



Civil Security Week:

What concrete steps do you plan to take for your autonomy?

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IT'S <u>CIVIL SECURITY WEEK</u>... What concrete steps do you plan to take to improve your autonomy and resilience in the event of a disaster?

There's no need to rehash the history of disasters that have occurred in Quebec, and in the Vaudreuil-Soulanges MRC, since 2017. In this sense, most of us have the following words in mind: tornado, flood, storm, blizzard, freezing rain, thunderstorms.

And with the ongoing climate change, while we may not be at the end of our troubles, we are certainly not powerless, quite the contrary! But, on the condition that we take the time to take the right steps quickly, keeping in mind that everything starts with individuals.

Three main concepts:

- As an individual, regardless of my status, I am responsible for my safety, that of my family if applicable, and my belongings, including my house or condo if I am an owner.
- When a disaster strikes, municipalities must, as a priority, provide aid, secure affected property, keep essential infrastructure operational, and take care of those affected, that is, evacuated individuals who do not require major biopsychosocial care.
- Before, during, and after a disaster, following the instructions of the authorities is not only reassuring but also particularly helpful, considering everything that municipalities, with the help of other levels of government, must implement.

Three key actions:

- 1. Create a family emergency plan (FEP); because this allows you to:
 - a) Draw up a factual inventory in a way that is educational, engaging, and concrete.
 - b) Understand the hazards, my environment, the risks, and my vulnerabilities in order to then adapt my behavior and do what is necessary to prevent potential consequences.
 - c) Make better decisions if a disaster is imminent or real.
 - d) Maintain a degree of control by anticipating possible unforeseen events with solutions (thought out in advance) that can be adapted according to the context.



- 2. Have what you need at home to be self-sufficient for at least 72 hours, because this allows you to:
 - a) Allow cities to focus their efforts and resources on priority elements.
 - b) Give municipalities the necessary time to open the various centers (Coordination, aid, accommodation, etc.).
 - c) Ensure that my Municipality can take care of, in addition to those affected, the more vulnerable people in the community (people requiring special assistance).
 - d) Contribute to the response, in the event that my Town needs volunteers.
- 3. Be ready to evacuate your home (personal/family evacuation kit), because this allows you to:
 - a) Not panic if the authorities require you to leave your home quickly.
 - b) Not feel helpless and completely dependent on the authorities.
 - c) Cover essential needs (hygiene, sleep, medication, documents, water, and food) while waiting to be relocated or return home.

Let's work together and TOGETHER, let's be ready!

- Did you know that your municipalities:
 - Have a multi-municipal civil security plan, which must meet certain <u>criteria</u> to be effective and comply with <u>legislative requirements</u>;
 - Communicate risks to citizens regarding certain hazards; in this regard, let's mention the violent thunderstorm and Debby storm activities;
 - Raise community awareness through public events, to offer citizens the opportunity to benefit from the advice of employees and volunteers from partner organizations; and
 - Are concretely committed to enhancing their capacities in the event of a disaster; below are some of the investments made in 2024 and 2025:
 - Hiring a manager specialized in civil security;
 - Implementation of a mass alert system (automated calling system);
 - Implementation of a WATCH system integrating a mandate to monitor hydrometeorological hazards;
 - Agreement with a ham radio club and acquisition of satellite communication systems;
 - Acquisition of emergency beds to accommodate at least 5% of the population;
 - Conducting training and exercises (managers and elected officials);
 - Agreements with Ambulance Saint-Jean and Fleury Michon Amérique.

For more information:

Eric Martel, Resilience, risk and disaster manager, and Deputy civil protection coordinator e.martel@villepincourt.qc.ca