



TOWN OF
PINCOURT

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VILLEdePINCOURT

Special edition
RECREATION
activities

info - PINCOURT

Municipal newsletter
WINTER 2020, VOLUME 31



YOUR TOWN COUNCIL POLITICS



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To see the complete profile of your councillors, visit:
[www.villepincourt.qc.ca/en/the-town/
administration/town-council](http://www.villepincourt.qc.ca/en/the-town/administration/town-council)

COUNCIL MEETINGS, 7 p.m., by video conference

Next council meetings:

- December 8
- December 15 (budget)

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Town of Pincourt

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YOUR TOWN IN THE NEWS

"ON S'AIME ENSEMBLE" INCLUSIVE BENCHES AT BELLEVUE PARK

On October 8, the Town of Pincourt installed new benches in honour of social inclusion at Bellevue Park on the banks of the Ottawa River.

These benches were created within the scope of the "On s'aime ensemble" cultural mediation project created in 2019 with Tina Struthers, a visual and textile artist based in Vaudreuil-Dorion. Participants were invited to create the work that makes up the bench's backrest, a patchwork of thoughts and ideas on the theme of social inclusion.

The contemporary-style bench is made of cedarwood and featured Lexan panel inserts. It's possible to rest a walker or cane on the bench since it has built-in supports.

Pincourt's "On s'ème ensemble" contest is an initiative of the Pincourt Healthy City Committee and highlights the actions of citizens and organizations to break isolation and counter social exclusion. The names of future contest winners will be engraved on these benches every year.

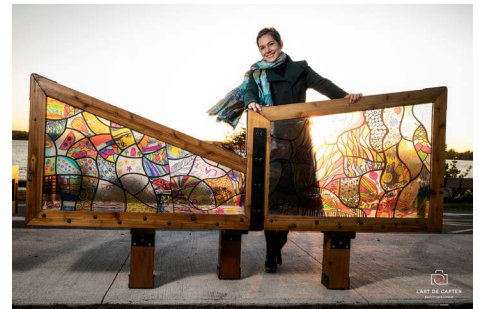
A Ministry of Culture grant made the creation of this work possible thanks to a generous grant.

A big thank-you to the whole artistic team:

- Tina Struthers, Artistic Director and Project Designer
- Jacques Grenier, Bench Designer
- Josiane Farand, Visual documentation and preparation for printing

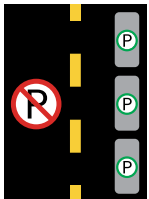


Credit: Josiane Farand



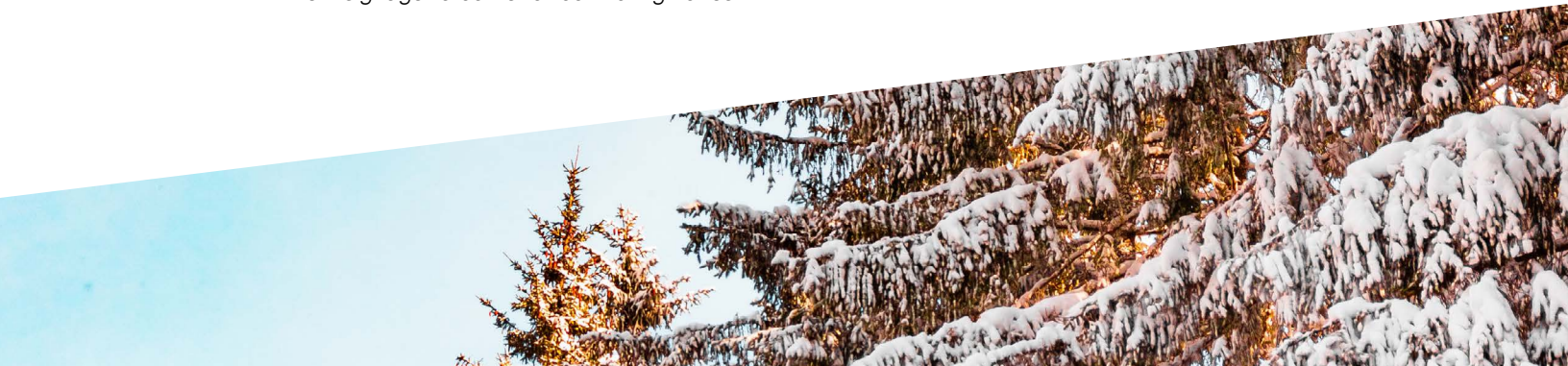
BY-LAW MODIFICATION: WINTER DAYTIME PARKING

Street parking is permitted on an alternating basis to facilitate winter snow removal operations, as follows*:



November 15 to April 1 Between 7 a.m. and midnight	
Even-numbered days: street parking permitted on the side of the street with even-numbered addresses	Odd-numbered days: street parking permitted on the side of the street with odd-numbered addresses

*New signage to come for conflicting zones



2020 SUCCESS STORIES

2020 was a landmark year. The COVID-19 pandemic brought its share of anxiety and uncertainty. Both young and old were called upon to adapt continuously to many extraordinary situations.

Despite the confinement, the Town carried up some key projects.



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Winterfest

2020 kicked off with our annual winter festival, which was held as normal, as gatherings were still allowed. More than 2000 cups of hot chocolate were served over the course of the day.



Sinks installed in some parks

In accordance with Public Health guidelines to reopen municipal parks, the Public Works Department installed sinks in some parks to allow users to wash their hands at regular intervals.

Virtual BBQ Wednesdays

Despite the cancellation of the summer activities program, the BBQ workshops were held in a slightly different format this year. The recipes were presented in the form of pre-recorded videos, thanks to the collaboration of Csur la télé.

The videos are still available online on the Town of Pincourt's website.



Happiness Squad

To compensate for the cancellation of the day camps, the Happiness Squad, which is composed of counsellors and facilitators, organized short periods of free play in the parks this summer to allow children to socialize with each other despite the pandemic.

Graduation photos

The Town of Pincourt made a point of highlighting the end of high school for its graduates who missed out on their graduation due to COVID-19. The Town posted signs featuring pictures of Pincourtois graduates at Trotter Park and in front of the Omni-Centre. Many parents appreciated this initiative.



Completion of work on Duhamel Road

In the spring of 2019, the Town of Pincourt began the reconstruction of Duhamel Road between 22nd Avenue and Bellevue Park. The work was completed during the summer.



Pumping station mural (5th Avenue)

Last July, the Pincourt Design Committee, in the presence of the Pincourt Municipal Council, unveiled a mural entitled "Douce rivière" at the pumping station, at the corner of Duhamel Road and 5th Avenue.



Construction of the fire station-workshop

Construction of the new building, which will house both the Fire and Public Works Departments administrative offices, began this summer.

First electric vehicle

The Town of Pincourt acquired its very first electric car, a Hyundai IONIQ hybrid, which is used by the Town Planning Department.



Credit: Josiane Farand

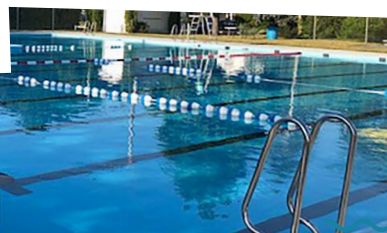
New benches in Bellevue Park

On October 8, the Town of Pincourt installed new inclusive benches in Bellevue Park, which were the result of the "On s'aime ensemble" cultural mediation led by artist Tina Struthers. **More details on page 3.**



Opening of the municipal swimming pool and new chalet

The chalet and the municipal swimming pool were given a facelift. The pool chalet now boasts a more modern style, has more toilets and changing rooms than before and an adapted family toilet near the pool area.



CULTURAL CALENDAR 2021

PINCOURT LIBRARY (FREE MEMBERSHIP)

225 Pincourt Blvd (Chêne-Bleu High School) | Phone: 514 453-8981, ext. 214

Regular schedule:

Monday to Thursday: 10 a.m. to 8:30 p.m.

Friday: 10 a.m. to 5 p.m.

Saturday: 10 a.m. to 4 p.m.

(Library closed from December 24 to January 2 inclusively)

Inquire about story time, book clubs and other activities at the library.

UPCOMING CONFERENCES

Reservation required:

☎ 514 453-8981, ext. 214

✉ bibliotheque@villepincourt.qc.ca

Limited places

Due to the pandemic, the conferences offered are at all times subject to the requirements and directives of the *Santé publique du Québec*. Places may also be strictly limited.

JANUARY



Aging: Fact and Fancy (English)

January 26, 7 p.m.

With Dr. Joe Schwarcz, Director of McGill University's Office for Science and Society

- Everyone wants to live a long life, but no one wants to grow old. Is there a secret to longevity? What does science have to say about it?

FEBRUARY



Walking at the right pace (French)

February 24, 7 p.m.

With Jean-Yves Cloutier, trainer, author and speaker

- Learn more about walking and its health benefits.



MARCH



Fruit trees (French)

March 23, 7 p.m.

With Olivier Ross, founder of Verger Pépinière Bord-du-Lac

- Discover the best fruit tree and shrub varieties. Topics to be discussed at this conference include the importance of biodiversity, companion plants and flowers and appropriate ground cover.



RECREATION AND CULTURE

Due to the pandemic, the activities offered are at all times subject to the requirements and directives of the *Santé publique du Québec*. Places may also be strictly limited.

WINTERFEST! CANCELLED

Follow our communication platforms for details on our upcoming winter animation activities.



SPRING BREAK ACTIVITIES (MARCH 1 TO 5, 2021)

Look for the flyer that will be distributed in schools during the week of January 18.

Online registration: January 25 to February 5, 2021

PUBLIC SKATING - FREE

- At Cité des Jeunes Arena, Vaudreuil-Dorion
- **This activity will resume on January 16, 2021***
*Unless instructed otherwise by the *Santé publique*.
- On Saturdays, until March 27, 2021
- **6:30 p.m. to 7:15 p.m. or**
- **7:30 p.m. to 8:15 p.m. or**
- **8:30 p.m. to 9:15 p.m.**
- Open de residents of Pincourt, NDIP and Île-Perrot
- **Free** (Proof of residence is required)
- Helmets recommended
- **Reservation required: 514 453-8981, ext. 229**
- Maximum per group in accordance with the *Santé publique* guidelines



CROSS-COUNTRY SKI TRAILS BY THE SKIEURS DE L'ILE

As per By-Law 714 regarding the parks, we ask all citizens to respect the trails maintained by the **Skieurs de l'Île**. These are maintained by volunteers members of the club. Thank you for your collaboration.

OPEN BADMINTON

- **The activity will resume on January 17, 2021***
*Unless instructed otherwise by the *Santé publique*.
- **At the Omni-Centre**, 3 courts available
- Every Sunday, between 1 p.m. and 5 p.m.
- \$6/court/hour (payable on site)
- Bring your equipment
- **Reservation required: 514 453-8981, ext. 229**

OUTDOOR SKATING RINKS

- Olympique, Shamrock and Taillon parks
- At night: **6 p.m. to 9:30 p.m.**
- Weekends, statutory and school holidays: **10 p.m. to 9:30 p.m.**
- Weather dependant

VAUDREUIL-DORION INDOOR POOL



At this moment, the Vaudreuil-Dorion pool is strictly reserved for residents of Vaudreuil-Dorion.
Information: www.ville.vaudreuil-dorion.qc.ca
(Recreation and culture section)

JOHN ABBOTT INDOOR POOL

At this moment, the John Abbott pool is closed.
Information: johnabbott-sport.omnivox.ca
514 457-6610, ext. 5325
Casgrain Sports Centre: 514 457-2737



REGULAR RECREATION ACTIVITIES

REGISTRATION (Places are limited. Minimum and maximum number of participants required per activity.)

ONLINE

Residents: December 10, 2020 to January 13, 2021
Non-residents*: January 4, 2021 to January 13, 2021
 *\$10 additional fee for non-residents.
Website: www.villepincourt.qc.ca

REGISTRATION FOR WINTER 2021 SESSIONS:

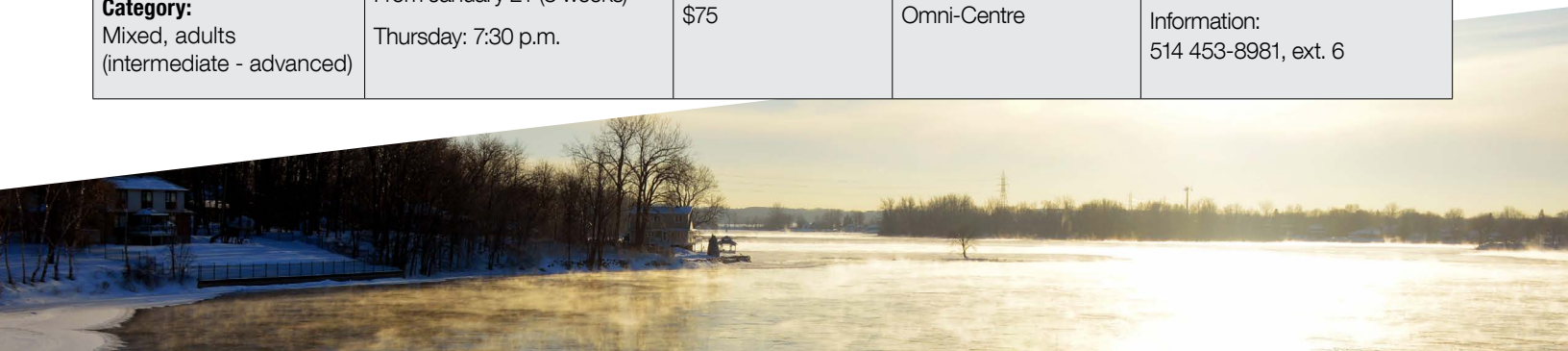
There is no in-person registration. Online registration only for activities offered by the Town of Pincourt or by following the information supplied for our partnering organisations.

ACTIVITY	SCHEDULE	COST	LOCATION	REGISTRATION AND INFO
ABS, CORE AND LEGS Category: Mixed, 16 years +	From January 18 (8 weeks) Monday and Wednesday: 8:30 p.m.	\$105	Omni-Centre	Online registration Information: 514 453-8981, ext. 6
ACROSPORT GYMNASTICS Category: Mixed, 4 years +	From January 9 (12 weeks)	Depending on level, see <i>Les Gymnastes de l'île</i> Facebook page	Chêne-Bleu and La Perdiolle high schools	Online registration www.facebook.com/LesGymnastesDeLle/ Eva Rucka: 514 425-0803
BALLET & CLASSIC JAZZ Category: Mixed, 4-5 years, 6 years +	From January 11 Monday nights: 5 p.m. to 8:10 p.m. *Depending on the level	Between \$175 and \$185, depending on the level.	Omni-Centre	Registration by phone Ramela Nahorniak: 514 624-8666
CARDIO INTERVALS Category: Mixed, 16 years +	From January 18 (8 weeks) Monday and Wednesday: 7:15 p.m.	\$105	Omni-Centre	Online registration Information: 514 453-8981, ext. 6
CHAIR YOGA	From January 22 (8 weeks) Friday: 10:30 a.m.	\$65	Omni-Centre	Online registration Information: 514 453-8981, ext. 6
CROSS-COUNTRY SKIING Category: All	Weather dependant, open practice	\$25/family (residents)	Skieurs de l'île trails	Pierre Levac: 514 453-8592
FIT AND TONE Category: Mixed, 50 years +	From January 18 (8 weeks) Monday, Wednesday and Friday: 1 p.m. or 2:15 p.m.	\$75	Omni-Centre	Online registration Information: 514 453-8981, ext. 6



REGULAR RECREATION ACTIVITIES

ACTIVITY	SCHEDULE	COST	LOCATION	REGISTRATION AND INFO
GYMNASTICS Category: Mixed (Cheerleading, circus and gymnastics)	From February (11 weeks)	See website	Gymini Gymnastics Club (Centre Multisports)	Registration by phone or online Information: www.clubgymini.org or 450 455-3141
KARATE AND SELF DEFENSE (women) Category: 5 years +	Schedule coming soon	Coming soon	Omni-Centre	Jean-Pierre Trahan: 514 814-5452
OIL PAINTING Category: Mixed, 14 years +	From January 18 (8 weeks) Monday: 1:30 p.m. or 6:30 p.m.	\$130 (equipment not included)	Omni-Centre	Online registration Manon Labelle: 450 451-1001
SOCCER FC TROIS-LACS Category: Mixed, born 2006-2016	Start of activity in accordance with Santé publique (after January 10) Available at www.fctroislacs.com	\$160	Gyms of Île Perrot, Chêne-Bleu and Vaudreuil-Dorion	Registration by phone or online Website: www.fctroislacs.com Information: 450 218-9008 or info@fctroislacs.com
SOFTBALL (GIRLS) (Girls between 5 and 19 years old)	Winter camps and 2021 season (dates to come on the website www.fdisoftball.ca)	To be determined	Gym on Île Perrot	Valérie Malouin: 514 805-8250 Info@fdisoftball.ca
SPANISH Category: Mixed, adults	From January 12 to March 30 No class March 2 Tuesday: 7 p.m. to 8:30 p.m.	\$190 + material (\$72)	Omni-Centre	Registration by phone Ricardo Dedios: 450 424-6123
YOGA / DAY Category: Mixed, adults (beginner - intermediate)	From January 18 (8 weeks) Monday and Wednesday: 10:30 a.m.	\$130	Omni-Centre	Online registration Information: 514 453-8981, ext. 6
YOGA / EVENING Category: Mixed, adults (beginner)	From January 21 (8 weeks) Thursday: 6 p.m.	\$65	Omni-Centre	Online registration Information: 514 453-8981, ext. 6
YOGA / EVENING Category: Mixed, adults (intermediate - advanced)	From January 21 (8 weeks) Thursday: 7:30 p.m.	\$75	Omni-Centre	Online registration Information: 514 453-8981, ext. 6



TO CONTACT US 514 453-8981

TOWN HALL

Regular schedule:

Mon. to Thu.: 8 a.m. to noon and 1 p.m. to 4:45 p.m.

Fri.: 8 a.m. to 12 p.m.

Administration and Financial Services option 1
Urban Planning Service option 2
Town Management and Mayor's Office option 3
Town Clerk and Communication Service option 4
Emergency and Fire Protection Service option 7

OMNI-CENTRE option 6

Regular schedule:

Mon. to Thu.: 8 a.m. to noon and 1 p.m. to 4:45 p.m.

Fri.: 8 a.m. to 12 p.m.

**PUBLIC SECURITY option 203
(municipal patrol)**

MUNICIPAL GARAGE ext. 381

Regular schedule:

Mon. to Thu.: 7:45 a.m. to 11:30 a.m. and 12 p.m. to 4 p.m.

Fri.: 7:45 a.m. to 11:45 a.m.

ÉCOCENTRE DE L'ÎLE 450 455-5434

750, boul. Olympique, Pincourt (QC) J7W 7C8
www.mrcvs.ca (Citizens/Environment/Écocentre Network)

Winter schedule - until March 31

The Écocentre will be open December 18 and 19, 2020 and will reopen in the new year on January 8 and 9, 2021

Mon. to Thu.: Closed

Fri.: 8 a.m. to 4 p.m.

Sat.: 9 a.m. to 4 p.m.

Sun.: Closed

LIBRARY ext. 214

OFFICE CLOSURES - HOLIDAYS

December 24, 2020 to January 1, 2021 inclusively

All our offices (Town Hall, library, municipal garage, Omni-Centre) will be closed during that period.

We will monitor our messages as of January 4, 2021.

3-1-1 LINE - OUTSIDE BUSINESS HOURS

Monday to Friday from 4:45 p.m. to 8 a.m., weekends, and holidays.

For municipal services: water main breaks, sewer back-ups, municipal patrol, etc.

GARBAGE

Fridays, every other week

Next collection: December 18

The January 1 collection is postponed to January 4, 2021.

FOOD WASTE COLLECTION

Every Monday

RECYCLING

Every Monday

CARDBOARD

January 4, 2021

Disassemble and stack your boxes together. Place them next to your recycling bin on the same day as your recycling collection.

BULK WASTE Every fourth Friday of the month

Accepted: sinks, showers, carpets, mattresses, toilets, bathtubs and furniture only.

Next collection: moved up to December 23

CHRISTMAS TREES Public Works will pick up natural trees during **the week of January 11, 2021**. Please make sure to remove all the decorations from your tree. Tree trunks must face the street.

WINTER PARKING

Between November 15 to April 1 inclusively

Night: It is forbidden to park your vehicle on public roads from midnight to 7 a.m.

Day (new): You can park your car between 7 a.m. and midnight while respecting the following schedule:

Even-numbered days: street parking permitted on the side of the street with even-numbered addresses

Odd-numbered days: street parking permitted on the side of the street with odd-numbered addresses

*Merry
Christmas
and
happy new year
2021!*



The staff and the City Council wish you happy holidays and a happy new year. Hopefully, in 2021, it will be possible to get back to business as usual.

