIT AND TONE</b> <b>Category:</b> Mixed, 50 years +	From January 13 (10 weeks) Mon., Wed. and Fri.: 1 p.m. or 2 p.m.	Online: \$75 In person: \$80	Omni-Centre	Online registration or at the Omni-Centre For information: 514 453-8981, option 6
<b>GYMNASTIC</b> <b>Category:</b> Mixed	From January 6 (11 weeks)	See website	Gymini Gymnastics Club (Centre Multisports)	Registration by phone or online For information : www.clubgymini.org or 450-455-3141
<b>GYMNASTICS ACROSPORT</b> <b>Category:</b> Mixed, 4 years +	From January 11 (12 weeks)	According to level	Chêne-Bleu High School	Registration at the Omni-Centre Eva Rucka: 514 425-0803
<b>HOCKEY COSOM</b> <b>Category:</b> Mixed, 7-14 years old	From January 19 (15 weeks) Sunday morning (depending on level)	Online: \$65 In person: \$70	Chêne-Bleu High School	Online registration or at the Omni-Centre For information: 514 453-8981, option 6
<b>KARATE AND AUTODEFENSE (women)</b> <b>Category:</b> 5 years +	From January 13 (9 or 11 weeks)	\$95 and +	Omni-Centre	Registration at the Omni-Centre Jean-Pierre Trahan: 514 814-5452
<b>LINE DANCING</b> <b>Category:</b> Mixed, adults	January 17, February 21, March 13 and April 17. Fridays: 7:30 pm	\$5 / evening	Omni-Centre	Registration by phone Murielle Groulx: 450-424-4170



# REGULAR RECREATION continued

ACTIVITY	SCHEDULE	COST	LOCATION	REGISTRATION AND INFO.
<b>MUSICAL THEATER</b> <b>Category:</b> Mixed, 6 to 12 years	From January 16 (10 weeks) Thursday night: 6-8 years: 6 p.m. to 7 p.m. 9-12 years: 7 p.m. to 8 p.m.	Online: \$120 In person: \$125	Omni-Centre	Register online or at the Omni-Centre Information: 514 453-8981, option 6
<b>OIL PAINTING</b> <b>Category:</b> Mixed, 14 years old +	From January 13 (10 weeks) Mon: 1:30 p.m. or 6:30 p.m. Wed.: 1:30 p.m.	Online: \$145 In person: \$150 (material not included)	Omni-Centre	Online registration or at the Omni-Centre Manon Labelle: 450 451-1001
<b>P.I.E.D. PROGRAM</b> <b>Category:</b> Mixed, 65 yrs old and +	From January 14 (12 weeks) Tuesday and Thursday: 1:30 p.m.	Free	Omni-Centre	Registration by phone from December 12 to January 9 Registration: 514 453-8981, option 6
<b>SOCCER FC TROIS-LACS</b> <b>Category:</b> Mixed, Born 2005-2015	From January 10 (12 weeks) Available at <a href="http://www.fctroislacs.com">www.fctroislacs.com</a>	\$125	Gyms of Île Perrot, Chêne-Bleu and Vaudreuil-Dorion	Registration by phone or online Website: <a href="http://www.fctroislacs.com">www.fctroislacs.com</a> Information: 450 218-9008 or <a href="mailto:info@fctroislacs.com">info@fctroislacs.com</a>
<b>SOFTBALL (GIRLS)</b> Girls between 5 and 19 years old	Winter camps and 2020 season (dates to come)	To be determined	Gym on Ile Perrot	Valérie Malouin : 514 805-8250 <a href="mailto:Info@fdisoftball.ca">Info@fdisoftball.ca</a>
<b>SPANISH I</b> <b>Category:</b> Mixed, adults	From January 14 (11 weeks) Tuesday: 7 p.m.	\$190 + material (\$60)	Omni-Centre	Registration at the Omni-Centre Ricardo Dedios: 450-424-6123
<b>SPORTBALL</b> <b>Category:</b> Mixed, 16 months to 6 years	From January 11 (12 weeks) 9:15 am (30 min): 16 to 24 months 10 a.m. (45 min): 2 to 3 ½ years 11 a.m. (60 min): 3 ½ to 6 years	\$119 + taxes (9:15 am) \$189 + taxes (10 a.m. and 11 a.m.)	Notre-Dame-de- Lorette School	Registration by phone or online Website: <a href="http://www.sportball.ca">www.sportball.ca</a> Matthew Pearce: 514 331-3221
<b>TENNIS PROSET</b> (adapted) <b>Category:</b> Special Needs Children	From January 12 (10 weeks) Sun: 1:30 p.m. to 2:30 p.m.	\$220	Edgewater School	Registration by phone Philip Manning: 438-321-1564
<b>ULTIMATE FRISBEE</b> (initiation) <b>Category:</b> Mixed, 9 to 12 years	From January 16 (10 weeks) Thursday evening: 6:30 pm to 7:30 p.m.	Online: \$75 In person: \$80  (Including membership in the federation, a frisbee and a shirt)	Edgewater School	Online registration or at the Omni-Centre For information: 514 453-8981, option 6
<b>YOGA ON CHAIR</b>	From January 17 (10 weeks) Friday: 10:30 p.m.	Online: \$60 In person: \$65	Omni-Centre	Registration online or at the Omni-Centre Information: 514 453-8981, option 6
<b>YOGA / DAY</b> (early-morning) <b>Category:</b> Mixed, adults	From January 13 (10 weeks) Mon. and Wed.: 10:30 a.m.	Online: \$120 In person: \$125	Omni-Centre	Online registration or at the Omni-Centre Information: 514 453-8981, option 6
<b>YOGA / EVENING</b> (beginner) <b>Category:</b> Mixed, adults	From January 16 (10 weeks) Thursday: 6 p.m.	Online: \$65 In person: \$70	Chêne-Bleu High School	Online registration or at the Omni-Centre Information: 514 453-8981, option 6
<b>YOGA / EVENING</b> (Intermediate-advanced) <b>Category:</b> Mixed, adults	From January 16 (10 weeks) Thursday: 7:30 p.m.	Online: \$75 In person: \$80	Chêne-Bleu High School	Online registration or at the Omni-Centre Information: 514 453-8981, option 6

# TO CONTACT US 514 453-8981

## TOWN HALL

**Regular schedule:**

**Mon. to Fri.: 8:30 a.m. to 4:30 p.m.**

Administration and Financial Service ..... option 1  
Urban Planning Service ..... option 2  
Town Management and Mayor's Office ..... option 3  
Town Clerk and Communication Service ..... option 4  
Emergency and Fire Protection Service ..... option 7

**OMNI-CENTRE ..... option 6**

**Regular schedule:**

**Mon. to Fri.: 8:30 a.m. to 4:30 p.m.**

**MUNICIPAL GARAGE ..... ext. 381**

**Regular schedule:**

**Mon. to Fri.: 8 a.m. to 4 p.m.**

**LIBRARY ..... 514 453-8981, ext. 214**

**ÉCOCENTRE DE L'ÎLE ..... option 5**

750, Olympique Blvd., Pincourt (QC) J7W 7C8

[www.mrcvs.ca/en/ecocentre-ile](http://www.mrcvs.ca/en/ecocentre-ile)

**Schedule - December 1 to March 31**

Monday to Thursday: Closed

Friday: 8 am to 5 pm

Saturday: 9 am to 4 pm

Sunday: Closed

## OFFICE CLOSING - HOLIDAYS

**December 23, 2019, at 11:30 a.m., to January 2, 2020, inclusively**

All our offices (Town Hall, library, municipal garage, Omni-Centre) will be closed during that period.

**We will monitor our messages as of January 3, 2020.**

The library will be closed on December 23, 2019, from 11:30 a.m. to 5 p.m., and from December 24, 2019 to January 3, 2020.

## LINE 3-1-1 - OUTSIDE BUSINESS HOURS

**Monday to Friday from 4:30 p.m. to 8:30 a.m., Saturdays, Sundays and holidays**

For municipal services: water main breaks, sewer back-ups, etc.

**All the collections (garbage, food waste and recycling) will take place as usual during holiday period, until January 2 of 2019.**

**FOOD WASTE COLLECTION** Every Monday

## GARBAGE - NEW SCHEDULE

**Starting January 31, 2020, garbage collection will take place every two weeks, on Fridays.**

A calendar is available on the Town's website.

## RECYCLING - NEW SCHEDULE Starting January 6

The collection is NOW every Monday

## BULK WASTE Every fourth Friday of the month

Accepted: sinks, showers, carpets, mattresses, toilets, bathtubs and furniture only. (As of Feb. 28, 2020)

**CHRISTMAS TREES** Public Works will pick up natural trees throughout the month of January, **as of January 6, 2020**. Please make sure to remove all the decorations from your tree. Tree's trunk must face the street.

## FIREFIGHTER'S BLOOD DRIVE

**Thursday, January 6, 2020 | 1:30 p.m. to 7:30 p.m.**

**"Faubourg de l'Île" (former Librairies Boyer store).**

Start off the year right by taking part in the Pincourt Firefighter's Association blood drive.

## NIGHT PARKING

It is forbidden to park your vehicle on public roads from midnight to 7 a.m., from November 15 to April 1 inclusively. The City of Pincourt however offers you the opportunity to use one of its eight parking sites incentive night (vignette - \$).



*We wish you peace, health and happiness.*  
*Town Council and municipal employees*