*2022 Spring Break

Free Activities (in French)



MONDAY, FEB. 28

Open Swim: 9:30 a.m. to 11 a.m. John Abbott Pool



Free skate: noon to 2 p.m. Cité-des-Jeunes Arena



Activity Kit: 9 a.m. to 5 p.m.

Kit pick-up at the Omni-Centre

- 150 microgreen kits
- 80 kite kits
- 150 origami sheets Quack-Quack

(first come, first served, choice of kit by the participant)

TUESDAY, MARCH 1

Free skate: noon to 2 p.m. Cité-des-Jeunes Arena



Afternoon Snow Sports

Olympique Park

3 p.m. - 3:45 pm: Ultimate Frisbee 4-4:45 pm: Spikeball 5-5:45 p.m.: Katag

- Ages 8 yrs and +
- No registration required.
- Activities will take place outside, near the Omni-Centre.
- Please bring warm winter clothing.

WEDNESDAY, MARCH 2

Open Swim: 9:30 a.m. to 11 a.m. John Abbott Pool



Free skate: noon to 2 p.m. Cité-des-Jeunes Arena



Grandparent and Me Painting Workshop: 1 p.m. to 2:30 p.m.

Omni-Centre, Rooms 1 and 2 (registration required, limited places, one grandparent per child)



THURSDAY, MARCH 3

Jengal the Explorer Show∷ 11 a.m. to noon

Chêne-Bleu High School

- Reservation required



Free skate: noon to 2 p.m.

Cité-des-Jeunes Arena



Family Castle:

2 p.m.-5 p.m.

Olympique Park

- Capacity: 7 families at the same time
- Shovels will be available.

FRIDAY, MARCH 4

Snowshoe Bingo:

9 a.m. to 5 p.m.

Olympique Park

- Objective: to take pictures of the execution of challenges, in snowshoes.
- Bingo sheet distributed the same day at the Omni-Centre
- Bring your snowshoes.
- 20 pairs of snowshoes available for loan

Free skate: noon to 2 p.m.

Cité-des-Jeunes Arena



Storytelling around the fire :

6 p.m. to 7:30 p.m.

Olympique Park, near the Recreation Trailer.

5:30 p.m. - 8 p.m.:Foodtruck D-Burger







